

British Ice Skating

LIST OF ELEMENTS - SCALE OF VALUES

Pairs

Element	Abbreviation	Abbr. without Level	Element Sort	Type	+5	+4	+3	+2	+1	Base Value	-1	-2	-3	-4	-5
Toeloop	T	T	PA001	J	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Salchow	S	S	PA002	J	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Loop	Lo	Lo	PA003	J	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Flip	F	F	PA004	J	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Euler	Eu	Eu	PA005	J	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Lutz	Lz	Lz	PA006	J	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Axel	A	A	PA007	J	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Single Toeloop	1T	1T	PA008	J	0.20	0.16	0.12	0.08	0.04	0.40	0.04	0.08	0.12	0.16	0.20
Single Toeloop	1Tq	1Tq	PA009	J	0.20	0.16	0.12	0.08	0.04	0.40	0.04	0.08	0.12	0.16	0.20
Single Salchow	1S	1S	PA010	J	0.20	0.16	0.12	0.08	0.04	0.40	0.04	0.08	0.12	0.16	0.20
Single Salchow	1Sq	1Sq	PA011	J	0.20	0.16	0.12	0.08	0.04	0.40	0.04	0.08	0.12	0.16	0.20
Single Loop	1Lo	1Lo	PA012	J	0.25	0.20	0.15	0.10	0.05	0.50	0.05	0.10	0.15	0.20	0.25
Single Loop	1Loq	1Loq	PA013	J	0.25	0.20	0.15	0.10	0.05	0.50	0.05	0.10	0.15	0.20	0.25
Single Flip	1F	1F	PA014	J	0.25	0.20	0.15	0.10	0.05	0.50	0.05	0.10	0.15	0.20	0.25
Single Flip	1Fq	1Fq	PA015	J	0.25	0.20	0.15	0.10	0.05	0.50	0.05	0.10	0.15	0.20	0.25
Single Flip	1F!	1F!	PA016	J	0.25	0.20	0.15	0.10	0.05	0.50	0.05	0.10	0.15	0.20	0.25
Single Flip	1F!q	1F!q	PA017	J	0.25	0.20	0.15	0.10	0.05	0.50	0.05	0.10	0.15	0.20	0.25
Single Flip (edge)	1Fe	1Fe	PA018	J	0.20	0.16	0.12	0.08	0.04	0.40	0.04	0.08	0.12	0.16	0.20
Single Flip (edge)	1Feq	1Feq	PA019	J	0.20	0.16	0.12	0.08	0.04	0.40	0.04	0.08	0.12	0.16	0.20
Single Euler	1Eu	1Eu	PA020	J	0.25	0.20	0.15	0.10	0.05	0.50	0.05	0.10	0.15	0.20	0.25
Single Lutz	1Lz	1Lz	PA021	J	0.30	0.24	0.18	0.12	0.06	0.60	0.06	0.12	0.18	0.24	0.30
Single Lutz	1Lzq	1Lzq	PA022	J	0.30	0.24	0.18	0.12	0.06	0.60	0.06	0.12	0.18	0.24	0.30
Single Lutz	1Lz!	1Lz!	PA023	J	0.30	0.24	0.18	0.12	0.06	0.60	0.06	0.12	0.18	0.24	0.30
Single Lutz	1Lz!q	1Lz!q	PA024	J	0.30	0.24	0.18	0.12	0.06	0.60	0.06	0.12	0.18	0.24	0.30
Single Lutz (edge)	1Lze	1Lze	PA025	J	0.24	0.19	0.14	0.10	0.05	0.48	0.05	0.10	0.14	0.19	0.24
Single Lutz (edge)	1Lzeq	1Lzeq	PA026	J	0.24	0.19	0.14	0.10	0.05	0.48	0.05	0.10	0.14	0.19	0.24
Single Axel	1A	1A	PA027	J	0.55	0.44	0.33	0.22	0.11	1.10	0.11	0.22	0.33	0.44	0.55
Single Axel	1Aq	1Aq	PA028	J	0.55	0.44	0.33	0.22	0.11	1.10	0.11	0.22	0.33	0.44	0.55
Double Toeloop	2T	2T	PA029	J	0.65	0.52	0.39	0.26	0.13	1.30	0.13	0.26	0.39	0.52	0.65
Double Toeloop	2Tq	2Tq	PA030	J	0.65	0.52	0.39	0.26	0.13	1.30	0.13	0.26	0.39	0.52	0.65
Double Salchow	2S	2S	PA031	J	0.65	0.52	0.39	0.26	0.13	1.30	0.13	0.26	0.39	0.52	0.65
Double Salchow	2Sq	2Sq	PA032	J	0.65	0.52	0.39	0.26	0.13	1.30	0.13	0.26	0.39	0.52	0.65
Double Loop	2Lo	2Lo	PA033	J	0.85	0.68	0.51	0.34	0.17	1.70	0.17	0.34	0.51	0.68	0.85
Double Loop	2Loq	2Loq	PA034	J	0.85	0.68	0.51	0.34	0.17	1.70	0.17	0.34	0.51	0.68	0.85
Double Flip	2F	2F	PA035	J	0.90	0.72	0.54	0.36	0.18	1.80	0.18	0.36	0.54	0.72	0.90
Double Flip	2Fq	2Fq	PA036	J	0.90	0.72	0.54	0.36	0.18	1.80	0.18	0.36	0.54	0.72	0.90
Double Flip	2F!	2F!	PA037	J	0.90	0.72	0.54	0.36	0.18	1.80	0.18	0.36	0.54	0.72	0.90
Double Flip	2F!q	2F!q	PA038	J	0.90	0.72	0.54	0.36	0.18	1.80	0.18	0.36	0.54	0.72	0.90
Double Flip (edge)	2Fe	2Fe	PA039	J	0.72	0.58	0.43	0.29	0.14	1.44	0.14	0.29	0.43	0.58	0.72
Double Flip (edge)	2Feq	2Feq	PA040	J	0.72	0.58	0.43	0.29	0.14	1.44	0.14	0.29	0.43	0.58	0.72
Double Lutz	2Lz	2Lz	PA041	J	1.05	0.84	0.63	0.42	0.21	2.10	0.21	0.42	0.63	0.84	1.05
Double Lutz	2Lzq	2Lzq	PA042	J	1.05	0.84	0.63	0.42	0.21	2.10	0.21	0.42	0.63	0.84	1.05

British Ice Skating

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Double Lutz	2Lz!	2Lz!	PA043	J	1.05	0.84	0.63	0.42	0.21	2.10	0.21	0.42	0.63	0.84	1.05
Double Lutz	2Lz!q	2Lz!q	PA044	J	1.05	0.84	0.63	0.42	0.21	2.10	0.21	0.42	0.63	0.84	1.05
Double Lutz (edge)	2Lze	2Lze	PA045	J	0.84	0.67	0.50	0.34	0.17	1.68	0.17	0.34	0.50	0.67	0.84
Double Lutz (edge)	2Lzeq	2Lzeq	PA046	J	0.84	0.67	0.50	0.34	0.17	1.68	0.17	0.34	0.50	0.67	0.84
Double Axel	2A	2A	PA047	J	1.65	1.32	0.99	0.66	0.33	3.30	0.33	0.66	0.99	1.32	1.65
Double Axel	2Aq	2Aq	PA048	J	1.65	1.32	0.99	0.66	0.33	3.30	0.33	0.66	0.99	1.32	1.65
Triple Toeloop	3T	3T	PA049	J	2.10	1.68	1.26	0.84	0.42	4.20	0.42	0.84	1.26	1.68	2.10
Triple Toeloop	3Tq	3Tq	PA050	J	2.10	1.68	1.26	0.84	0.42	4.20	0.42	0.84	1.26	1.68	2.10
Triple Salchow	3S	3S	PA051	J	2.15	1.72	1.29	0.86	0.43	4.30	0.43	0.86	1.29	1.72	2.15
Triple Salchow	3Sq	3Sq	PA052	J	2.15	1.72	1.29	0.86	0.43	4.30	0.43	0.86	1.29	1.72	2.15
Triple Loop	3Lo	3Lo	PA053	J	2.45	1.96	1.47	0.98	0.49	4.90	0.49	0.98	1.47	1.96	2.45
Triple Loop	3Loq	3Loq	PA054	J	2.45	1.96	1.47	0.98	0.49	4.90	0.49	0.98	1.47	1.96	2.45
Triple Flip	3F	3F	PA055	J	2.65	2.12	1.59	1.06	0.53	5.30	0.53	1.06	1.59	2.12	2.65
Triple Flip	3Fq	3Fq	PA056	J	2.65	2.12	1.59	1.06	0.53	5.30	0.53	1.06	1.59	2.12	2.65
Triple Flip	3F!	3F!	PA057	J	2.65	2.12	1.59	1.06	0.53	5.30	0.53	1.06	1.59	2.12	2.65
Triple Flip	3F!q	3F!q	PA058	J	2.65	2.12	1.59	1.06	0.53	5.30	0.53	1.06	1.59	2.12	2.65
Triple Flip (edge)	3Fe	3Fe	PA059	J	2.12	1.70	1.27	0.85	0.42	4.24	0.42	0.85	1.27	1.70	2.12
Triple Flip (edge)	3Feq	3Feq	PA060	J	2.12	1.70	1.27	0.85	0.42	4.24	0.42	0.85	1.27	1.70	2.12
Triple Lutz	3Lz	3Lz	PA061	J	2.95	2.36	1.77	1.18	0.59	5.90	0.59	1.18	1.77	2.36	2.95
Triple Lutz	3Lzq	3Lzq	PA062	J	2.95	2.36	1.77	1.18	0.59	5.90	0.59	1.18	1.77	2.36	2.95
Triple Lutz	3Lz!	3Lz!	PA063	J	2.95	2.36	1.77	1.18	0.59	5.90	0.59	1.18	1.77	2.36	2.95
Triple Lutz	3Lz!q	3Lz!q	PA064	J	2.95	2.36	1.77	1.18	0.59	5.90	0.59	1.18	1.77	2.36	2.95
Triple Lutz (edge)	3Lze	3Lze	PA065	J	2.36	1.89	1.42	0.94	0.47	4.72	0.47	0.94	1.42	1.89	2.36
Triple Lutz (edge)	3Lzeq	3Lzeq	PA066	J	2.36	1.89	1.42	0.94	0.47	4.72	0.47	0.94	1.42	1.89	2.36
Triple Axel	3A	3A	PA067	J	4.00	3.20	2.40	1.60	0.80	8.00	0.80	1.60	2.40	3.20	4.00
Triple Axel	3Aq	3Aq	PA068	J	4.00	3.20	2.40	1.60	0.80	8.00	0.80	1.60	2.40	3.20	4.00
Quad Toeloop	4T	4T	PA069	J	4.75	3.80	2.85	1.90	0.95	9.50	0.95	1.90	2.85	3.80	4.75
Quad Toeloop	4Tq	4Tq	PA070	J	4.75	3.80	2.85	1.90	0.95	9.50	0.95	1.90	2.85	3.80	4.75
Quad Salchow	4S	4S	PA071	J	4.85	3.88	2.91	1.94	0.97	9.70	0.97	1.94	2.91	3.88	4.85
Quad Salchow	4Sq	4Sq	PA072	J	4.85	3.88	2.91	1.94	0.97	9.70	0.97	1.94	2.91	3.88	4.85
Quad Loop	4Lo	4Lo	PA073	J	5.25	4.20	3.15	2.10	1.05	10.50	1.05	2.10	3.15	4.20	5.25
Quad Loop	4Loq	4Loq	PA074	J	5.25	4.20	3.15	2.10	1.05	10.50	1.05	2.10	3.15	4.20	5.25
Quad Flip	4F	4F	PA075	J	5.50	4.40	3.30	2.20	1.10	11.00	1.10	2.20	3.30	4.40	5.50
Quad Flip	4Fq	4Fq	PA076	J	5.50	4.40	3.30	2.20	1.10	11.00	1.10	2.20	3.30	4.40	5.50
Quad Flip	4F!	4F!	PA077	J	5.50	4.40	3.30	2.20	1.10	11.00	1.10	2.20	3.30	4.40	5.50
Quad Flip	4F!q	4F!q	PA078	J	5.50	4.40	3.30	2.20	1.10	11.00	1.10	2.20	3.30	4.40	5.50
Quad Flip (edge)	4Fe	4Fe	PA079	J	4.40	3.52	2.64	1.76	0.88	8.80	0.88	1.76	2.64	3.52	4.40
Quad Flip (edge)	4Feq	4Feq	PA080	J	4.40	3.52	2.64	1.76	0.88	8.80	0.88	1.76	2.64	3.52	4.40
Quad Lutz	4Lz	4Lz	PA081	J	5.75	4.60	3.45	2.30	1.15	11.50	1.15	2.30	3.45	4.60	5.75
Quad Lutz	4Lzq	4Lzq	PA082	J	5.75	4.60	3.45	2.30	1.15	11.50	1.15	2.30	3.45	4.60	5.75
Quad Lutz	4Lz!	4Lz!	PA083	J	5.75	4.60	3.45	2.30	1.15	11.50	1.15	2.30	3.45	4.60	5.75
Quad Lutz	4Lz!q	4Lz!q	PA084	J	5.75	4.60	3.45	2.30	1.15	11.50	1.15	2.30	3.45	4.60	5.75

