

British Ice Skating

LIST OF ELEMENTS - SCALE OF VALUES

Pairs

| Element | Abbreviation | Abbr. without Level | Element Sort | Type | +5 | +4 | +3 | +2 | +1 | Base Value | -1 | -2 | -3 | -4 | -5 |
|--------------------|--------------|---------------------|--------------|------|------|------|------|------|------|------------|------|------|------|------|------|
| Toeloop | T | T | PA001 | J | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Salchow | S | S | PA002 | J | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Loop | Lo | Lo | PA003 | J | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Flip | F | F | PA004 | J | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Euler | Eu | Eu | PA005 | J | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Lutz | Lz | Lz | PA006 | J | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Axel | A | A | PA007 | J | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Single Toeloop | 1T | 1T | PA008 | J | 0.20 | 0.16 | 0.12 | 0.08 | 0.04 | 0.40 | 0.04 | 0.08 | 0.12 | 0.16 | 0.20 |
| Single Toeloop | 1Tq | 1Tq | PA009 | J | 0.20 | 0.16 | 0.12 | 0.08 | 0.04 | 0.40 | 0.04 | 0.08 | 0.12 | 0.16 | 0.20 |
| Single Salchow | 1S | 1S | PA010 | J | 0.20 | 0.16 | 0.12 | 0.08 | 0.04 | 0.40 | 0.04 | 0.08 | 0.12 | 0.16 | 0.20 |
| Single Salchow | 1Sq | 1Sq | PA011 | J | 0.20 | 0.16 | 0.12 | 0.08 | 0.04 | 0.40 | 0.04 | 0.08 | 0.12 | 0.16 | 0.20 |
| Single Loop | 1Lo | 1Lo | PA012 | J | 0.25 | 0.20 | 0.15 | 0.10 | 0.05 | 0.50 | 0.05 | 0.10 | 0.15 | 0.20 | 0.25 |
| Single Loop | 1Loq | 1Loq | PA013 | J | 0.25 | 0.20 | 0.15 | 0.10 | 0.05 | 0.50 | 0.05 | 0.10 | 0.15 | 0.20 | 0.25 |
| Single Flip | 1F | 1F | PA014 | J | 0.25 | 0.20 | 0.15 | 0.10 | 0.05 | 0.50 | 0.05 | 0.10 | 0.15 | 0.20 | 0.25 |
| Single Flip | 1Fq | 1Fq | PA015 | J | 0.25 | 0.20 | 0.15 | 0.10 | 0.05 | 0.50 | 0.05 | 0.10 | 0.15 | 0.20 | 0.25 |
| Single Flip | 1F! | 1F! | PA016 | J | 0.25 | 0.20 | 0.15 | 0.10 | 0.05 | 0.50 | 0.05 | 0.10 | 0.15 | 0.20 | 0.25 |
| Single Flip | 1F!q | 1F!q | PA017 | J | 0.25 | 0.20 | 0.15 | 0.10 | 0.05 | 0.50 | 0.05 | 0.10 | 0.15 | 0.20 | 0.25 |
| Single Flip (edge) | 1Fe | 1Fe | PA018 | J | 0.20 | 0.16 | 0.12 | 0.08 | 0.04 | 0.40 | 0.04 | 0.08 | 0.12 | 0.16 | 0.20 |
| Single Flip (edge) | 1Feq | 1Feq | PA019 | J | 0.20 | 0.16 | 0.12 | 0.08 | 0.04 | 0.40 | 0.04 | 0.08 | 0.12 | 0.16 | 0.20 |
| Single Euler | 1Eu | 1Eu | PA020 | J | 0.25 | 0.20 | 0.15 | 0.10 | 0.05 | 0.50 | 0.05 | 0.10 | 0.15 | 0.20 | 0.25 |
| Single Lutz | 1Lz | 1Lz | PA021 | J | 0.30 | 0.24 | 0.18 | 0.12 | 0.06 | 0.60 | 0.06 | 0.12 | 0.18 | 0.24 | 0.30 |