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Quad Lutz (edge)	4Lze	4Lze	PA085	J	4.60	3.68	2.76	1.84	0.92	9.20	0.92	1.84	2.76	3.68	4.60
Quad Lutz (edge)	4Lzeq	4Lzeq	PA086	J	4.60	3.68	2.76	1.84	0.92	9.20	0.92	1.84	2.76	3.68	4.60
Quad Axel	4A	4A	PA087	J	6.25	5.00	3.75	2.50	1.25	12.50	1.25	2.50	3.75	5.00	6.25
Quad Axel	4Aq	4Aq	PA088	J	6.25	5.00	3.75	2.50	1.25	12.50	1.25	2.50	3.75	5.00	6.25
Quint Toeloop	5T	5T	PA089	J	7.00	5.60	4.20	2.80	1.40	14.00	1.40	2.80	4.20	5.60	7.00
Quint Toeloop	5Tq	5Tq	PA090	J	7.00	5.60	4.20	2.80	1.40	14.00	1.40	2.80	4.20	5.60	7.00
Quint Salchow	5S	5S	PA091	J	7.00	5.60	4.20	2.80	1.40	14.00	1.40	2.80	4.20	5.60	7.00
Quint Salchow	5Sq	5Sq	PA092	J	7.00	5.60	4.20	2.80	1.40	14.00	1.40	2.80	4.20	5.60	7.00
Quint Loop	5Lo	5Lo	PA093	J	7.00	5.60	4.20	2.80	1.40	14.00	1.40	2.80	4.20	5.60	7.00
Quint Loop	5Loq	5Loq	PA094	J	7.00	5.60	4.20	2.80	1.40	14.00	1.40	2.80	4.20	5.60	7.00
Quint Flip	5F	5F	PA095	J	7.00	5.60	4.20	2.80	1.40	14.00	1.40	2.80	4.20	5.60	7.00
Quint Flip	5Fq	5Fq	PA096	J	7.00	5.60	4.20	2.80	1.40	14.00	1.40	2.80	4.20	5.60	7.00
Quint Flip	5F!	5F!	PA097	J	7.00	5.60	4.20	2.80	1.40	14.00	1.40	2.80	4.20	5.60	7.00
Quint Flip	5F!q	5F!q	PA098	J	7.00	5.60	4.20	2.80	1.40	14.00	1.40	2.80	4.20	5.60	7.00
Quint Flip (edge)	5Fe	5Fe	PA099	J	5.60	4.48	3.36	2.24	1.12	11.20	1.12	2.24	3.36	4.48	5.60
Quint Flip (edge)	5Feq	5Feq	PA100	J	5.60	4.48	3.36	2.24	1.12	11.20	1.12	2.24	3.36	4.48	5.60
Quint Lutz	5Lz	5Lz	PA101	J	7.00	5.60	4.20	2.80	1.40	14.00	1.40	2.80	4.20	5.60	7.00
Quint Lutz	5Lzq	5Lzq	PA102	J	7.00	5.60	4.20	2.80	1.40	14.00	1.40	2.80	4.20	5.60	7.00
Quint Lutz	5Lz!	5Lz!	PA103	J	7.00	5.60	4.20	2.80	1.40	14.00	1.40	2.80	4.20	5.60	7.00
Quint Lutz	5Lz!q	5Lz!q	PA104	J	7.00	5.60	4.20	2.80	1.40	14.00	1.40	2.80	4.20	5.60	7.00
Quint Lutz (edge)	5Lze	5Lze	PA105	J	5.60	4.48	3.36	2.24	1.12	11.20	1.12	2.24	3.36	4.48	5.60
Quint Lutz (edge)	5Lzeq	5Lzeq	PA106	J	5.60	4.48	3.36	2.24	1.12	11.20	1.12	2.24	3.36	4.48	5.60
Single Toeloop (under-rotated)	1T<	1T<	PA107	J	0.16	0.13	0.10	0.06	0.03	0.32	0.03	0.06	0.10	0.13	0.16
Single Salchow (under-rotated)	1S<	1S<	PA108	J	0.16	0.13	0.10	0.06	0.03	0.32	0.03	0.06	0.10	0.13	0.16
Single Loop (under-rotated)	1Lo<	1Lo<	PA109	J	0.20	0.16	0.12	0.08	0.04	0.40	0.04	0.08	0.12	0.16	0.20
Single Flip (under-rotated)	1F<	1F<	PA110	J	0.20	0.16	0.12	0.08	0.04	0.40	0.04	0.08	0.12	0.16	0.20
Single Flip (under-rotated)	1F!<	1F!<	PA111	J	0.20	0.16	0.12	0.08	0.04	0.40	0.04	0.08	0.12	0.16	0.20
Single Flip (edge under-rotated)	1Fe<	1Fe<	PA112	J	0.15	0.12	0.09	0.06	0.03	0.30	0.03	0.06	0.09	0.12	0.15
Single Lutz (under-rotated)	1Lz<	1Lz<	PA113	J	0.24	0.19	0.14	0.10	0.05	0.48	0.05	0.10	0.14	0.19	0.24
Single Lutz (under-rotated)	1Lz!<	1Lz!<	PA114	J	0.24	0.19	0.14	0.10	0.05	0.48	0.05	0.10	0.14	0.19	0.24
Single Lutz (edge under-rotated)	1Lze<	1Lze<	PA115	J	0.18	0.14	0.11	0.07	0.04	0.36	0.04	0.07	0.11	0.14	0.18
Single Axel (under-rotated)	1A<	1A<	PA116	J	0.44	0.35	0.26	0.18	0.09	0.88	0.09	0.18	0.26	0.35	0.44
Double Toeloop (under-rotated)	2T<	2T<	PA117	J	0.52	0.42	0.31	0.21	0.10	1.04	0.10	0.21	0.31	0.42	0.52
Double Salchow (under-rotated)	2S<	2S<	PA118	J	0.52	0.42	0.31	0.21	0.10	1.04	0.10	0.21	0.31	0.42	0.52
Double Loop (under-rotated)	2Lo<	2Lo<	PA119	J	0.68	0.54	0.41	0.27	0.14	1.36	0.14	0.27	0.41	0.54	0.68
Double Flip (under-rotated)	2F<	2F<	PA120	J	0.72	0.58	0.43	0.29	0.14	1.44	0.14	0.29	0.43	0.58	0.72
Double Flip (under-rotated)	2F!<	2F!<	PA121	J	0.72	0.58	0.43	0.29	0.14	1.44	0.14	0.29	0.43	0.58	0.72
Double Flip (edge under-rotated)	2Fe<	2Fe<	PA122	J	0.54	0.43	0.32	0.22	0.11	1.08	0.11	0.22	0.32	0.43	0.54
Double Lutz (under-rotated)	2Lz<	2Lz<	PA123	J	0.84	0.67	0.50	0.34	0.17	1.68	0.17	0.34	0.50	0.67	0.84
Double Lutz (under-rotated)	2Lz!<	2Lz!<	PA124	J	0.84	0.67	0.50	0.34	0.17	1.68	0.17	0.34	0.50	0.67	0.84
Double Lutz (edge under-rotated)	2Lze<	2Lze<	PA125	J	0.63	0.50	0.38	0.25	0.13	1.26	0.13	0.25	0.38	0.50	0.63
Double Axel (under-rotated)	2A<	2A<	PA126	J	1.32	1.06	0.79	0.53	0.26	2.64	0.26	0.53	0.79	1.06	1.32

British Ice Skating

LIST OF ELEMENTS - SCALE OF VALUES

Pairs

Element	Abbreviation	Abbr. without Level	Element Sort	Type	+5	+4	+3	+2	+1	Base Value	-1	-2	-3	-4	-5
Triple Toeloop (under-rotated)	3T<	3T<	PA127	J	1.68	1.34	1.01	0.67	0.34	3.36	0.34	0.67	1.01	1.34	1.68
Triple Salchow (under-rotated)	3S<	3S<	PA128	J	1.72	1.38	1.03	0.69	0.34	3.44	0.34	0.69	1.03	1.38	1.72
Triple Loop (under-rotated)	3Lo<	3Lo<	PA129	J	1.96	1.57	1.18	0.78	0.39	3.92	0.39	0.78	1.18	1.57	1.96
Triple Flip (under-rotated)	3F<	3F<	PA130	J	2.12	1.70	1.27	0.85	0.42	4.24	0.42	0.85	1.27	1.70	2.12
Triple Flip (under-rotated)	3F!<	3F!<	PA131	J	2.12	1.70	1.27	0.85	0.42	4.24	0.42	0.85	1.27	1.70	2.12
Triple Flip (edge under-rotated)	3Fe<	3Fe<	PA132	J	1.59	1.27	0.95	0.64	0.32	3.18	0.32	0.64	0.95	1.27	1.59
Triple Lutz (under-rotated)	3Lz<	3Lz<	PA133	J	2.36	1.89	1.42	0.94	0.47	4.72	0.47	0.94	1.42	1.89	2.36
Triple Lutz (under-rotated)	3Lz!<	3Lz!<	PA134	J	2.36	1.89	1.42	0.94	0.47	4.72	0.47	0.94	1.42	1.89	2.36
Triple Lutz (edge under-rotated)	3Lze<	3Lze<	PA135	J	1.77	1.42	1.06	0.71	0.35	3.54	0.35	0.71	1.06	1.42	1.77
Triple Axel (under-rotated)	3A<	3A<	PA136	J	3.20	2.56	1.92	1.28	0.64	6.40	0.64	1.28	1.92	2.56	3.20
Quad Toeloop (under-rotated)	4T<	4T<	PA137	J	3.80	3.04	2.28	1.52	0.76	7.60	0.76	1.52	2.28	3.04	3.80
Quad Salchow (under-rotated)	4S<	4S<	PA138	J	3.88	3.10	2.33	1.55	0.78	7.76	0.78	1.55	2.33	3.10	3.88
Quad Loop (under-rotated)	4Lo<	4Lo<	PA139	J	4.20	3.36	2.52	1.68	0.84	8.40	0.84	1.68	2.52	3.36	4.20
Quad Flip (under-rotated)	4F<	4F<	PA140	J	4.40	3.52	2.64	1.76	0.88	8.80	0.88	1.76	2.64	3.52	4.40
Quad Flip (under-rotated)	4F!<	4F!<	PA141	J	4.40	3.52	2.64	1.76	0.88	8.80	0.88	1.76	2.64	3.52	4.40
Quad Flip (edge under-rotated)	4Fe<	4Fe<	PA142	J	3.30	2.64	1.98	1.32	0.66	6.60	0.66	1.32	1.98	2.64	3.30
Quad Lutz (under-rotated)	4Lz<	4Lz<	PA143	J	4.60	3.68	2.76	1.84	0.92	9.20	0.92	1.84	2.76	3.68	4.60
Quad Lutz (under-rotated)	4Lz!<	4Lz!<	PA144	J	4.60	3.68	2.76	1.84	0.92	9.20	0.92	1.84	2.76	3.68	4.60
Quad Lutz (edge under-rotated)	4Lze<	4Lze<	PA145	J	3.45	2.76	2.07	1.38	0.69	6.90	0.69	1.38	2.07	2.76	3.45
Quad Axel (under-rotated)	4A<	4A<	PA146	J	5.00	4.00	3.00	2.00	1.00	10.00	1.00	2.00	3.00	4.00	5.00
Quint Toeloop (under-rotated)	5T<	5T<	PA147	J	5.60	4.48	3.36	2.24	1.12	11.20	1.12	2.24	3.36	4.48	5.60
Quint Salchow (under-rotated)	5S<	5S<	PA148	J	5.60	4.48	3.36	2.24	1.12	11.20	1.12	2.24	3.36	4.48	5.60
Quint Loop (under-rotated)	5Lo<	5Lo<	PA149	J	5.60	4.48	3.36	2.24	1.12	11.20	1.12	2.24	3.36	4.48	5.60
Quint Flip (under-rotated)	5F<	5F<	PA150	J	5.60	4.48	3.36	2.24	1.12	11.20	1.12	2.24	3.36	4.48	5.60
Quint Flip (under-rotated)	5F!<	5F!<	PA151	J	5.60	4.48	3.36	2.24	1.12	11.20	1.12	2.24	3.36	4.48	5.60
Quint Flip (edge under-rotated)	5Fe<	5Fe<	PA152	J	4.20	3.36	2.52	1.68	0.84	8.40	0.84	1.68	2.52	3.36	4.20
Quint Lutz (under-rotated)	5Lz<	5Lz<	PA153	J	5.60	4.48	3.36	2.24	1.12	11.20	1.12	2.24	3.36	4.48	5.60
Quint Lutz (under-rotated)	5Lz!<	5Lz!<	PA154	J	5.60	4.48	3.36	2.24	1.12	11.20	1.12	2.24	3.36	4.48	5.60
Quint Lutz (edge under-rotated)	5Lze<	5Lze<	PA155	J	4.20	3.36	2.52	1.68	0.84	8.40	0.84	1.68	2.52	3.36	4.20
Single Toeloop (downgraded)	1T<<	1T<<	PA156	J	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Single Salchow (downgraded)	1S<<	1S<<	PA157	J	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Single Loop (downgraded)	1Lo<<	1Lo<<	PA158	J	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Single Flip (downgraded)	1F<<	1F<<	PA159	J	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Single Flip (downgraded)	1F!<<	1F!<<	PA160	J	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Single Flip (edge downgraded)	1Fe<<	1Fe<<	PA161	J	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Single Euler (downgraded)	1Eu<<	1Eu<<	PA162	J	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Single Lutz (downgraded)	1Lz<<	1Lz<<	PA163	J	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Single Lutz (downgraded)	1Lz!<<	1Lz!<<	PA164	J	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Single Lutz (edge downgraded)	1Lze<<	1Lze<<	PA165	J	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Single Axel (downgraded)	1A<<	1A<<	PA166	J	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Double Toeloop (downgraded)	2T<<	2T<<	PA167	J	0.20	0.16	0.12	0.08	0.04	0.40	0.04	0.08	0.12	0.16	0.20
Double Salchow (downgraded)	2S<<	2S<<	PA168	J	0.20	0.16	0.12	0.08	0.04	0.40	0.04	0.08	0.12	0.16	0.20

British Ice Skating

LIST OF ELEMENTS - SCALE OF VALUES

Pairs

Element	Abbreviation	Abbr. without Level	Element Sort	Type	+5	+4	+3	+2	+1	Base Value	-1	-2	-3	-4	-5
Double Loop (downgraded)	2Lo<<	2Lo<<	PA169	J	0.25	0.20	0.15	0.10	0.05	0.50	0.05	0.10	0.15	0.20	0.25
Double Flip (downgraded)	2F<<	2F<<	PA170	J	0.25	0.20	0.15	0.10	0.05	0.50	0.05	0.10	0.15	0.20	0.25
Double Flip (downgraded)	2F!<<	2F!<<	PA171	J	0.25	0.20	0.15	0.10	0.05	0.50	0.05	0.10	0.15	0.20	0.25
Double Flip (edge downgraded)	2Fe<<	2Fe<<	PA172	J	0.20	0.16	0.12	0.08	0.04	0.40	0.04	0.08	0.12	0.16	0.20
Double Lutz (downgraded)	2Lz<<	2Lz<<	PA173	J	0.30	0.24	0.18	0.12	0.06	0.60	0.06	0.12	0.18	0.24	0.30
Double Lutz (downgraded)	2Lz!<<	2Lz!<<	PA174	J	0.30	0.24	0.18	0.12	0.06	0.60	0.06	0.12	0.18	0.24	0.30
Double Lutz (edge downgraded)	2Lze<<	2Lze<<	PA175	J	0.24	0.19	0.14	0.10	0.05	0.48	0.05	0.10	0.14	0.19	0.24
Double Axel (downgraded)	2A<<	2A<<	PA176	J	0.55	0.44	0.33	0.22	0.11	1.10	0.11	0.22	0.33	0.44	0.55
Triple Toeloop (downgraded)	3T<<	3T<<	PA177	J	0.65	0.52	0.39	0.26	0.13	1.30	0.13	0.26	0.39	0.52	0.65
Triple Salchow (downgraded)	3S<<	3S<<	PA178	J	0.65	0.52	0.39	0.26	0.13	1.30	0.13	0.26	0.39	0.52	0.65
Triple Loop (downgraded)	3Lo<<	3Lo<<	PA179	J	0.85	0.68	0.51	0.34	0.17	1.70	0.17	0.34	0.51	0.68	0.85
Triple Flip (downgraded)	3F<<	3F<<	PA180	J	0.90	0.72	0.54	0.36	0.18	1.80	0.18	0.36	0.54	0.72	0.90
Triple Flip (downgraded)	3F!<<	3F!<<	PA181	J	0.90	0.72	0.54	0.36	0.18	1.80	0.18	0.36	0.54	0.72	0.90
Triple Flip (edge downgraded)	3Fe<<	3Fe<<	PA182	J	0.72	0.58	0.43	0.29	0.14	1.44	0.14	0.29	0.43	0.58	0.72
Triple Lutz (downgraded)	3Lz<<	3Lz<<	PA183	J	1.05	0.84	0.63	0.42	0.21	2.10	0.21	0.42	0.63	0.84	1.05
Triple Lutz (downgraded)	3Lz!<<	3Lz!<<	PA184	J	1.05	0.84	0.63	0.42	0.21	2.10	0.21	0.42	0.63	0.84	1.05
Triple Lutz (edge downgraded)	3Lze<<	3Lze<<	PA185	J	0.84	0.67	0.50	0.34	0.17	1.68	0.17	0.34	0.50	0.67	0.84
Triple Axel (downgraded)	3A<<	3A<<	PA186	J	1.65	1.32	0.99	0.66	0.33	3.30	0.33	0.66	0.99	1.32	1.65
Quad Toeloop (downgraded)	4T<<	4T<<	PA187	J	2.10	1.68	1.26	0.84	0.42	4.20	0.42	0.84	1.26	1.68	2.10
Quad Salchow (downgraded)	4S<<	4S<<	PA188	J	2.15	1.72	1.29	0.86	0.43	4.30	0.43	0.86	1.29	1.72	2.15
Quad Loop (downgraded)	4Lo<<	4Lo<<	PA189	J	2.45	1.96	1.47	0.98	0.49	4.90	0.49	0.98	1.47	1.96	2.45
Quad Flip (downgraded)	4F<<	4F<<	PA190	J	2.65	2.12	1.59	1.06	0.53	5.30	0.53	1.06	1.59	2.12	2.65
Quad Flip (downgraded)	4F!<<	4F!<<	PA191	J	2.65	2.12	1.59	1.06	0.53	5.30	0.53	1.06	1.59	2.12	2.65
Quad Flip (edge downgraded)	4Fe<<	4Fe<<	PA192	J	2.12	1.70	1.27	0.85	0.42	4.24	0.42	0.85	1.27	1.70	2.12
Quad Lutz (downgraded)	4Lz<<	4Lz<<	PA193	J	2.95	2.36	1.77	1.18	0.59	5.90	0.59	1.18	1.77	2.36	2.95
Quad Lutz (downgraded)	4Lz!<<	4Lz!<<	PA194	J	2.95	2.36	1.77	1.18	0.59	5.90	0.59	1.18	1.77	2.36	2.95
Quad Lutz (edge downgraded)	4Lze<<	4Lze<<	PA195	J	2.36	1.89	1.42	0.94	0.47	4.72	0.47	0.94	1.42	1.89	2.36
Quad Axel (downgraded)	4A<<	4A<<	PA196	J	4.00	3.20	2.40	1.60	0.80	8.00	0.80	1.60	2.40	3.20	4.00
Quint Toeloop (downgraded)	5T<<	5T<<	PA197	J	4.75	3.80	2.85	1.90	0.95	9.50	0.95	1.90	2.85	3.80	4.75
Quint Salchow (downgraded)	5S<<	5S<<	PA198	J	4.75	3.80	2.85	1.90	0.95	9.50	0.95	1.90	2.85	3.80	4.75
Quint Loop (downgraded)	5Lo<<	5Lo<<	PA199	J	4.75	3.80	2.85	1.90	0.95	9.50	0.95	1.90	2.85	3.80	4.75
Quint Flip (downgraded)	5F<<	5F<<	PA200	J	4.75	3.80	2.85	1.90	0.95	9.50	0.95	1.90	2.85	3.80	4.75
Quint Flip (downgraded)	5F!<<	5F!<<	PA201	J	4.75	3.80	2.85	1.90	0.95	9.50	0.95	1.90	2.85	3.80	4.75
Quint Flip (edge downgraded)	5Fe<<	5Fe<<	PA202	J	3.80	3.04	2.28	1.52	0.76	7.60	0.76	1.52	2.28	3.04	3.80
Quint Lutz (downgraded)	5Lz<<	5Lz<<	PA203	J	4.75	3.80	2.85	1.90	0.95	9.50	0.95	1.90	2.85	3.80	4.75
Quint Lutz (downgraded)	5Lz!<<	5Lz!<<	PA204	J	4.75	3.80	2.85	1.90	0.95	9.50	0.95	1.90	2.85	3.80	4.75
Quint Lutz (edge downgraded)	5Lze<<	5Lze<<	PA205	J	3.80	3.04	2.28	1.52	0.76	7.60	0.76	1.52	2.28	3.04	3.80
Spin	Sp	Sp	PB000	O	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Fly. Spin	FSp	FSp	PB001	O	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Upright Spin	USp	USp	PB009	O	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Upright Spin B	USpB	USp	PB010	O	0.50	0.40	0.30	0.20	0.10	1.00	0.10	0.20	0.30	0.40	0.50
Upright Spin 1	USp1	USp	PB011	O	0.60	0.48	0.36	0.24	0.12	1.20	0.12	0.24	0.36	0.48	0.60

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LIST OF ELEMENTS - SCALE OF VALUES

Pairs

Element	Abbreviation	Abbr. without Level	Element Sort	Type	+5	+4	+3	+2	+1	Base Value	-1	-2	-3	-4	-5
Upright Spin 2	USp2	USp	PB012	O	0.75	0.60	0.45	0.30	0.15	1.50	0.15	0.30	0.45	0.60	0.75
Upright Spin 3	USp3	USp	PB013	O	0.95	0.76	0.57	0.38	0.19	1.90	0.19	0.38	0.57	0.76	0.95
Upright Spin 4	USp4	USp	PB014	O	1.20	0.96	0.72	0.48	0.24	2.40	0.24	0.48	0.72	0.96	1.20
Layback Spin	LSp	LSp	PB019	O	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Layback Spin B	LSpB	LSp	PB020	O	0.60	0.48	0.36	0.24	0.12	1.20	0.12	0.24	0.36	0.48	0.60
Layback Spin 1	LSp1	LSp	PB021	O	0.75	0.60	0.45	0.30	0.15	1.50	0.15	0.30	0.45	0.60	0.75
Layback Spin 2	LSp2	LSp	PB022	O	0.95	0.76	0.57	0.38	0.19	1.90	0.19	0.38	0.57	0.76	0.95
Layback Spin 3	LSp3	LSp	PB023	O	1.20	0.96	0.72	0.48	0.24	2.40	0.24	0.48	0.72	0.96	1.20
Layback Spin 4	LSp4	LSp	PB024	O	1.35	1.08	0.81	0.54	0.27	2.70	0.27	0.54	0.81	1.08	1.35
Camel Spin	CSp	CSp	PB029	O	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Camel Spin B	CSpB	CSp	PB030	O	0.55	0.44	0.33	0.22	0.11	1.10	0.11	0.22	0.33	0.44	0.55
Camel Spin 1	CSp1	CSp	PB031	O	0.70	0.56	0.42	0.28	0.14	1.40	0.14	0.28	0.42	0.56	0.70
Camel Spin 2	CSp2	CSp	PB032	O	0.90	0.72	0.54	0.36	0.18	1.80	0.18	0.36	0.54	0.72	0.90
Camel Spin 3	CSp3	CSp	PB033	O	1.15	0.92	0.69	0.46	0.23	2.30	0.23	0.46	0.69	0.92	1.15
Camel Spin 4	CSp4	CSp	PB034	O	1.30	1.04	0.78	0.52	0.26	2.60	0.26	0.52	0.78	1.04	1.30
Sit Spin	SSp	SSp	PB039	O	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Sit Spin B	SSpB	SSp	PB040	O	0.55	0.44	0.33	0.22	0.11	1.10	0.11	0.22	0.33	0.44	0.55
Sit Spin 1	SSp1	SSp	PB041	O	0.65	0.52	0.39	0.26	0.13	1.30	0.13	0.26	0.39	0.52	0.65
Sit Spin 2	SSp2	SSp	PB042	O	0.80	0.64	0.48	0.32	0.16	1.60	0.16	0.32	0.48	0.64	0.80
Sit Spin 3	SSp3	SSp	PB043	O	1.05	0.84	0.63	0.42	0.21	2.10	0.21	0.42	0.63	0.84	1.05
Sit Spin 4	SSp4	SSp	PB044	O	1.25	1.00	0.75	0.50	0.25	2.50	0.25	0.50	0.75	1.00	1.25
Fly. Upright Spin	FUSp	FUSp	PB049	O	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Fly. Upright Spin B	FUSpB	FUSp	PB050	O	0.75	0.60	0.45	0.30	0.15	1.50	0.15	0.30	0.45	0.60	0.75
Fly. Upright Spin 1	FUSp1	FUSp	PB051	O	0.85	0.68	0.51	0.34	0.17	1.70	0.17	0.34	0.51	0.68	0.85
Fly. Upright Spin 2	FUSp2	FUSp	PB052	O	1.00	0.80	0.60	0.40	0.20	2.00	0.20	0.40	0.60	0.80	1.00
Fly. Upright Spin 3	FUSp3	FUSp	PB053	O	1.20	0.96	0.72	0.48	0.24	2.40	0.24	0.48	0.72	0.96	1.20
Fly. Upright Spin 4	FUSp4	FUSp	PB054	O	1.45	1.16	0.87	0.58	0.29	2.90	0.29	0.58	0.87	1.16	1.45
Fly. Layback Spin	FLSp	FLSp	PB059	O	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Fly. Layback Spin B	FLSpB	FLSp	PB060	O	0.85	0.68	0.51	0.34	0.17	1.70	0.17	0.34	0.51	0.68	0.85
Fly. Layback Spin 1	FLSp1	FLSp	PB061	O	1.00	0.80	0.60	0.40	0.20	2.00	0.20	0.40	0.60	0.80	1.00
Fly. Layback Spin 2	FLSp2	FLSp	PB062	O	1.20	0.96	0.72	0.48	0.24	2.40	0.24	0.48	0.72	0.96	1.20
Fly. Layback Spin 3	FLSp3	FLSp	PB063	O	1.45	1.16	0.87	0.58	0.29	2.90	0.29	0.58	0.87	1.16	1.45
Fly. Layback Spin 4	FLSp4	FLSp	PB064	O	1.60	1.28	0.96	0.64	0.32	3.20	0.32	0.64	0.96	1.28	1.60
Fly. Camel Spin	FCSp	FCSp	PB069	O	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Fly. Camel Spin B	FCSpB	FCSp	PB070	O	0.80	0.64	0.48	0.32	0.16	1.60	0.16	0.32	0.48	0.64	0.80
Fly. Camel Spin 1	FCSp1	FCSp	PB071	O	0.95	0.76	0.57	0.38	0.19	1.90	0.19	0.38	0.57	0.76	0.95
Fly. Camel Spin 2	FCSp2	FCSp	PB072	O	1.15	0.92	0.69	0.46	0.23	2.30	0.23	0.46	0.69	0.92	1.15
Fly. Camel Spin 3	FCSp3	FCSp	PB073	O	1.40	1.12	0.84	0.56	0.28	2.80	0.28	0.56	0.84	1.12	1.40
Fly. Camel Spin 4	FCSp4	FCSp	PB074	O	1.60	1.28	0.96	0.64	0.32	3.20	0.32	0.64	0.96	1.28	1.60
Fly. Sit Spin	FSSp	FSSp	PB079	O	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Fly. Sit Spin B	FSSpB	FSSp	PB080	O	0.85	0.68	0.51	0.34	0.17	1.70	0.17	0.34	0.51	0.68	0.85
Fly. Sit Spin 1	FSSp1	FSSp	PB081	O	1.00	0.80	0.60	0.40	0.20	2.00	0.20	0.40	0.60	0.80	1.00