| Single Lutz | 1Lzq | 1Lzq | PA022 | J | 0.30 | 0.24 | 0.18 | 0.12 | 0.06 | 0.60 | 0.06 | 0.12 | 0.18 | 0.24 | 0.30 |
| Single Lutz | 1Lz! | 1Lz! | PA023 | J | 0.30 | 0.24 | 0.18 | 0.12 | 0.06 | 0.60 | 0.06 | 0.12 | 0.18 | 0.24 | 0.30 |
| Single Lutz | 1Lz!q | 1Lz!q | PA024 | J | 0.30 | 0.24 | 0.18 | 0.12 | 0.06 | 0.60 | 0.06 | 0.12 | 0.18 | 0.24 | 0.30 |
| Single Lutz (edge) | 1Lze | 1Lze | PA025 | J | 0.24 | 0.19 | 0.14 | 0.10 | 0.05 | 0.48 | 0.05 | 0.10 | 0.14 | 0.19 | 0.24 |
| Single Lutz (edge) | 1Lzeq | 1Lzeq | PA026 | J | 0.24 | 0.19 | 0.14 | 0.10 | 0.05 | 0.48 | 0.05 | 0.10 | 0.14 | 0.19 | 0.24 |
| Single Axel | 1A | 1A | PA027 | J | 0.55 | 0.44 | 0.33 | 0.22 | 0.11 | 1.10 | 0.11 | 0.22 | 0.33 | 0.44 | 0.55 |
| Single Axel | 1Aq | 1Aq | PA028 | J | 0.55 | 0.44 | 0.33 | 0.22 | 0.11 | 1.10 | 0.11 | 0.22 | 0.33 | 0.44 | 0.55 |
| Double Toeloop | 2T | 2T | PA029 | J | 0.65 | 0.52 | 0.39 | 0.26 | 0.13 | 1.30 | 0.13 | 0.26 | 0.39 | 0.52 | 0.65 |
| Double Toeloop | 2Tq | 2Tq | PA030 | J | 0.65 | 0.52 | 0.39 | 0.26 | 0.13 | 1.30 | 0.13 | 0.26 | 0.39 | 0.52 | 0.65 |
| Double Salchow | 2S | 2S | PA031 | J | 0.65 | 0.52 | 0.39 | 0.26 | 0.13 | 1.30 | 0.13 | 0.26 | 0.39 | 0.52 | 0.65 |
| Double Salchow | 2Sq | 2Sq | PA032 | J | 0.65 | 0.52 | 0.39 | 0.26 | 0.13 | 1.30 | 0.13 | 0.26 | 0.39 | 0.52 | 0.65 |
| Double Loop | 2Lo | 2Lo | PA033 | J | 0.85 | 0.68 | 0.51 | 0.34 | 0.17 | 1.70 | 0.17 | 0.34 | 0.51 | 0.68 | 0.85 |
| Double Loop | 2Loq | 2Loq | PA034 | J | 0.85 | 0.68 | 0.51 | 0.34 | 0.17 | 1.70 | 0.17 | 0.34 | 0.51 | 0.68 | 0.85 |
| Double Flip | 2F | 2F | PA035 | J | 0.90 | 0.72 | 0.54 | 0.36 | 0.18 | 1.80 | 0.18 | 0.36 | 0.54 | 0.72 | 0.90 |
| Double Flip | 2Fq | 2Fq | PA036 | J | 0.90 | 0.72 | 0.54 | 0.36 | 0.18 | 1.80 | 0.18 | 0.36 | 0.54 | 0.72 | 0.90 |
| Double Flip | 2F! | 2F! | PA037 | J | 0.90 | 0.72 | 0.54 | 0.36 | 0.18 | 1.80 | 0.18 | 0.36 | 0.54 | 0.72 | 0.90 |
| Double Flip | 2F!q | 2F!q | PA038 | J | 0.90 | 0.72 | 0.54 | 0.36 | 0.18 | 1.80 | 0.18 | 0.36 | 0.54 | 0.72 | 0.90 |
| Double Flip (edge) | 2Fe | 2Fe | PA039 | J | 0.72 | 0.58 | 0.43 | 0.29 | 0.14 | 1.44 | 0.14 | 0.29 | 0.43 | 0.58 | 0.72 |
| Double Flip (edge) | 2Feq | 2Feq | PA040 | J | 0.72 | 0.58 | 0.43 | 0.29 | 0.14 | 1.44 | 0.14 | 0.29 | 0.43 | 0.58 | 0.72 |
| Double Lutz | 2Lz | 2Lz | PA041 | J | 1.05 | 0.84 | 0.63 | 0.42 | 0.21 | 2.10 | 0.21 | 0.42 | 0.63 | 0.84 | 1.05 |
| Double Lutz | 2Lzq | 2Lzq | PA042 | J | 1.05 | 0.84 | 0.63 | 0.42 | 0.21 | 2.10 | 0.21 | 0.42 | 0.63 | 0.84 | 1.05 |