British Ice Skating

LIST OF ELEMENTS - SCALE OF VALUES

Pairs

Element	Abbreviation	Abbr. without Level	Element Sort	Type	+5	+4	+3	+2	+1	Base Value	-1	-2	-3	-4	-5
Fly. Sit Spin 2	FSSp2	FSSp	PB082	O	1.15	0.92	0.69	0.46	0.23	2.30	0.23	0.46	0.69	0.92	1.15
Fly. Sit Spin 3	FSSp3	FSSp	PB083	O	1.30	1.04	0.78	0.52	0.26	2.60	0.26	0.52	0.78	1.04	1.30
Fly. Sit Spin 4	FSSp4	FSSp	PB084	O	1.50	1.20	0.90	0.60	0.30	3.00	0.30	0.60	0.90	1.20	1.50
Change Foot Upright Spin	CUSp	CUSp	PB089	O	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Change Foot Upright Spin B	CUSpB	CUSp	PB090	O	0.75	0.60	0.45	0.30	0.15	1.50	0.15	0.30	0.45	0.60	0.75
Change Foot Upright Spin 1	CUSp1	CUSp	PB091	O	0.85	0.68	0.51	0.34	0.17	1.70	0.17	0.34	0.51	0.68	0.85
Change Foot Upright Spin 2	CUSp2	CUSp	PB092	O	1.00	0.80	0.60	0.40	0.20	2.00	0.20	0.40	0.60	0.80	1.00
Change Foot Upright Spin 3	CUSp3	CUSp	PB093	O	1.20	0.96	0.72	0.48	0.24	2.40	0.24	0.48	0.72	0.96	1.20
Change Foot Upright Spin 4	CUSp4	CUSp	PB094	O	1.45	1.16	0.87	0.58	0.29	2.90	0.29	0.58	0.87	1.16	1.45
Change Foot Layback Spin	CLSp	CLSp	PB099	O	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Change Foot Layback Spin B	CLSpB	CLSp	PB100	O	0.85	0.68	0.51	0.34	0.17	1.70	0.17	0.34	0.51	0.68	0.85
Change Foot Layback Spin 1	CLSp1	CLSp	PB101	O	1.00	0.80	0.60	0.40	0.20	2.00	0.20	0.40	0.60	0.80	1.00
Change Foot Layback Spin 2	CLSp2	CLSp	PB102	O	1.20	0.96	0.72	0.48	0.24	2.40	0.24	0.48	0.72	0.96	1.20
Change Foot Layback Spin 3	CLSp3	CLSp	PB103	O	1.45	1.16	0.87	0.58	0.29	2.90	0.29	0.58	0.87	1.16	1.45
Change Foot Layback Spin 4	CLSp4	CLSp	PB104	O	1.60	1.28	0.96	0.64	0.32	3.20	0.32	0.64	0.96	1.28	1.60
Change Foot Camel Spin	CCSp	CCSp	PB109	O	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Change Foot Camel Spin B	CCSpB	CCSp	PB110	O	0.85	0.68	0.51	0.34	0.17	1.70	0.17	0.34	0.51	0.68	0.85
Change Foot Camel Spin 1	CCSp1	CCSp	PB111	O	1.00	0.80	0.60	0.40	0.20	2.00	0.20	0.40	0.60	0.80	1.00
Change Foot Camel Spin 2	CCSp2	CCSp	PB112	O	1.15	0.92	0.69	0.46	0.23	2.30	0.23	0.46	0.69	0.92	1.15
Change Foot Camel Spin 3	CCSp3	CCSp	PB113	O	1.40	1.12	0.84	0.56	0.28	2.80	0.28	0.56	0.84	1.12	1.40
Change Foot Camel Spin 4	CCSp4	CCSp	PB114	O	1.60	1.28	0.96	0.64	0.32	3.20	0.32	0.64	0.96	1.28	1.60
Change Foot Sit Spin	CSSp	CSSp	PB119	O	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Change Foot Sit Spin B	CSSpB	CSSp	PB120	O	0.80	0.64	0.48	0.32	0.16	1.60	0.16	0.32	0.48	0.64	0.80
Change Foot Sit Spin 1	CSSp1	CSSp	PB121	O	0.95	0.76	0.57	0.38	0.19	1.90	0.19	0.38	0.57	0.76	0.95
Change Foot Sit Spin 2	CSSp2	CSSp	PB122	O	1.15	0.92	0.69	0.46	0.23	2.30	0.23	0.46	0.69	0.92	1.15
Change Foot Sit Spin 3	CSSp3	CSSp	PB123	O	1.30	1.04	0.78	0.52	0.26	2.60	0.26	0.52	0.78	1.04	1.30
Change Foot Sit Spin 4	CSSp4	CSSp	PB124	O	1.50	1.20	0.90	0.60	0.30	3.00	0.30	0.60	0.90	1.20	1.50
Fly. Change Foot Upright Spin	FCUSp	FCUSp	PB129	O	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Fly. Change Foot Upright Spin B	FCUSpB	FCUSp	PB130	O	0.75	0.60	0.45	0.30	0.15	1.50	0.15	0.30	0.45	0.60	0.75
Fly. Change Foot Upright Spin 1	FCUSp1	FCUSp	PB131	O	0.85	0.68	0.51	0.34	0.17	1.70	0.17	0.34	0.51	0.68	0.85
Fly. Change Foot Upright Spin 2	FCUSp2	FCUSp	PB132	O	1.00	0.80	0.60	0.40	0.20	2.00	0.20	0.40	0.60	0.80	1.00
Fly. Change Foot Upright Spin 3	FCUSp3	FCUSp	PB133	O	1.20	0.96	0.72	0.48	0.24	2.40	0.24	0.48	0.72	0.96	1.20
Fly. Change Foot Upright Spin 4	FCUSp4	FCUSp	PB134	O	1.45	1.16	0.87	0.58	0.29	2.90	0.29	0.58	0.87	1.16	1.45
Fly. Change Foot Layback Spin	FCLSp	FCLSp	PB139	O	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Fly. Change Foot Layback Spin B	FCLSpB	FCLSp	PB140	O	0.85	0.68	0.51	0.34	0.17	1.70	0.17	0.34	0.51	0.68	0.85
Fly. Change Foot Layback Spin 1	FCLSp1	FCLSp	PB141	O	1.00	0.80	0.60	0.40	0.20	2.00	0.20	0.40	0.60	0.80	1.00
Fly. Change Foot Layback Spin 2	FCLSp2	FCLSp	PB142	O	1.20	0.96	0.72	0.48	0.24	2.40	0.24	0.48	0.72	0.96	1.20
Fly. Change Foot Layback Spin 3	FCLSp3	FCLSp	PB143	O	1.45	1.16	0.87	0.58	0.29	2.90	0.29	0.58	0.87	1.16	1.45
Fly. Change Foot Layback Spin 4	FCLSp4	FCLSp	PB144	O	1.60	1.28	0.96	0.64	0.32	3.20	0.32	0.64	0.96	1.28	1.60
Fly. Change Foot Camel Spin	FCCSp	FCCSp	PB149	O	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Fly. Change Foot Camel Spin B	FCCSpB	FCCSp	PB150	O	0.85	0.68	0.51	0.34	0.17	1.70	0.17	0.34	0.51	0.68	0.85
Fly. Change Foot Camel Spin 1	FCCSp1	FCCSp	PB151	O	1.00	0.80	0.60	0.40	0.20	2.00	0.20	0.40	0.60	0.80	1.00

British Ice Skating

LIST OF ELEMENTS - SCALE OF VALUES

Pairs

Element	Abbreviation	Abbr. without Level	Element Sort	Type	+5	+4	+3	+2	+1	Base Value	-1	-2	-3	-4	-5
Fly. Change Foot Camel Spin 2	FCCSp2	FCCSp	PB152	O	1.15	0.92	0.69	0.46	0.23	2.30	0.23	0.46	0.69	0.92	1.15
Fly. Change Foot Camel Spin 3	FCCSp3	FCCSp	PB153	O	1.40	1.12	0.84	0.56	0.28	2.80	0.28	0.56	0.84	1.12	1.40
Fly. Change Foot Camel Spin 4	FCCSp4	FCCSp	PB154	O	1.60	1.28	0.96	0.64	0.32	3.20	0.32	0.64	0.96	1.28	1.60
Fly. Change Foot Sit Spin	FCSSp	FCSSp	PB159	O	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Fly. Change Foot Sit Spin B	FCSSpB	FCSSp	PB160	O	0.80	0.64	0.48	0.32	0.16	1.60	0.16	0.32	0.48	0.64	0.80
Fly. Change Foot Sit Spin 1	FCSSp1	FCSSp	PB161	O	0.95	0.76	0.57	0.38	0.19	1.90	0.19	0.38	0.57	0.76	0.95
Fly. Change Foot Sit Spin 2	FCSSp2	FCSSp	PB162	O	1.15	0.92	0.69	0.46	0.23	2.30	0.23	0.46	0.69	0.92	1.15
Fly. Change Foot Sit Spin 3	FCSSp3	FCSSp	PB163	O	1.30	1.04	0.78	0.52	0.26	2.60	0.26	0.52	0.78	1.04	1.30
Fly. Change Foot Sit Spin 4	FCSSp4	FCSSp	PB164	O	1.50	1.20	0.90	0.60	0.30	3.00	0.30	0.60	0.90	1.20	1.50
Combination Spin	CoSp	CoSp	PB169	O	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Combination Spin B	CoSpB	CoSp	PB170	O	0.75	0.60	0.45	0.30	0.15	1.50	0.15	0.30	0.45	0.60	0.75
Combination Spin 1	CoSp1	CoSp	PB171	O	0.85	0.68	0.51	0.34	0.17	1.70	0.17	0.34	0.51	0.68	0.85
Combination Spin 2	CoSp2	CoSp	PB172	O	1.00	0.80	0.60	0.40	0.20	2.00	0.20	0.40	0.60	0.80	1.00
Combination Spin 3	CoSp3	CoSp	PB173	O	1.25	1.00	0.75	0.50	0.25	2.50	0.25	0.50	0.75	1.00	1.25
Combination Spin 4	CoSp4	CoSp	PB174	O	1.50	1.20	0.90	0.60	0.30	3.00	0.30	0.60	0.90	1.20	1.50
Fly. Combination Spin	FCoSp	FCoSp	PB179	O	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Fly. Combination Spin B	FCoSpB	FCoSp	PB180	O	0.75	0.60	0.45	0.30	0.15	1.50	0.15	0.30	0.45	0.60	0.75
Fly. Combination Spin 1	FCoSp1	FCoSp	PB181	O	0.85	0.68	0.51	0.34	0.17	1.70	0.17	0.34	0.51	0.68	0.85
Fly. Combination Spin 2	FCoSp2	FCoSp	PB182	O	1.00	0.80	0.60	0.40	0.20	2.00	0.20	0.40	0.60	0.80	1.00
Fly. Combination Spin 3	FCoSp3	FCoSp	PB183	O	1.25	1.00	0.75	0.50	0.25	2.50	0.25	0.50	0.75	1.00	1.25
Fly. Combination Spin 4	FCoSp4	FCoSp	PB184	O	1.50	1.20	0.90	0.60	0.30	3.00	0.30	0.60	0.90	1.20	1.50
Change Foot Comb. Spin	CCoSp	CCoSp	PB189	O	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Change Foot Comb. Spin B	CCoSpB	CCoSp	PB190	O	0.85	0.68	0.51	0.34	0.17	1.70	0.17	0.34	0.51	0.68	0.85
Change Foot Comb. Spin 1	CCoSp1	CCoSp	PB191	O	1.00	0.80	0.60	0.40	0.20	2.00	0.20	0.40	0.60	0.80	1.00
Change Foot Comb. Spin 2	CCoSp2	CCoSp	PB192	O	1.25	1.00	0.75	0.50	0.25	2.50	0.25	0.50	0.75	1.00	1.25
Change Foot Comb. Spin 3	CCoSp3	CCoSp	PB193	O	1.50	1.20	0.90	0.60	0.30	3.00	0.30	0.60	0.90	1.20	1.50
Change Foot Comb. Spin 4	CCoSp4	CCoSp	PB194	O	1.75	1.40	1.05	0.70	0.35	3.50	0.35	0.70	1.05	1.40	1.75
Fly. Change Foot Comb. Spin	FCCoSp	FCCoSp	PB199	O	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Fly. Change Foot Comb. Spin B	FCCoSpB	FCCoSp	PB200	O	0.85	0.68	0.51	0.34	0.17	1.70	0.17	0.34	0.51	0.68	0.85
Fly. Change Foot Comb. Spin 1	FCCoSp1	FCCoSp	PB201	O	1.00	0.80	0.60	0.40	0.20	2.00	0.20	0.40	0.60	0.80	1.00
Fly. Change Foot Comb. Spin 2	FCCoSp2	FCCoSp	PB202	O	1.25	1.00	0.75	0.50	0.25	2.50	0.25	0.50	0.75	1.00	1.25
Fly. Change Foot Comb. Spin 3	FCCoSp3	FCCoSp	PB203	O	1.50	1.20	0.90	0.60	0.30	3.00	0.30	0.60	0.90	1.20	1.50
Fly. Change Foot Comb. Spin 4	FCCoSp4	FCCoSp	PB204	O	1.75	1.40	1.05	0.70	0.35	3.50	0.35	0.70	1.05	1.40	1.75
Change Foot Comb. Spin V	CCoSpV	CCoSp	PB255	O	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Change Foot Comb. Spin B V	CCoSpBV	CCoSp	PB256	O	0.64	0.51	0.38	0.26	0.13	1.28	0.13	0.26	0.38	0.51	0.64
Change Foot Comb. Spin 1 V	CCoSp1V	CCoSp	PB257	O	0.75	0.60	0.45	0.30	0.15	1.50	0.15	0.30	0.45	0.60	0.75
Change Foot Comb. Spin 2 V	CCoSp2V	CCoSp	PB258	O	0.94	0.75	0.56	0.38	0.19	1.88	0.19	0.38	0.56	0.75	0.94
Change Foot Comb. Spin 3 V	CCoSp3V	CCoSp	PB259	O	1.13	0.90	0.68	0.45	0.23	2.25	0.23	0.45	0.68	0.90	1.13
Change Foot Comb. Spin 4 V	CCoSp4V	CCoSp	PB260	O	1.32	1.05	0.79	0.53	0.26	2.63	0.26	0.53	0.79	1.05	1.32
Fly. Change Foot Comb. Spin V	FCCoSpV	FCCoSp	PB261	O	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Fly. Change Foot Comb. Spin B V	FCCoSpBV	FCCoSp	PB262	O	0.64	0.51	0.38	0.26	0.13	1.28	0.13	0.26	0.38	0.51	0.64
Fly. Change Foot Comb. Spin 1 V	FCCoSp1V	FCCoSp	PB263	O	0.75	0.60	0.45	0.30	0.15	1.50	0.15	0.30	0.45	0.60	0.75

British Ice Skating

LIST OF ELEMENTS - SCALE OF VALUES

Pairs

Element	Abbreviation	Abbr. without Level	Element Sort	Type	+5	+4	+3	+2	+1	Base Value	-1	-2	-3	-4	-5
Fly. Change Foot Comb. Spin 2 V	FCCoSp2V	FCCoSp	PB264	O	0.94	0.75	0.56	0.38	0.19	1.88	0.19	0.38	0.56	0.75	0.94
Fly. Change Foot Comb. Spin 3 V	FCCoSp3V	FCCoSp	PB265	O	1.13	0.90	0.68	0.45	0.23	2.25	0.23	0.45	0.68	0.90	1.13
Fly. Change Foot Comb. Spin 4 V	FCCoSp4V	FCCoSp	PB266	O	1.32	1.05	0.79	0.53	0.26	2.63	0.26	0.53	0.79	1.05	1.32
Fly. Upright Spin V	FUSpV	FUSp	PB302	O	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Fly. Upright Spin B V	FUSpBV	FUSp	PB303	O	0.57	0.45	0.34	0.23	0.11	1.13	0.11	0.23	0.34	0.45	0.57
Fly. Upright Spin 1 V	FUSp1V	FUSp	PB304	O	0.64	0.51	0.38	0.26	0.13	1.28	0.13	0.26	0.38	0.51	0.64
Fly. Upright Spin 2 V	FUSp2V	FUSp	PB305	O	0.75	0.60	0.45	0.30	0.15	1.50	0.15	0.30	0.45	0.60	0.75
Fly. Upright Spin 3 V	FUSp3V	FUSp	PB306	O	0.90	0.72	0.54	0.36	0.18	1.80	0.18	0.36	0.54	0.72	0.90
Fly. Upright Spin 4 V	FUSp4V	FUSp	PB307	O	1.09	0.87	0.65	0.44	0.22	2.18	0.22	0.44	0.65	0.87	1.09
Fly. Layback Spin V	FLSpV	FLSp	PB314	O	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Fly. Layback Spin B V	FLSpBV	FLSp	PB315	O	0.64	0.51	0.38	0.26	0.13	1.28	0.13	0.26	0.38	0.51	0.64
Fly. Layback Spin 1 V	FLSp1V	FLSp	PB316	O	0.75	0.60	0.45	0.30	0.15	1.50	0.15	0.30	0.45	0.60	0.75
Fly. Layback Spin 2 V	FLSp2V	FLSp	PB317	O	0.90	0.72	0.54	0.36	0.18	1.80	0.18	0.36	0.54	0.72	0.90
Fly. Layback Spin 3 V	FLSp3V	FLSp	PB318	O	1.09	0.87	0.65	0.44	0.22	2.18	0.22	0.44	0.65	0.87	1.09
Fly. Layback Spin 4 V	FLSp4V	FLSp	PB319	O	1.20	0.96	0.72	0.48	0.24	2.40	0.24	0.48	0.72	0.96	1.20
Fly. Camel Spin V	FCSpV	FCSp	PB326	O	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Fly. Camel Spin B V	FCSpBV	FCSp	PB327	O	0.60	0.48	0.36	0.24	0.12	1.20	0.12	0.24	0.36	0.48	0.60
Fly. Camel Spin 1 V	FCSp1V	FCSp	PB328	O	0.72	0.57	0.43	0.29	0.14	1.43	0.14	0.29	0.43	0.57	0.72
Fly. Camel Spin 2 V	FCSp2V	FCSp	PB329	O	0.87	0.69	0.52	0.35	0.17	1.73	0.17	0.35	0.52	0.69	0.87
Fly. Camel Spin 3 V	FCSp3V	FCSp	PB330	O	1.05	0.84	0.63	0.42	0.21	2.10	0.21	0.42	0.63	0.84	1.05
Fly. Camel Spin 4 V	FCSp4V	FCSp	PB331	O	1.20	0.96	0.72	0.48	0.24	2.40	0.24	0.48	0.72	0.96	1.20
Fly. Sit Spin V	FSSpV	FSSp	PB338	O	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Fly. Sit Spin B V	FSSpBV	FSSp	PB339	O	0.64	0.51	0.38	0.26	0.13	1.28	0.13	0.26	0.38	0.51	0.64
Fly. Sit Spin 1 V	FSSp1V	FSSp	PB340	O	0.75	0.60	0.45	0.30	0.15	1.50	0.15	0.30	0.45	0.60	0.75
Fly. Sit Spin 2 V	FSSp2V	FSSp	PB341	O	0.87	0.69	0.52	0.35	0.17	1.73	0.17	0.35	0.52	0.69	0.87
Fly. Sit Spin 3 V	FSSp3V	FSSp	PB342	O	0.98	0.78	0.59	0.39	0.20	1.95	0.20	0.39	0.59	0.78	0.98
Fly. Sit Spin 4 V	FSSp4V	FSSp	PB343	O	1.13	0.90	0.68	0.45	0.23	2.25	0.23	0.45	0.68	0.90	1.13
Combination Spin V	CoSpV	CoSp	PB350	O	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Combination Spin B V	CoSpBV	CoSp	PB351	O	0.57	0.45	0.34	0.23	0.11	1.13	0.11	0.23	0.34	0.45	0.57
Combination Spin 1 V	CoSp1V	CoSp	PB352	O	0.64	0.51	0.38	0.26	0.13	1.28	0.13	0.26	0.38	0.51	0.64
Combination Spin 2 V	CoSp2V	CoSp	PB353	O	0.75	0.60	0.45	0.30	0.15	1.50	0.15	0.30	0.45	0.60	0.75
Combination Spin 3 V	CoSp3V	CoSp	PB354	O	0.94	0.75	0.56	0.38	0.19	1.88	0.19	0.38	0.56	0.75	0.94
Combination Spin 4 V	CoSp4V	CoSp	PB355	O	1.13	0.90	0.68	0.45	0.23	2.25	0.23	0.45	0.68	0.90	1.13
Fly. Combination Spin V	FCoSpV	FCoSp	PB360	O	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Fly. Combination Spin B V	FCoSpBV	FCoSp	PB361	O	0.57	0.45	0.34	0.23	0.11	1.13	0.11	0.23	0.34	0.45	0.57
Fly. Combination Spin 1 V	FCoSp1V	FCoSp	PB362	O	0.64	0.51	0.38	0.26	0.13	1.28	0.13	0.26	0.38	0.51	0.64
Fly. Combination Spin 2 V	FCoSp2V	FCoSp	PB363	O	0.75	0.60	0.45	0.30	0.15	1.50	0.15	0.30	0.45	0.60	0.75
Fly. Combination Spin 3 V	FCoSp3V	FCoSp	PB364	O	0.94	0.75	0.56	0.38	0.19	1.88	0.19	0.38	0.56	0.75	0.94
Fly. Combination Spin 4 V	FCoSp4V	FCoSp	PB365	O	1.13	0.90	0.68	0.45	0.23	2.25	0.23	0.45	0.68	0.90	1.13
Change Foot Upright Spin V	CUSpV	CUSp	PB366	O	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Change Foot Upright Spin B V	CUSpBV	CUSp	PB367	O	0.57	0.45	0.34	0.23	0.11	1.13	0.11	0.23	0.34	0.45	0.57
Change Foot Upright Spin 1 V	CUSp1V	CUSp	PB368	O	0.64	0.51	0.38	0.26	0.13	1.28	0.13	0.26	0.38	0.51	0.64

British Ice Skating

LIST OF ELEMENTS - SCALE OF VALUES

Pairs

Element	Abbreviation	Abbr. without Level	Element Sort	Type	+5	+4	+3	+2	+1	Base Value	-1	-2	-3	-4	-5
Change Foot Upright Spin 2 V	CUSp2V	CUSp	PB369	O	0.75	0.60	0.45	0.30	0.15	1.50	0.15	0.30	0.45	0.60	0.75
Change Foot Upright Spin 3 V	CUSp3V	CUSp	PB370	O	0.90	0.72	0.54	0.36	0.18	1.80	0.18	0.36	0.54	0.72	0.90
Change Foot Upright Spin 4 V	CUSp4V	CUSp	PB371	O	1.09	0.87	0.65	0.44	0.22	2.18	0.22	0.44	0.65	0.87	1.09
Change Foot Layback Spin V	CLSpV	CLSp	PB372	O	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Change Foot Layback Spin B V	CLSpBV	CLSp	PB373	O	0.64	0.51	0.38	0.26	0.13	1.28	0.13	0.26	0.38	0.51	0.64
Change Foot Layback Spin 1 V	CLSp1V	CLSp	PB374	O	0.75	0.60	0.45	0.30	0.15	1.50	0.15	0.30	0.45	0.60	0.75
Change Foot Layback Spin 2 V	CLSp2V	CLSp	PB375	O	0.90	0.72	0.54	0.36	0.18	1.80	0.18	0.36	0.54	0.72	0.90
Change Foot Layback Spin 3 V	CLSp3V	CLSp	PB376	O	1.09	0.87	0.65	0.44	0.22	2.18	0.22	0.44	0.65	0.87	1.09
Change Foot Layback Spin 4 V	CLSp4V	CLSp	PB377	O	1.20	0.96	0.72	0.48	0.24	2.40	0.24	0.48	0.72	0.96	1.20
Change Foot Camel Spin V	CCSpV	CCSp	PB378	O	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Change Foot Camel Spin B V	CCSpBV	CCSp	PB379	O	0.64	0.51	0.38	0.26	0.13	1.28	0.13	0.26	0.38	0.51	0.64
Change Foot Camel Spin 1 V	CCSp1V	CCSp	PB380	O	0.75	0.60	0.45	0.30	0.15	1.50	0.15	0.30	0.45	0.60	0.75
Change Foot Camel Spin 2 V	CCSp2V	CCSp	PB381	O	0.87	0.69	0.52	0.35	0.17	1.73	0.17	0.35	0.52	0.69	0.87
Change Foot Camel Spin 3 V	CCSp3V	CCSp	PB382	O	1.05	0.84	0.63	0.42	0.21	2.10	0.21	0.42	0.63	0.84	1.05
Change Foot Camel Spin 4 V	CCSp4V	CCSp	PB383	O	1.20	0.96	0.72	0.48	0.24	2.40	0.24	0.48	0.72	0.96	1.20
Change Foot Sit Spin V	CSSpV	CSSp	PB384	O	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Change Foot Sit Spin B V	CSSpBV	CSSp	PB385	O	0.60	0.48	0.36	0.24	0.12	1.20	0.12	0.24	0.36	0.48	0.60
Change Foot Sit Spin 1 V	CSSp1V	CSSp	PB386	O	0.72	0.57	0.43	0.29	0.14	1.43	0.14	0.29	0.43	0.57	0.72
Change Foot Sit Spin 2 V	CSSp2V	CSSp	PB387	O	0.87	0.69	0.52	0.35	0.17	1.73	0.17	0.35	0.52	0.69	0.87
Change Foot Sit Spin 3 V	CSSp3V	CSSp	PB388	O	0.98	0.78	0.59	0.39	0.20	1.95	0.20	0.39	0.59	0.78	0.98
Change Foot Sit Spin 4 V	CSSp4V	CSSp	PB389	O	1.13	0.90	0.68	0.45	0.23	2.25	0.23	0.45	0.68	0.90	1.13
Fly. Change Foot Upright Spin V	FCUSpV	FCUSp	PB390	O	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Fly. Change Foot Upright Spin B V	FCUSpBV	FCUSp	PB391	O	0.57	0.45	0.34	0.23	0.11	1.13	0.11	0.23	0.34	0.45	0.57
Fly. Change Foot Upright Spin 1 V	FCUSp1V	FCUSp	PB392	O	0.64	0.51	0.38	0.26	0.13	1.28	0.13	0.26	0.38	0.51	0.64
Fly. Change Foot Upright Spin 2 V	FCUSp2V	FCUSp	PB393	O	0.75	0.60	0.45	0.30	0.15	1.50	0.15	0.30	0.45	0.60	0.75
Fly. Change Foot Upright Spin 3 V	FCUSp3V	FCUSp	PB394	O	0.90	0.72	0.54	0.36	0.18	1.80	0.18	0.36	0.54	0.72	0.90
Fly. Change Foot Upright Spin 4 V	FCUSp4V	FCUSp	PB395	O	1.09	0.87	0.65	0.44	0.22	2.18	0.22	0.44	0.65	0.87	1.09
Fly. Change Foot Layback Spin V	FCLSpV	FCLSp	PB396	O	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Fly. Change Foot Layback Spin B V	FCLSpBV	FCLSp	PB397	O	0.64	0.51	0.38	0.26	0.13	1.28	0.13	0.26	0.38	0.51	0.64
Fly. Change Foot Layback Spin 1 V	FCLSp1V	FCLSp	PB398	O	0.75	0.60	0.45	0.30	0.15	1.50	0.15	0.30	0.45	0.60	0.75
Fly. Change Foot Layback Spin 2 V	FCLSp2V	FCLSp	PB399	O	0.90	0.72	0.54	0.36	0.18	1.80	0.18	0.36	0.54	0.72	0.90
Fly. Change Foot Layback Spin 3 V	FCLSp3V	FCLSp	PB400	O	1.09	0.87	0.65	0.44	0.22	2.18	0.22	0.44	0.65	0.87	1.09
Fly. Change Foot Layback Spin 4 V	FCLSp4V	FCLSp	PB401	O	1.20	0.96	0.72	0.48	0.24	2.40	0.24	0.48	0.72	0.96	1.20
Fly. Change Foot Camel Spin V	FCCSpV	FCCSp	PB402	O	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Fly. Change Foot Camel Spin B V	FCCSpBV	FCCSp	PB403	O	0.64	0.51	0.38	0.26	0.13	1.28	0.13	0.26	0.38	0.51	0.64
Fly. Change Foot Camel Spin 1 V	FCCSp1V	FCCSp	PB404	O	0.75	0.60	0.45	0.30	0.15	1.50	0.15	0.30	0.45	0.60	0.75
Fly. Change Foot Camel Spin 2 V	FCCSp2V	FCCSp	PB405	O	0.87	0.69	0.52	0.35	0.17	1.73	0.17	0.35	0.52	0.69	0.87
Fly. Change Foot Camel Spin 3 V	FCCSp3V	FCCSp	PB406	O	1.05	0.84	0.63	0.42	0.21	2.10	0.21	0.42	0.63	0.84	1.05
Fly. Change Foot Camel Spin 4 V	FCCSp4V	FCCSp	PB407	O	1.20	0.96	0.72	0.48	0.24	2.40	0.24	0.48	0.72	0.96	1.20
Fly. Change Foot Sit Spin V	FCSSpV	FCSSp	PB408	O	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Fly. Change Foot Sit Spin B V	FCSSpBV	FCSSp	PB409	O	0.60	0.48	0.36	0.24	0.12	1.20	0.12	0.24	0.36	0.48	0.60
Fly. Change Foot Sit Spin 1 V	FCSSp1V	FCSSp	PB410	O	0.72	0.57	0.43	0.29	0.14	1.43	0.14	0.29	0.43	0.57	0.72