British Ice Skating

LIST OF ELEMENTS - SCALE OF VALUES

Pairs

| Element | Abbreviation | Abbr. without Level | Element Sort | Type | +5 | +4 | +3 | +2 | +1 | Base Value | -1 | -2 | -3 | -4 | -5 |
|--------------------|--------------|---------------------|--------------|------|------|------|------|------|------|------------|------|------|------|------|------|
| Double Lutz | 2Lz! | 2Lz! | PA043 | J | 1.05 | 0.84 | 0.63 | 0.42 | 0.21 | 2.10 | 0.21 | 0.42 | 0.63 | 0.84 | 1.05 |
| Double Lutz | 2Lz!q | 2Lz!q | PA044 | J | 1.05 | 0.84 | 0.63 | 0.42 | 0.21 | 2.10 | 0.21 | 0.42 | 0.63 | 0.84 | 1.05 |
| Double Lutz (edge) | 2Lze | 2Lze | PA045 | J | 0.84 | 0.67 | 0.50 | 0.34 | 0.17 | 1.68 | 0.17 | 0.34 | 0.50 | 0.67 | 0.84 |
| Double Lutz (edge) | 2Lzeq | 2Lzeq | PA046 | J | 0.84 | 0.67 | 0.50 | 0.34 | 0.17 | 1.68 | 0.17 | 0.34 | 0.50 | 0.67 | 0.84 |
| Double Axel | 2A | 2A | PA047 | J | 1.65 | 1.32 | 0.99 | 0.66 | 0.33 | 3.30 | 0.33 | 0.66 | 0.99 | 1.32 | 1.65 |
| Double Axel | 2Aq | 2Aq | PA048 | J | 1.65 | 1.32 | 0.99 | 0.66 | 0.33 | 3.30 | 0.33 | 0.66 | 0.99 | 1.32 | 1.65 |
| Triple Toeloop | 3T | 3T | PA049 | J | 2.10 | 1.68 | 1.26 | 0.84 | 0.42 | 4.20 | 0.42 | 0.84 | 1.26 | 1.68 | 2.10 |
| Triple Toeloop | 3Tq | 3Tq | PA050 | J | 2.10 | 1.68 | 1.26 | 0.84 | 0.42 | 4.20 | 0.42 | 0.84 | 1.26 | 1.68 | 2.10 |
| Triple Salchow | 3S | 3S | PA051 | J | 2.15 | 1.72 | 1.29 | 0.86 | 0.43 | 4.30 | 0.43 | 0.86 | 1.29 | 1.72 | 2.15 |
| Triple Salchow | 3Sq | 3Sq | PA052 | J | 2.15 | 1.72 | 1.29 | 0.86 | 0.43 | 4.30 | 0.43 | 0.86 | 1.29 | 1.72 | 2.15 |
| Triple Loop | 3Lo | 3Lo | PA053 | J | 2.45 | 1.96 | 1.47 | 0.98 | 0.49 | 4.90 | 0.49 | 0.98 | 1.47 | 1.96 | 2.45 |
| Triple Loop | 3Loq | 3Loq | PA054 | J | 2.45 | 1.96 | 1.47 | 0.98 | 0.49 | 4.90 | 0.49 | 0.98 | 1.47 | 1.96 | 2.45 |
| Triple Flip | 3F | 3F | PA055 | J | 2.65 | 2.12 | 1.59 | 1.06 | 0.53 | 5.30 | 0.53 | 1.06 | 1.59 | 2.12 | 2.65 |
| Triple Flip | 3Fq | 3Fq | PA056 | J | 2.65 | 2.12 | 1.59 | 1.06 | 0.53 | 5.30 | 0.53 | 1.06 | 1.59 | 2.12 | 2.65 |
| Triple Flip | 3F! | 3F! | PA057 | J | 2.65 | 2.12 | 1.59 | 1.06 | 0.53 | 5.30 | 0.53 | 1.06 | 1.59 | 2.12 | 2.65 |
| Triple Flip | 3F!q | 3F!q | PA058 | J | 2.65 | 2.12 | 1.59 | 1.06 | 0.53 | 5.30 | 0.53 | 1.06 | 1.59 | 2.12 | 2.65 |
| Triple Flip (edge) | 3Fe | 3Fe | PA059 | J | 2.12 | 1.70 | 1.27 | 0.85 | 0.42 | 4.24 | 0.42 | 0.85 | 1.27 | 1.70 | 2.12 |
| Triple Flip (edge) | 3Feq | 3Feq | PA060 | J | 2.12 | 1.70 | 1.27 | 0.85 | 0.42 | 4.24 | 0.42 | 0.85 | 1.27 | 1.70 | 2.12 |
| Triple Lutz | 3Lz | 3Lz | PA061 | J | 2.95 | 2.36 | 1.77 | 1.18 | 0.59 | 5.90 | 0.59 | 1.18 | 1.77 | 2.36 | 2.95 |