British Ice Skating

LIST OF ELEMENTS - SCALE OF VALUES

Pairs

Element	Abbreviation	Abbr. without Level	Element Sort	Type	+5	+4	+3	+2	+1	Base Value	-1	-2	-3	-4	-5
Fly. Change Foot Sit Spin 2 V	FCSSp2V	FCSSp	PB411	O	0.87	0.69	0.52	0.35	0.17	1.73	0.17	0.35	0.52	0.69	0.87
Fly. Change Foot Sit Spin 3 V	FCSSp3V	FCSSp	PB412	O	0.98	0.78	0.59	0.39	0.20	1.95	0.20	0.39	0.59	0.78	0.98
Fly. Change Foot Sit Spin 4 V	FCSSp4V	FCSSp	PB413	O	1.13	0.90	0.68	0.45	0.23	2.25	0.23	0.45	0.68	0.90	1.13
Steps	St	St	PC00	S	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Step Sequence	StSq	StSq	PC09	S	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Step Sequence B	StSqB	StSq	PC10	S	0.75	0.60	0.45	0.30	0.15	1.50	0.15	0.30	0.45	0.60	0.75
Step Sequence 1	StSq1	StSq	PC11	S	0.90	0.72	0.54	0.36	0.18	1.80	0.18	0.36	0.54	0.72	0.90
Step Sequence 2	StSq2	StSq	PC12	S	1.30	1.04	0.78	0.52	0.26	2.60	0.26	0.52	0.78	1.04	1.30
Step Sequence 3	StSq3	StSq	PC13	S	1.65	1.32	0.99	0.66	0.33	3.30	0.33	0.66	0.99	1.32	1.65
Step Sequence 4	StSq4	StSq	PC14	S	1.95	1.56	1.17	0.78	0.39	3.90	0.39	0.78	1.17	1.56	1.95
Choreo Sequence	ChSq	ChSq	PC48	S	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Choreo Sequence 1	ChSq1	ChSq	PC49	S	2.50	2.00	1.50	1.00	0.50	3.00	0.50	1.00	1.50	2.00	2.50
Lift	Li	Li	PD000	M	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Group 1 Lift	1Li	1Li	PD009	M	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Group 1 Lift B	1LiB	1Li	PD010	M	0.70	0.56	0.42	0.28	0.14	1.40	0.14	0.28	0.42	0.56	0.70
Group 1 Lift 1	1Li1	1Li	PD011	M	0.75	0.60	0.45	0.30	0.15	1.50	0.15	0.30	0.45	0.60	0.75
Group 1 Lift 2	1Li2	1Li	PD012	M	0.85	0.68	0.51	0.34	0.17	1.70	0.17	0.34	0.51	0.68	0.85
Group 1 Lift 3	1Li3	1Li	PD013	M	0.95	0.76	0.57	0.38	0.19	1.90	0.19	0.38	0.57	0.76	0.95
Group 1 Lift 4	1Li4	1Li	PD014	M	1.05	0.84	0.63	0.42	0.21	2.10	0.21	0.42	0.63	0.84	1.05
Group 2 Lift	2Li	2Li	PD019	M	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Group 2 Lift B	2LiB	2Li	PD020	M	0.75	0.60	0.45	0.30	0.15	1.50	0.15	0.30	0.45	0.60	0.75
Group 2 Lift 1	2Li1	2Li	PD021	M	0.95	0.76	0.57	0.38	0.19	1.90	0.19	0.38	0.57	0.76	0.95
Group 2 Lift 2	2Li2	2Li	PD022	M	1.15	0.92	0.69	0.46	0.23	2.30	0.23	0.46	0.69	0.92	1.15
Group 2 Lift 3	2Li3	2Li	PD023	M	1.35	1.08	0.81	0.54	0.27	2.70	0.27	0.54	0.81	1.08	1.35
Group 2 Lift 4	2Li4	2Li	PD024	M	1.55	1.24	0.93	0.62	0.31	3.10	0.31	0.62	0.93	1.24	1.55
Group 3 Lift	3Li	3Li	PD029	M	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Group 3 Lift B	3LiB	3Li	PD030	M	1.75	1.40	1.05	0.70	0.35	3.50	0.35	0.70	1.05	1.40	1.75
Group 3 Lift 1	3Li1	3Li	PD031	M	1.95	1.56	1.17	0.78	0.39	3.90	0.39	0.78	1.17	1.56	1.95
Group 3 Lift 2	3Li2	3Li	PD032	M	2.15	1.72	1.29	0.86	0.43	4.30	0.43	0.86	1.29	1.72	2.15
Group 3 Lift 3	3Li3	3Li	PD033	M	2.35	1.88	1.41	0.94	0.47	4.70	0.47	0.94	1.41	1.88	2.35
Group 3 Lift 4	3Li4	3Li	PD034	M	2.55	2.04	1.53	1.02	0.51	5.10	0.51	1.02	1.53	2.04	2.55
Group 4 Lift	4Li	4Li	PD039	M	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Group 4 Lift B	4LiB	4Li	PD040	M	1.75	1.40	1.05	0.70	0.35	3.50	0.35	0.70	1.05	1.40	1.75
Group 4 Lift 1	4Li1	4Li	PD041	M	1.95	1.56	1.17	0.78	0.39	3.90	0.39	0.78	1.17	1.56	1.95
Group 4 Lift 2	4Li2	4Li	PD042	M	2.15	1.72	1.29	0.86	0.43	4.30	0.43	0.86	1.29	1.72	2.15
Group 4 Lift 3	4Li3	4Li	PD043	M	2.35	1.88	1.41	0.94	0.47	4.70	0.47	0.94	1.41	1.88	2.35
Group 4 Lift 4	4Li4	4Li	PD044	M	2.55	2.04	1.53	1.02	0.51	5.10	0.51	1.02	1.53	2.04	2.55
Group 5 Lift	5Li	5Li	PD050	M	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Group 5 Toe Lasso Lift	5TLi	5TLi	PD079	M	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Group 5 Toe Lasso Lift B	5TLiB	5TLi	PD080	M	2.30	1.84	1.38	0.92	0.46	4.60	0.46	0.92	1.38	1.84	2.30
Group 5 Toe Lasso Lift 1	5TLi1	5TLi	PD081	M	2.50	2.00	1.50	1.00	0.50	5.00	0.50	1.00	1.50	2.00	2.50
Group 5 Toe Lasso Lift 2	5TLi2	5TLi	PD082	M	2.70	2.16	1.62	1.08	0.54	5.40	0.54	1.08	1.62	2.16	2.70

British Ice Skating

LIST OF ELEMENTS - SCALE OF VALUES

Pairs

Element	Abbreviation	Abbr. without Level	Element Sort	Type	+5	+4	+3	+2	+1	Base Value	-1	-2	-3	-4	-5
Group 5 Toe Lasso Lift 3	5TLi3	5TLi	PD083	M	2.90	2.32	1.74	1.16	0.58	5.80	0.58	1.16	1.74	2.32	2.90
Group 5 Toe Lasso Lift 4	5TLi4	5TLi	PD084	M	3.10	2.48	1.86	1.24	0.62	6.20	0.62	1.24	1.86	2.48	3.10
Group 5 Step in Lasso Lift	5SLi	5SLi	PD089	M	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Group 5 Step in Lasso Lift B	5SLiB	5SLi	PD090	M	2.30	1.84	1.38	0.92	0.46	4.60	0.46	0.92	1.38	1.84	2.30
Group 5 Step in Lasso Lift 1	5SLi1	5SLi	PD091	M	2.50	2.00	1.50	1.00	0.50	5.00	0.50	1.00	1.50	2.00	2.50
Group 5 Step in Lasso Lift 2	5SLi2	5SLi	PD092	M	2.70	2.16	1.62	1.08	0.54	5.40	0.54	1.08	1.62	2.16	2.70
Group 5 Step in Lasso Lift 3	5SLi3	5SLi	PD093	M	2.90	2.32	1.74	1.16	0.58	5.80	0.58	1.16	1.74	2.32	2.90
Group 5 Step in Lasso Lift 4	5SLi4	5SLi	PD094	M	3.10	2.48	1.86	1.24	0.62	6.20	0.62	1.24	1.86	2.48	3.10
Group 5 Axel Lasso Lift	5ALi	5ALi	PD109	M	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Group 5 Axel Lasso Lift B	5ALiB	5ALi	PD110	M	2.70	2.16	1.62	1.08	0.54	5.40	0.54	1.08	1.62	2.16	2.70
Group 5 Axel Lasso Lift 1	5ALi1	5ALi	PD111	M	2.90	2.32	1.74	1.16	0.58	5.80	0.58	1.16	1.74	2.32	2.90
Group 5 Axel Lasso Lift 2	5ALi2	5ALi	PD112	M	3.10	2.48	1.86	1.24	0.62	6.20	0.62	1.24	1.86	2.48	3.10
Group 5 Axel Lasso Lift 3	5ALi3	5ALi	PD113	M	3.30	2.64	1.98	1.32	0.66	6.60	0.66	1.32	1.98	2.64	3.30
Group 5 Axel Lasso Lift 4	5ALi4	5ALi	PD114	M	3.50	2.80	2.10	1.40	0.70	7.00	0.70	1.40	2.10	2.80	3.50
Group 5 Backward Lasso Lift	5BLi	5BLi	PD119	M	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Group 5 Backward Lasso Lift B	5BLiB	5BLi	PD120	M	2.50	2.00	1.50	1.00	0.50	5.00	0.50	1.00	1.50	2.00	2.50
Group 5 Backward Lasso Lift 1	5BLi1	5BLi	PD121	M	2.70	2.16	1.62	1.08	0.54	5.40	0.54	1.08	1.62	2.16	2.70
Group 5 Backward Lasso Lift 2	5BLi2	5BLi	PD122	M	2.90	2.32	1.74	1.16	0.58	5.80	0.58	1.16	1.74	2.32	2.90
Group 5 Backward Lasso Lift 3	5BLi3	5BLi	PD123	M	3.10	2.48	1.86	1.24	0.62	6.20	0.62	1.24	1.86	2.48	3.10
Group 5 Backward Lasso Lift 4	5BLi4	5BLi	PD124	M	3.25	2.60	1.95	1.30	0.65	6.50	0.65	1.30	1.95	2.60	3.25
Group 5 Reverse Lasso Lift	5RLi	5RLi	PD129	M	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Group 5 Reverse Lasso Lift B	5RLiB	5RLi	PD130	M	2.70	2.16	1.62	1.08	0.54	5.40	0.54	1.08	1.62	2.16	2.70
Group 5 Reverse Lasso Lift 1	5RLi1	5RLi	PD131	M	2.90	2.32	1.74	1.16	0.58	5.80	0.58	1.16	1.74	2.32	2.90
Group 5 Reverse Lasso Lift 2	5RLi2	5RLi	PD132	M	3.10	2.48	1.86	1.24	0.62	6.20	0.62	1.24	1.86	2.48	3.10
Group 5 Reverse Lasso Lift 3	5RLi3	5RLi	PD133	M	3.30	2.64	1.98	1.32	0.66	6.60	0.66	1.32	1.98	2.64	3.30
Group 5 Reverse Lasso Lift 4	5RLi4	5RLi	PD134	M	3.50	2.80	2.10	1.40	0.70	7.00	0.70	1.40	2.10	2.80	3.50
Twist Lift	Tw	Tw	PE000	N	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Single Twist Lift	1Tw	1Tw	PE049	N	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Single Twist Lift B	1TwB	1Tw	PE050	N	0.45	0.36	0.27	0.18	0.09	0.90	0.09	0.18	0.27	0.36	0.45
Single Twist Lift 1	1Tw1	1Tw	PE051	N	0.55	0.44	0.33	0.22	0.11	1.10	0.11	0.22	0.33	0.44	0.55
Single Twist Lift 2	1Tw2	1Tw	PE052	N	0.65	0.52	0.39	0.26	0.13	1.30	0.13	0.26	0.39	0.52	0.65
Single Twist Lift 3	1Tw3	1Tw	PE053	N	0.75	0.60	0.45	0.30	0.15	1.50	0.15	0.30	0.45	0.60	0.75
Single Twist Lift 4	1Tw4	1Tw	PE054	N	0.85	0.68	0.51	0.34	0.17	1.70	0.17	0.34	0.51	0.68	0.85
Double Twist Lift	2Tw	2Tw	PE059	N	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Double Twist Lift B	2TwB	2Tw	PE060	N	1.30	1.04	0.78	0.52	0.26	2.60	0.26	0.52	0.78	1.04	1.30
Double Twist Lift 1	2Tw1	2Tw	PE061	N	1.40	1.12	0.84	0.56	0.28	2.80	0.28	0.56	0.84	1.12	1.40
Double Twist Lift 2	2Tw2	2Tw	PE062	N	1.50	1.20	0.90	0.60	0.30	3.00	0.30	0.60	0.90	1.20	1.50
Double Twist Lift 3	2Tw3	2Tw	PE063	N	1.60	1.28	0.96	0.64	0.32	3.20	0.32	0.64	0.96	1.28	1.60
Double Twist Lift 4	2Tw4	2Tw	PE064	N	1.70	1.36	1.02	0.68	0.34	3.40	0.34	0.68	1.02	1.36	1.70
Triple Twist Lift	3Tw	3Tw	PE069	N	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Triple Twist Lift B	3TwB	3Tw	PE070	N	2.40	1.92	1.44	0.96	0.48	4.80	0.48	0.96	1.44	1.92	2.40
Triple Twist Lift 1	3Tw1	3Tw	PE071	N	2.55	2.04	1.53	1.02	0.51	5.10	0.51	1.02	1.53	2.04	2.55

British Ice Skating

LIST OF ELEMENTS - SCALE OF VALUES

Pairs

Element	Abbreviation	Abbr. without Level	Element Sort	Type	+5	+4	+3	+2	+1	Base Value	-1	-2	-3	-4	-5
Triple Twist Lift 2	3Tw2	3Tw	PE072	N	2.70	2.16	1.62	1.08	0.54	5.40	0.54	1.08	1.62	2.16	2.70
Triple Twist Lift 3	3Tw3	3Tw	PE073	N	2.85	2.28	1.71	1.14	0.57	5.70	0.57	1.14	1.71	2.28	2.85
Triple Twist Lift 4	3Tw4	3Tw	PE074	N	3.00	2.40	1.80	1.20	0.60	6.00	0.60	1.20	1.80	2.40	3.00
Quad Twist Lift	4Tw	4Tw	PE079	N	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Quad Twist Lift B	4TwB	4Tw	PE080	N	3.20	2.56	1.92	1.28	0.64	6.40	0.64	1.28	1.92	2.56	3.20
Quad Twist Lift 1	4Tw1	4Tw	PE081	N	3.40	2.72	2.04	1.36	0.68	6.80	0.68	1.36	2.04	2.72	3.40
Quad Twist Lift 2	4Tw2	4Tw	PE082	N	3.60	2.88	2.16	1.44	0.72	7.20	0.72	1.44	2.16	2.88	3.60
Quad Twist Lift 3	4Tw3	4Tw	PE083	N	3.80	3.04	2.28	1.52	0.76	7.60	0.76	1.52	2.28	3.04	3.80
Quad Twist Lift 4	4Tw4	4Tw	PE084	N	4.00	3.20	2.40	1.60	0.80	8.00	0.80	1.60	2.40	3.20	4.00
Twist Lift (downgraded)	Tw<<	Tw<<	PE230	N	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Single Twist Lift (downgraded)	1Tw<<	1Tw<<	PE239	N	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Single Twist Lift B (downgraded)	1TwB<<	1Tw<<	PE240	N	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Single Twist Lift 1 (downgraded)	1Tw1<<	1Tw<<	PE241	N	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Single Twist Lift 2 (downgraded)	1Tw2<<	1Tw<<	PE242	N	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Single Twist Lift 3 (downgraded)	1Tw3<<	1Tw<<	PE243	N	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Single Twist Lift 4 (downgraded)	1Tw4<<	1Tw<<	PE244	N	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Double Twist Lift (downgraded)	2Tw<<	2Tw<<	PE249	N	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Double Twist Lift B (downgraded)	2TwB<<	2Tw<<	PE250	N	0.45	0.36	0.27	0.18	0.09	0.90	0.09	0.18	0.27	0.36	0.45
Double Twist Lift 1 (downgraded)	2Tw1<<	2Tw<<	PE251	N	0.55	0.44	0.33	0.22	0.11	1.10	0.11	0.22	0.33	0.44	0.55
Double Twist Lift 2 (downgraded)	2Tw2<<	2Tw<<	PE252	N	0.65	0.52	0.39	0.26	0.13	1.30	0.13	0.26	0.39	0.52	0.65
Double Twist Lift 3 (downgraded)	2Tw3<<	2Tw<<	PE253	N	0.75	0.60	0.45	0.30	0.15	1.50	0.15	0.30	0.45	0.60	0.75
Double Twist Lift 4 (downgraded)	2Tw4<<	2Tw<<	PE254	N	0.85	0.68	0.51	0.34	0.17	1.70	0.17	0.34	0.51	0.68	0.85
Triple Twist Lift (downgraded)	3Tw<<	3Tw<<	PE259	N	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Triple Twist Lift B (downgraded)	3TwB<<	3Tw<<	PE260	N	1.30	1.04	0.78	0.52	0.26	2.60	0.26	0.52	0.78	1.04	1.30
Triple Twist Lift 1 (downgraded)	3Tw1<<	3Tw<<	PE261	N	1.40	1.12	0.84	0.56	0.28	2.80	0.28	0.56	0.84	1.12	1.40
Triple Twist Lift 2 (downgraded)	3Tw2<<	3Tw<<	PE262	N	1.50	1.20	0.90	0.60	0.30	3.00	0.30	0.60	0.90	1.20	1.50
Triple Twist Lift 3 (downgraded)	3Tw3<<	3Tw<<	PE263	N	1.60	1.28	0.96	0.64	0.32	3.20	0.32	0.64	0.96	1.28	1.60
Triple Twist Lift 4 (downgraded)	3Tw4<<	3Tw<<	PE264	N	1.70	1.36	1.02	0.68	0.34	3.40	0.34	0.68	1.02	1.36	1.70
Quad Twist Lift (downgraded)	4Tw<<	4Tw<<	PE269	N	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Quad Twist Lift B (downgraded)	4TwB<<	4Tw<<	PE270	N	2.40	1.92	1.44	0.96	0.48	4.80	0.48	0.96	1.44	1.92	2.40
Quad Twist Lift 1 (downgraded)	4Tw1<<	4Tw<<	PE271	N	2.55	2.04	1.53	1.02	0.51	5.10	0.51	1.02	1.53	2.04	2.55
Quad Twist Lift 2 (downgraded)	4Tw2<<	4Tw<<	PE272	N	2.70	2.16	1.62	1.08	0.54	5.40	0.54	1.08	1.62	2.16	2.70
Quad Twist Lift 3 (downgraded)	4Tw3<<	4Tw<<	PE273	N	2.85	2.28	1.71	1.14	0.57	5.70	0.57	1.14	1.71	2.28	2.85
Quad Twist Lift 4 (downgraded)	4Tw4<<	4Tw<<	PE274	N	3.00	2.40	1.80	1.20	0.60	6.00	0.60	1.20	1.80	2.40	3.00
Throw Toeloop	TTh	TTh	PF01	V	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Throw Salchow	STh	STh	PF02	V	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Throw Loop	LoTh	LoTh	PF03	V	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Throw Flip	FTh	FTh	PF04	V	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Throw Lutz	LzTh	LzTh	PF05	V	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Throw Axel	ATh	ATh	PF06	V	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Throw Single Toeloop	1TTh	1TTh	PF07	V	0.55	0.44	0.33	0.22	0.11	1.10	0.11	0.22	0.33	0.44	0.55
Throw Single Toeloop	1TThq	1TThq	PF08	V	0.55	0.44	0.33	0.22	0.11	1.10	0.11	0.22	0.33	0.44	0.55

British Ice Skating

LIST OF ELEMENTS - SCALE OF VALUES

Pairs

Element	Abbreviation	Abbr. without Level	Element Sort	Type	+5	+4	+3	+2	+1	Base Value	-1	-2	-3	-4	-5
Throw Single Salchow	1STh	1STh	PF09	V	0.55	0.44	0.33	0.22	0.11	1.10	0.11	0.22	0.33	0.44	0.55
Throw Single Salchow	1SThq	1SThq	PF10	V	0.55	0.44	0.33	0.22	0.11	1.10	0.11	0.22	0.33	0.44	0.55
Throw Single Loop	1LoTh	1LoTh	PF11	V	0.70	0.56	0.42	0.28	0.14	1.40	0.14	0.28	0.42	0.56	0.70
Throw Single Loop	1LoThq	1LoThq	PF12	V	0.70	0.56	0.42	0.28	0.14	1.40	0.14	0.28	0.42	0.56	0.70
Throw Single Flip	1FTh	1FTh	PF13	V	0.70	0.56	0.42	0.28	0.14	1.40	0.14	0.28	0.42	0.56	0.70
Throw Single Flip	1FThq	1FThq	PF14	V	0.70	0.56	0.42	0.28	0.14	1.40	0.14	0.28	0.42	0.56	0.70
Throw Single Lutz	1LzTh	1LzTh	PF15	V	0.70	0.56	0.42	0.28	0.14	1.40	0.14	0.28	0.42	0.56	0.70
Throw Single Lutz	1LzThq	1LzThq	PF16	V	0.70	0.56	0.42	0.28	0.14	1.40	0.14	0.28	0.42	0.56	0.70
Throw Single Axel	1ATh	1ATh	PF17	V	1.10	0.88	0.66	0.44	0.22	2.20	0.22	0.44	0.66	0.88	1.10
Throw Single Axel	1AThq	1AThq	PF18	V	1.10	0.88	0.66	0.44	0.22	2.20	0.22	0.44	0.66	0.88	1.10
Throw Double Toeloop	2TTh	2TTh	PF19	V	1.25	1.00	0.75	0.50	0.25	2.50	0.25	0.50	0.75	1.00	1.25
Throw Double Toeloop	2TThq	2TThq	PF20	V	1.25	1.00	0.75	0.50	0.25	2.50	0.25	0.50	0.75	1.00	1.25
Throw Double Salchow	2STh	2STh	PF21	V	1.25	1.00	0.75	0.50	0.25	2.50	0.25	0.50	0.75	1.00	1.25
Throw Double Salchow	2SThq	2SThq	PF22	V	1.25	1.00	0.75	0.50	0.25	2.50	0.25	0.50	0.75	1.00	1.25
Throw Double Loop	2LoTh	2LoTh	PF23	V	1.40	1.12	0.84	0.56	0.28	2.80	0.28	0.56	0.84	1.12	1.40
Throw Double Loop	2LoThq	2LoThq	PF24	V	1.40	1.12	0.84	0.56	0.28	2.80	0.28	0.56	0.84	1.12	1.40
Throw Double Flip	2FTh	2FTh	PF25	V	1.50	1.20	0.90	0.60	0.30	3.00	0.30	0.60	0.90	1.20	1.50
Throw Double Flip	2FThq	2FThq	PF26	V	1.50	1.20	0.90	0.60	0.30	3.00	0.30	0.60	0.90	1.20	1.50
Throw Double Lutz	2LzTh	2LzTh	PF27	V	1.50	1.20	0.90	0.60	0.30	3.00	0.30	0.60	0.90	1.20	1.50
Throw Double Lutz	2LzThq	2LzThq	PF28	V	1.50	1.20	0.90	0.60	0.30	3.00	0.30	0.60	0.90	1.20	1.50
Throw Double Axel	2ATh	2ATh	PF29	V	2.00	1.60	1.20	0.80	0.40	4.00	0.40	0.80	1.20	1.60	2.00
Throw Double Axel	2AThq	2AThq	PF30	V	2.00	1.60	1.20	0.80	0.40	4.00	0.40	0.80	1.20	1.60	2.00
Throw Triple Toeloop	3TTh	3TTh	PF31	V	2.20	1.76	1.32	0.88	0.44	4.40	0.44	0.88	1.32	1.76	2.20
Throw Triple Toeloop	3TThq	3TThq	PF32	V	2.20	1.76	1.32	0.88	0.44	4.40	0.44	0.88	1.32	1.76	2.20
Throw Triple Salchow	3STh	3STh	PF33	V	2.20	1.76	1.32	0.88	0.44	4.40	0.44	0.88	1.32	1.76	2.20
Throw Triple Salchow	3SThq	3SThq	PF34	V	2.20	1.76	1.32	0.88	0.44	4.40	0.44	0.88	1.32	1.76	2.20
Throw Triple Loop	3LoTh	3LoTh	PF35	V	2.50	2.00	1.50	1.00	0.50	5.00	0.50	1.00	1.50	2.00	2.50
Throw Triple Loop	3LoThq	3LoThq	PF36	V	2.50	2.00	1.50	1.00	0.50	5.00	0.50	1.00	1.50	2.00	2.50
Throw Triple Flip	3FTh	3FTh	PF37	V	2.65	2.12	1.59	1.06	0.53	5.30	0.53	1.06	1.59	2.12	2.65
Throw Triple Flip	3FThq	3FThq	PF38	V	2.65	2.12	1.59	1.06	0.53	5.30	0.53	1.06	1.59	2.12	2.65
Throw Triple Lutz	3LzTh	3LzTh	PF39	V	2.65	2.12	1.59	1.06	0.53	5.30	0.53	1.06	1.59	2.12	2.65
Throw Triple Lutz	3LzThq	3LzThq	PF40	V	2.65	2.12	1.59	1.06	0.53	5.30	0.53	1.06	1.59	2.12	2.65
Throw Triple Axel	3ATh	3ATh	PF41	V	3.00	2.40	1.80	1.20	0.60	6.00	0.60	1.20	1.80	2.40	3.00
Throw Triple Axel	3AThq	3AThq	PF42	V	3.00	2.40	1.80	1.20	0.60	6.00	0.60	1.20	1.80	2.40	3.00
Throw Quad Toeloop	4TTh	4TTh	PF43	V	3.25	2.60	1.95	1.30	0.65	6.50	0.65	1.30	1.95	2.60	3.25
Throw Quad Toeloop	4TThq	4TThq	PF44	V	3.25	2.60	1.95	1.30	0.65	6.50	0.65	1.30	1.95	2.60	3.25
Throw Quad Salchow	4STh	4STh	PF45	V	3.25	2.60	1.95	1.30	0.65	6.50	0.65	1.30	1.95	2.60	3.25
Throw Quad Salchow	4SThq	4SThq	PF46	V	3.25	2.60	1.95	1.30	0.65	6.50	0.65	1.30	1.95	2.60	3.25
Throw Quad Loop	4LoTh	4LoTh	PF47	V	3.50	2.80	2.10	1.40	0.70	7.00	0.70	1.40	2.10	2.80	3.50
Throw Quad Loop	4LoThq	4LoThq	PF48	V	3.50	2.80	2.10	1.40	0.70	7.00	0.70	1.40	2.10	2.80	3.50
Throw Quad Flip	4FTh	4FTh	PF49	V	3.75	3.00	2.25	1.50	0.75	7.50	0.75	1.50	2.25	3.00	3.75
Throw Quad Flip	4FThq	4FThq	PF50	V	3.75	3.00	2.25	1.50	0.75	7.50	0.75	1.50	2.25	3.00	3.75