| Triple Lutz | 3Lzq | 3Lzq | PA062 | J | 2.95 | 2.36 | 1.77 | 1.18 | 0.59 | 5.90 | 0.59 | 1.18 | 1.77 | 2.36 | 2.95 |
| Triple Lutz | 3Lz! | 3Lz! | PA063 | J | 2.95 | 2.36 | 1.77 | 1.18 | 0.59 | 5.90 | 0.59 | 1.18 | 1.77 | 2.36 | 2.95 |
| Triple Lutz | 3Lz!q | 3Lz!q | PA064 | J | 2.95 | 2.36 | 1.77 | 1.18 | 0.59 | 5.90 | 0.59 | 1.18 | 1.77 | 2.36 | 2.95 |
| Triple Lutz (edge) | 3Lze | 3Lze | PA065 | J | 2.36 | 1.89 | 1.42 | 0.94 | 0.47 | 4.72 | 0.47 | 0.94 | 1.42 | 1.89 | 2.36 |
| Triple Lutz (edge) | 3Lzeq | 3Lzeq | PA066 | J | 2.36 | 1.89 | 1.42 | 0.94 | 0.47 | 4.72 | 0.47 | 0.94 | 1.42 | 1.89 | 2.36 |
| Triple Axel | 3A | 3A | PA067 | J | 4.00 | 3.20 | 2.40 | 1.60 | 0.80 | 8.00 | 0.80 | 1.60 | 2.40 | 3.20 | 4.00 |
| Triple Axel | 3Aq | 3Aq | PA068 | J | 4.00 | 3.20 | 2.40 | 1.60 | 0.80 | 8.00 | 0.80 | 1.60 | 2.40 | 3.20 | 4.00 |
| Quad Toeloop | 4T | 4T | PA069 | J | 4.75 | 3.80 | 2.85 | 1.90 | 0.95 | 9.50 | 0.95 | 1.90 | 2.85 | 3.80 | 4.75 |
| Quad Toeloop | 4Tq | 4Tq | PA070 | J | 4.75 | 3.80 | 2.85 | 1.90 | 0.95 | 9.50 | 0.95 | 1.90 | 2.85 | 3.80 | 4.75 |
| Quad Salchow | 4S | 4S | PA071 | J | 4.85 | 3.88 | 2.91 | 1.94 | 0.97 | 9.70 | 0.97 | 1.94 | 2.91 | 3.88 | 4.85 |
| Quad Salchow | 4Sq | 4Sq | PA072 | J | 4.85 | 3.88 | 2.91 | 1.94 | 0.97 | 9.70 | 0.97 | 1.94 | 2.91 | 3.88 | 4.85 |
| Quad Loop | 4Lo | 4Lo | PA073 | J | 5.25 | 4.20 | 3.15 | 2.10 | 1.05 | 10.50 | 1.05 | 2.10 | 3.15 | 4.20 | 5.25 |
| Quad Loop | 4Loq | 4Loq | PA074 | J | 5.25 | 4.20 | 3.15 | 2.10 | 1.05 | 10.50 | 1.05 | 2.10 | 3.15 | 4.20 | 5.25 |
| Quad Flip | 4F | 4F | PA075 | J | 5.50 | 4.40 | 3.30 | 2.20 | 1.10 | 11.00 | 1.10 | 2.20 | 3.30 | 4.40 | 5.50 |
| Quad Flip | 4Fq | 4Fq | PA076 | J | 5.50 | 4.40 | 3.30 | 2.20 | 1.10 | 11.00 | 1.10 | 2.20 | 3.30 | 4.40 | 5.50 |
| Quad Flip | 4F! | 4F! | PA077 | J | 5.50 | 4.40 | 3.30 | 2.20 | 1.10 | 11.00 | 1.10 | 2.20 | 3.30 | 4.40 | 5.50 |
| Quad Flip | 4F!q | 4F!q | PA078 | J | 5.50 | 4.40 | 3.30 | 2.20 | 1.10 | 11.00 | 1.10 | 2.20 | 3.30 | 4.40 | 5.50 |
| Quad Flip (edge) | 4Fe | 4Fe | PA079 | J | 4.40 | 3.52 | 2.64 | 1.76 | 0.88 | 8.80 | 0.88 | 1.76 | 2.64 | 3.52 | 4.40 |
| Quad Flip (edge) | 4Feq | 4Feq | PA080 | J | 4.40 | 3.52 | 2.64 | 1.76 | 0.88 | 8.80 | 0.88 | 1.76 | 2.64 | 3.52 | 4.40 |
| Quad Lutz | 4Lz | 4Lz | PA081 | J | 5.75 | 4.60 | 3.45 | 2.30 | 1.15 | 11.50 | 1.15 | 2.30 | 3.45 | 4.60 | 5.75 |
| Quad Lutz | 4Lzq | 4Lzq | PA082 | J | 5.75 | 4.60 | 3.45 | 2.30 | 1.15 | 11.50 | 1.15 | 2.30 | 3.45 | 4.60 | 5.75 |
| Quad Lutz | 4Lz! | 4Lz! | PA083 | J | 5.75 | 4.60 | 3.45 | 2.30 | 1.15 | 11.50 | 1.15 | 2.30 | 3.45 | 4.60 | 5.75 |
| Quad Lutz | 4Lz!q | 4Lz!q | PA084 | J | 5.75 | 4.60 | 3.45 | 2.30 | 1.15 | 11.50 | 1.15 | 2.30 | 3.45 | 4.60 | 5.75 |