British Ice Skating

LIST OF ELEMENTS - SCALE OF VALUES

Pairs

Element	Abbreviation	Abbr. without Level	Element Sort	Type	+5	+4	+3	+2	+1	Base Value	-1	-2	-3	-4	-5
Throw Quad Lutz	4LzTh	4LzTh	PF51	V	3.75	3.00	2.25	1.50	0.75	7.50	0.75	1.50	2.25	3.00	3.75
Throw Quad Lutz	4LzThq	4LzThq	PF52	V	3.75	3.00	2.25	1.50	0.75	7.50	0.75	1.50	2.25	3.00	3.75
Throw Single Toeloop (under-rotated)	1TTh<	1TTh<	PF53	V	0.42	0.33	0.25	0.17	0.08	0.83	0.08	0.17	0.25	0.33	0.42
Throw Single Salchow (under-rotated)	1STh<	1STh<	PF54	V	0.42	0.33	0.25	0.17	0.08	0.83	0.08	0.17	0.25	0.33	0.42
Throw Single Loop (under-rotated)	1LoTh<	1LoTh<	PF55	V	0.53	0.42	0.32	0.21	0.11	1.05	0.11	0.21	0.32	0.42	0.53
Throw Single Flip (under-rotated)	1FTh<	1FTh<	PF56	V	0.53	0.42	0.32	0.21	0.11	1.05	0.11	0.21	0.32	0.42	0.53
Throw Single Lutz (under-rotated)	1LzTh<	1LzTh<	PF57	V	0.53	0.42	0.32	0.21	0.11	1.05	0.11	0.21	0.32	0.42	0.53
Throw Single Axel (under-rotated)	1ATh<	1ATh<	PF58	V	0.83	0.66	0.50	0.33	0.17	1.65	0.17	0.33	0.50	0.66	0.83
Throw Double Toeloop (under-rotated)	2TTh<	2TTh<	PF59	V	0.94	0.75	0.56	0.38	0.19	1.88	0.19	0.38	0.56	0.75	0.94
Throw Double Salchow (under-rotated)	2STh<	2STh<	PF60	V	0.94	0.75	0.56	0.38	0.19	1.88	0.19	0.38	0.56	0.75	0.94
Throw Double Loop (under-rotated)	2LoTh<	2LoTh<	PF61	V	1.05	0.84	0.63	0.42	0.21	2.10	0.21	0.42	0.63	0.84	1.05
Throw Double Flip (under-rotated)	2FTh<	2FTh<	PF62	V	1.13	0.90	0.68	0.45	0.23	2.25	0.23	0.45	0.68	0.90	1.13
Throw Double Lutz (under-rotated)	2LzTh<	2LzTh<	PF63	V	1.13	0.90	0.68	0.45	0.23	2.25	0.23	0.45	0.68	0.90	1.13
Throw Double Axel (under-rotated)	2ATh<	2ATh<	PF64	V	1.50	1.20	0.90	0.60	0.30	3.00	0.30	0.60	0.90	1.20	1.50
Throw Triple Toeloop (under-rotated)	3TTh<	3TTh<	PF65	V	1.65	1.32	0.99	0.66	0.33	3.30	0.33	0.66	0.99	1.32	1.65
Throw Triple Salchow (under-rotated)	3STh<	3STh<	PF66	V	1.65	1.32	0.99	0.66	0.33	3.30	0.33	0.66	0.99	1.32	1.65
Throw Triple Loop (under-rotated)	3LoTh<	3LoTh<	PF67	V	1.88	1.50	1.13	0.75	0.38	3.75	0.38	0.75	1.13	1.50	1.88
Throw Triple Flip (under-rotated)	3FTh<	3FTh<	PF68	V	1.99	1.59	1.19	0.80	0.40	3.98	0.40	0.80	1.19	1.59	1.99
Throw Triple Lutz (under-rotated)	3LzTh<	3LzTh<	PF69	V	1.99	1.59	1.19	0.80	0.40	3.98	0.40	0.80	1.19	1.59	1.99
Throw Triple Axel (under-rotated)	3ATh<	3ATh<	PF70	V	2.25	1.80	1.35	0.90	0.45	4.50	0.45	0.90	1.35	1.80	2.25
Throw Quad Toeloop (under-rotated)	4TTh<	4TTh<	PF71	V	2.44	1.95	1.46	0.98	0.49	4.88	0.49	0.98	1.46	1.95	2.44
Throw Quad Salchow (under-rotated)	4STh<	4STh<	PF72	V	2.44	1.95	1.46	0.98	0.49	4.88	0.49	0.98	1.46	1.95	2.44
Throw Quad Loop (under-rotated)	4LoTh<	4LoTh<	PF73	V	2.63	2.10	1.58	1.05	0.53	5.25	0.53	1.05	1.58	2.10	2.63
Throw Quad Flip (under-rotated)	4FTh<	4FTh<	PF74	V	2.82	2.25	1.69	1.13	0.56	5.63	0.56	1.13	1.69	2.25	2.82
Throw Quad Lutz (under-rotated)	4LzTh<	4LzTh<	PF75	V	2.82	2.25	1.69	1.13	0.56	5.63	0.56	1.13	1.69	2.25	2.82
Throw Single Toeloop (downgraded)	1TTh<<	1TTh<<	PF76	V	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Throw Single Salchow (downgraded)	1STh<<	1STh<<	PF77	V	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Throw Single Loop (downgraded)	1LoTh<<	1LoTh<<	PF78	V	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Throw Single Flip (downgraded)	1FTh<<	1FTh<<	PF79	V	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Throw Single Lutz (downgraded)	1LzTh<<	1LzTh<<	PF80	V	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Throw Single Axel (downgraded)	1ATh<<	1ATh<<	PF81	V	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Throw Double Toeloop (downgraded)	2TTh<<	2TTh<<	PF82	V	0.55	0.44	0.33	0.22	0.11	1.10	0.11	0.22	0.33	0.44	0.55
Throw Double Salchow (downgraded)	2STh<<	2STh<<	PF83	V	0.55	0.44	0.33	0.22	0.11	1.10	0.11	0.22	0.33	0.44	0.55
Throw Double Loop (downgraded)	2LoTh<<	2LoTh<<	PF84	V	0.70	0.56	0.42	0.28	0.14	1.40	0.14	0.28	0.42	0.56	0.70
Throw Double Flip (downgraded)	2FTh<<	2FTh<<	PF85	V	0.70	0.56	0.42	0.28	0.14	1.40	0.14	0.28	0.42	0.56	0.70
Throw Double Lutz (downgraded)	2LzTh<<	2LzTh<<	PF86	V	0.70	0.56	0.42	0.28	0.14	1.40	0.14	0.28	0.42	0.56	0.70
Throw Double Axel (downgraded)	2ATh<<	2ATh<<	PF87	V	1.10	0.88	0.66	0.44	0.22	2.20	0.22	0.44	0.66	0.88	1.10
Throw Triple Toeloop (downgraded)	3TTh<<	3TTh<<	PF88	V	1.25	1.00	0.75	0.50	0.25	2.50	0.25	0.50	0.75	1.00	1.25
Throw Triple Salchow (downgraded)	3STh<<	3STh<<	PF89	V	1.25	1.00	0.75	0.50	0.25	2.50	0.25	0.50	0.75	1.00	1.25
Throw Triple Loop (downgraded)	3LoTh<<	3LoTh<<	PF90	V	1.40	1.12	0.84	0.56	0.28	2.80	0.28	0.56	0.84	1.12	1.40
Throw Triple Flip (downgraded)	3FTh<<	3FTh<<	PF91	V	1.50	1.20	0.90	0.60	0.30	3.00	0.30	0.60	0.90	1.20	1.50
Throw Triple Lutz (downgraded)	3LzTh<<	3LzTh<<	PF92	V	1.50	1.20	0.90	0.60	0.30	3.00	0.30	0.60	0.90	1.20	1.50

British Ice Skating

LIST OF ELEMENTS - SCALE OF VALUES

Pairs

Element	Abbreviation	Abbr. without Level	Element Sort	Type	+5	+4	+3	+2	+1	Base Value	-1	-2	-3	-4	-5
Throw Triple Axel (downgraded)	3ATh<<	3ATh<<	PF93	V	2.00	1.60	1.20	0.80	0.40	4.00	0.40	0.80	1.20	1.60	2.00
Throw Quad Toeloop (downgraded)	4TTh<<	4TTh<<	PF94	V	2.20	1.76	1.32	0.88	0.44	4.40	0.44	0.88	1.32	1.76	2.20
Throw Quad Salchow (downgraded)	4STh<<	4STh<<	PF95	V	2.20	1.76	1.32	0.88	0.44	4.40	0.44	0.88	1.32	1.76	2.20
Throw Quad Loop (downgraded)	4LoTh<<	4LoTh<<	PF96	V	2.50	2.00	1.50	1.00	0.50	5.00	0.50	1.00	1.50	2.00	2.50
Throw Quad Flip (downgraded)	4FTh<<	4FTh<<	PF97	V	2.65	2.12	1.59	1.06	0.53	5.30	0.53	1.06	1.59	2.12	2.65
Throw Quad Lutz (downgraded)	4LzTh<<	4LzTh<<	PF98	V	2.65	2.12	1.59	1.06	0.53	5.30	0.53	1.06	1.59	2.12	2.65
Forward Inside Death Spiral	FiDs	FiDs	PG09	A	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Forward Inside Death Spiral B	FiDsB	FiDs	PG10	A	1.30	1.04	0.78	0.52	0.26	2.60	0.26	0.52	0.78	1.04	1.30
Forward Inside Death Spiral 1	FiDs1	FiDs	PG11	A	1.45	1.16	0.87	0.58	0.29	2.90	0.29	0.58	0.87	1.16	1.45
Forward Inside Death Spiral 2	FiDs2	FiDs	PG12	A	1.60	1.28	0.96	0.64	0.32	3.20	0.32	0.64	0.96	1.28	1.60
Forward Inside Death Spiral 3	FiDs3	FiDs	PG13	A	1.75	1.40	1.05	0.70	0.35	3.50	0.35	0.70	1.05	1.40	1.75
Forward Inside Death Spiral 4	FiDs4	FiDs	PG14	A	1.90	1.52	1.14	0.76	0.38	3.80	0.38	0.76	1.14	1.52	1.90
Backward Inside Death Spiral	BiDs	BiDs	PG19	A	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Backward Inside Death Spiral B	BiDsB	BiDs	PG20	A	1.40	1.12	0.84	0.56	0.28	2.80	0.28	0.56	0.84	1.12	1.40
Backward Inside Death Spiral 1	BiDs1	BiDs	PG21	A	1.55	1.24	0.93	0.62	0.31	3.10	0.31	0.62	0.93	1.24	1.55
Backward Inside Death Spiral 2	BiDs2	BiDs	PG22	A	1.70	1.36	1.02	0.68	0.34	3.40	0.34	0.68	1.02	1.36	1.70
Backward Inside Death Spiral 3	BiDs3	BiDs	PG23	A	1.85	1.48	1.11	0.74	0.37	3.70	0.37	0.74	1.11	1.48	1.85
Backward Inside Death Spiral 4	BiDs4	BiDs	PG24	A	2.00	1.60	1.20	0.80	0.40	4.00	0.40	0.80	1.20	1.60	2.00
Forward Outside Death Spiral	FoDs	FoDs	PG29	A	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Forward Outside Death Spiral B	FoDsB	FoDs	PG30	A	1.75	1.40	1.05	0.70	0.35	3.50	0.35	0.70	1.05	1.40	1.75
Forward Outside Death Spiral 1	FoDs1	FoDs	PG31	A	1.95	1.56	1.17	0.78	0.39	3.90	0.39	0.78	1.17	1.56	1.95
Forward Outside Death Spiral 2	FoDs2	FoDs	PG32	A	2.15	1.72	1.29	0.86	0.43	4.30	0.43	0.86	1.29	1.72	2.15
Forward Outside Death Spiral 3	FoDs3	FoDs	PG33	A	2.35	1.88	1.41	0.94	0.47	4.70	0.47	0.94	1.41	1.88	2.35
Forward Outside Death Spiral 4	FoDs4	FoDs	PG34	A	2.55	2.04	1.53	1.02	0.51	5.10	0.51	1.02	1.53	2.04	2.55
Backward Outside Death Spiral	BoDs	BoDs	PG39	A	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Backward Outside Death Spiral B	BoDsB	BoDs	PG40	A	1.60	1.28	0.96	0.64	0.32	3.20	0.32	0.64	0.96	1.28	1.60
Backward Outside Death Spiral 1	BoDs1	BoDs	PG41	A	1.80	1.44	1.08	0.72	0.36	3.60	0.36	0.72	1.08	1.44	1.80
Backward Outside Death Spiral 2	BoDs2	BoDs	PG42	A	2.00	1.60	1.20	0.80	0.40	4.00	0.40	0.80	1.20	1.60	2.00
Backward Outside Death Spiral 3	BoDs3	BoDs	PG43	A	2.20	1.76	1.32	0.88	0.44	4.40	0.44	0.88	1.32	1.76	2.20
Backward Outside Death Spiral 4	BoDs4	BoDs	PG44	A	2.40	1.92	1.44	0.96	0.48	4.80	0.48	0.96	1.44	1.92	2.40
Pivot Figure	PiF	PiF	PG50	Y	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Pivot Figure 1	PiF1	PiF	PG51	Y	1.10	0.88	0.66	0.44	0.22	2.20	0.22	0.44	0.66	0.88	1.10
Pair Spin	PSp	PSp	PH09	Q	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Pair Spin B	PSpB	PSp	PH10	Q	0.85	0.68	0.51	0.34	0.17	1.70	0.17	0.34	0.51	0.68	0.85
Pair Spin 1	PSp1	PSp	PH11	Q	1.00	0.80	0.60	0.40	0.20	2.00	0.20	0.40	0.60	0.80	1.00
Pair Spin 2	PSp2	PSp	PH12	Q	1.25	1.00	0.75	0.50	0.25	2.50	0.25	0.50	0.75	1.00	1.25
Pair Spin 3	PSp3	PSp	PH13	Q	1.50	1.20	0.90	0.60	0.30	3.00	0.30	0.60	0.90	1.20	1.50
Pair Spin 4	PSp4	PSp	PH14	Q	1.75	1.40	1.05	0.70	0.35	3.50	0.35	0.70	1.05	1.40	1.75
Pair Combination Spin	PCoSp	PCoSp	PH19	Q	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Pair Combination Spin B	PCoSpB	PCoSp	PH20	Q	1.25	1.00	0.75	0.50	0.25	2.50	0.25	0.50	0.75	1.00	1.25
Pair Combination Spin 1	PCoSp1	PCoSp	PH21	Q	1.50	1.20	0.90	0.60	0.30	3.00	0.30	0.60	0.90	1.20	1.50
Pair Combination Spin 2	PCoSp2	PCoSp	PH22	Q	1.75	1.40	1.05	0.70	0.35	3.50	0.35	0.70	1.05	1.40	1.75

British Ice Skating

LIST OF ELEMENTS - SCALE OF VALUES

Pairs

Element	Abbreviation	Abbr. without Level	Element Sort	Type	+5	+4	+3	+2	+1	Base Value	-1	-2	-3	-4	-5
Pair Combination Spin 3	PCoSp3	PCoSp	PH23	Q	2.00	1.60	1.20	0.80	0.40	4.00	0.40	0.80	1.20	1.60	2.00
Pair Combination Spin 4	PCoSp4	PCoSp	PH24	Q	2.25	1.80	1.35	0.90	0.45	4.50	0.45	0.90	1.35	1.80	2.25
Pair Combination Spin V	PCoSpV	PCoSp	PH37	Q	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Pair Combination Spin B V	PCoSpBV	PCoSp	PH38	Q	0.94	0.75	0.56	0.38	0.19	1.88	0.19	0.38	0.56	0.75	0.94
Pair Combination Spin 1 V	PCoSp1V	PCoSp	PH39	Q	1.13	0.90	0.68	0.45	0.23	2.25	0.23	0.45	0.68	0.90	1.13
Pair Combination Spin 2 V	PCoSp2V	PCoSp	PH40	Q	1.32	1.05	0.79	0.53	0.26	2.63	0.26	0.53	0.79	1.05	1.32
Pair Combination Spin 3 V	PCoSp3V	PCoSp	PH41	Q	1.50	1.20	0.90	0.60	0.30	3.00	0.30	0.60	0.90	1.20	1.50
Pair Combination Spin 4 V	PCoSp4V	PCoSp	PH42	Q	1.69	1.35	1.01	0.68	0.34	3.38	0.34	0.68	1.01	1.35	1.69
COMBO	COMBO	COMBO	PZZ0	J	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
SEQ	SEQ	SEQ	PZZ1	J	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
REP	REP	REP	PZZ2	J	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
to be clarified	TBC	TBC	PZZZ		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00