British Ice Skating

LIST OF ELEMENTS - SCALE OF VALUES

Pairs

| Element | Abbreviation | Abbr. without Level | Element Sort | Type | +5 | +4 | +3 | +2 | +1 | Base Value | -1 | -2 | -3 | -4 | -5 |
|----------------------------------|--------------|---------------------|--------------|------|------|------|------|------|------|------------|------|------|------|------|------|
| Quad Lutz (edge) | 4Lze | 4Lze | PA085 | J | 4.60 | 3.68 | 2.76 | 1.84 | 0.92 | 9.20 | 0.92 | 1.84 | 2.76 | 3.68 | 4.60 |
| Quad Lutz (edge) | 4Lzeq | 4Lzeq | PA086 | J | 4.60 | 3.68 | 2.76 | 1.84 | 0.92 | 9.20 | 0.92 | 1.84 | 2.76 | 3.68 | 4.60 |
| Quad Axel | 4A | 4A | PA087 | J | 6.25 | 5.00 | 3.75 | 2.50 | 1.25 | 12.50 | 1.25 | 2.50 | 3.75 | 5.00 | 6.25 |
| Quad Axel | 4Aq | 4Aq | PA088 | J | 6.25 | 5.00 | 3.75 | 2.50 | 1.25 | 12.50 | 1.25 | 2.50 | 3.75 | 5.00 | 6.25 |
| Quint Toeloop | 5T | 5T | PA089 | J | 7.00 | 5.60 | 4.20 | 2.80 | 1.40 | 14.00 | 1.40 | 2.80 | 4.20 | 5.60 | 7.00 |
| Quint Toeloop | 5Tq | 5Tq | PA090 | J | 7.00 | 5.60 | 4.20 | 2.80 | 1.40 | 14.00 | 1.40 | 2.80 | 4.20 | 5.60 | 7.00 |
| Quint Salchow | 5S | 5S | PA091 | J | 7.00 | 5.60 | 4.20 | 2.80 | 1.40 | 14.00 | 1.40 | 2.80 | 4.20 | 5.60 | 7.00 |
| Quint Salchow | 5Sq | 5Sq | PA092 | J | 7.00 | 5.60 | 4.20 | 2.80 | 1.40 | 14.00 | 1.40 | 2.80 | 4.20 | 5.60 | 7.00 |
| Quint Loop | 5Lo | 5Lo | PA093 | J | 7.00 | 5.60 | 4.20 | 2.80 | 1.40 | 14.00 | 1.40 | 2.80 | 4.20 | 5.60 | 7.00 |
| Quint Loop | 5Loq | 5Loq | PA094 | J | 7.00 | 5.60 | 4.20 | 2.80 | 1.40 | 14.00 | 1.40 | 2.80 | 4.20 | 5.60 | 7.00 |
| Quint Flip | 5F | 5F | PA095 | J | 7.00 | 5.60 | 4.20 | 2.80 | 1.40 | 14.00 | 1.40 | 2.80 | 4.20 | 5.60 | 7.00 |
| Quint Flip | 5Fq | 5Fq | PA096 | J | 7.00 | 5.60 | 4.20 | 2.80 | 1.40 | 14.00 | 1.40 | 2.80 | 4.20 | 5.60 | 7.00 |
| Quint Flip | 5F! | 5F! | PA097 | J | 7.00 | 5.60 | 4.20 | 2.80 | 1.40 | 14.00 | 1.40 | 2.80 | 4.20 | 5.60 | 7.00 |
| Quint Flip | 5F!q | 5F!q | PA098 | J | 7.00 | 5.60 | 4.20 | 2.80 | 1.40 | 14.00 | 1.40 | 2.80 | 4.20 | 5.60 | 7.00 |
| Quint Flip (edge) | 5Fe | 5Fe | PA099 | J | 5.60 | 4.48 | 3.36 | 2.24 | 1.12 | 11.20 | 1.12 | 2.24 | 3.36 | 4.48 | 5.60 |
| Quint Flip (edge) | 5Feq | 5Feq | PA100 | J | 5.60 | 4.48 | 3.36 | 2.24 | 1.12 | 11.20 | 1.12 | 2.24 | 3.36 | 4.48 | 5.60 |
| Quint Lutz | 5Lz | 5Lz | PA101 | J | 7.00 | 5.60 | 4.20 | 2.80 | 1.40 | 14.00 | 1.40 | 2.80 | 4.20 | 5.60 | 7.00 |
| Quint Lutz | 5Lzq | 5Lzq | PA102 | J | 7.00 | 5.60 | 4.20 | 2.80 | 1.40 | 14.00 | 1.40 | 2.80 | 4.20 | 5.60 | 7.00 |
| Quint Lutz | 5Lz! | 5Lz! | PA103 | J | 7.00 | 5.60 | 4.20 | 2.80 | 1.40 | 14.00 | 1.40 | 2.80 | 4.20 | 5.60 | 7.00 |
| Quint Lutz | 5Lz!q | 5Lz!q | PA104 | J | 7.00 | 5.60 | 4.20 | 2.80 | 1.40 | 14.00 | 1.40 | 2.80 | 4.20 | 5.60 | 7.00 |
| Quint Lutz (edge) | 5Lze | 5Lze | PA105 | J | 5.60 | 4.48 | 3.36 | 2.24 | 1.12 | 11.20 | 1.12 | 2.24 | 3.36 | 4.48 | 5.60 |
| Quint Lutz (edge) | 5Lzeq | 5Lzeq | PA106 | J | 5.60 | 4.48 | 3.36 | 2.24 | 1.12 | 11.20 | 1.12 | 2.24 | 3.36 | 4.48 | 5.60 |
| Single Toeloop (under-rotated) | 1T< | 1T< | PA107 | J | 0.16 | 0.13 | 0.10 | 0.06 | 0.03 | 0.32 | 0.03 | 0.06 | 0.10 | 0.13 | 0.16 |
| Single Salchow (under-rotated) | 1S< | 1S< | PA108 | J | 0.16 | 0.13 | 0.10 | 0.06 | 0.03 | 0.32 | 0.03 | 0.06 | 0.10 | 0.13 | 0.16 |
| Single Loop (under-rotated) | 1Lo< | 1Lo< | PA109 | J | 0.20 | 0.16 | 0.12 | 0.08 | 0.04 | 0.40 | 0.04 | 0.08 | 0.12 | 0.16 | 0.20 |
| Single Flip (under-rotated) | 1F< | 1F< | PA110 | J | 0.20 | 0.16 | 0.12 | 0.08 | 0.04 | 0.40 | 0.04 | 0.08 | 0.12 | 0.16 | 0.20 |
| Single Flip (under-rotated) | 1F!< | 1F!< | PA111 | J | 0.20 | 0.16 | 0.12 | 0.08 | 0.04 | 0.40 | 0.04 | 0.08 | 0.12 | 0.16 | 0.20 |
| Single Flip (edge under-rotated) | 1Fe< | 1Fe< | PA112 | J | 0.15 | 0.12 | 0.09 | 0.06 | 0.03 | 0.30 | 0.03 | 0.06 | 0.09 | 0.12 | 0.15 |
| Single Lutz (under-rotated) | 1Lz< | 1Lz< | PA113 | J | 0.24 | 0.19 | 0.14 | 0.10 | 0.05 | 0.48 | 0.05 | 0.10 | 0.14 | 0.19 | 0.24 |
| Single Lutz (under-rotated) | 1Lz!< | 1Lz!< | PA114 | J | 0.24 | 0.19 | 0.14 | 0.10 | 0.05 | 0.48 | 0.05 | 0.10 | 0.14 | 0.19 | 0.24 |
| Single Lutz (edge under-rotated) | 1Lze< | 1Lze< | PA115 | J | 0.18 | 0.14 | 0.11 | 0.07 | 0.04 | 0.36 | 0.04 | 0.07 | 0.11 | 0.14 | 0.18 |
| Single Axel (under-rotated) | 1A< | 1A< | PA116 | J | 0.44 | 0.35 | 0.26 | 0.18 | 0.09 | 0.88 | 0.09 | 0.18 | 0.26 | 0.35 | 0.44 |
| Double Toeloop (under-rotated) | 2T< | 2T< | PA117 | J | 0.52 | 0.42 | 0.31 | 0.21 | 0.10 | 1.04 | 0.10 | 0.21 | 0.31 | 0.42 | 0.52 |
| Double Salchow (under-rotated) | 2S< | 2S< | PA118 | J | 0.52 | 0.42 | 0.31 | 0.21 | 0.10 | 1.04 | 0.10 | 0.21 | 0.31 | 0.42 | 0.52 |
| Double Loop (under-rotated) | 2Lo< | 2Lo< | PA119 | J | 0.68 | 0.54 | 0.41 | 0.27 | 0.14 | 1.36 | 0.14 | 0.27 | 0.41 | 0.54 | 0.68 |
| Double Flip (under-rotated) | 2F< | 2F< | PA120 | J | 0.72 | 0.58 | 0.43 | 0.29 | 0.14 | 1.44 | 0.14 | 0.29 | 0.43 | 0.58 | 0.72 |
| Double Flip (under-rotated) | 2F!< | 2F!< | PA121 | J | 0.72 | 0.58 | 0.43 | 0.29 | 0.14 | 1.44 | 0.14 | 0.29 | 0.43 | 0.58 | 0.72 |
| Double Flip (edge under-rotated) | 2Fe< | 2Fe< | PA122 | J | 0.54 | 0.43 | 0.32 | 0.22 | 0.11 | 1.08 | 0.11 | 0.22 | 0.32 | 0.43 | 0.54 |
| Double Lutz (under-rotated) | 2Lz< | 2Lz< | PA123 | J | 0.84 | 0.67 | 0.50 | 0.34 | 0.17 | 1.68 | 0.17 | 0.34 | 0.50 | 0.67 | 0.84 |
| Double Lutz (under-rotated) | 2Lz!< | 2Lz!< | PA124 | J | 0.84 | 0.67 | 0.50 | 0.34 | 0.17 | 1.68 | 0.17 | 0.34 | 0.50 | 0.67 | 0.84 |
| Double Lutz (edge under-rotated) | 2Lze< | 2Lze< | PA125 | J | 0.63 | 0.50 | 0.38 | 0.25 | 0.13 | 1.26 | 0.13 | 0.25 | 0.38 | 0.50 | 0.63 |
| Double Axel (under-rotated) | 2A< | 2A< | PA126 | J | 1.32 | 1.06 | 0.79 | 0.53 | 0.26 | 2.64 | 0.26 | 0.53 | 0.79 | 1.06 | 1.32 |

British Ice Skating

LIST OF ELEMENTS - SCALE OF VALUES

Pairs

| Element | Abbreviation | Abbr. without Level | Element Sort | Type | +5 | +4 | +3 | +2 | +1 | Base Value | -1 | -2 | -3 | -4 | -5 |
|----------------------------------|--------------|---------------------|--------------|------|------|------|------|------|------|------------|------|------|------|------|------|
| Triple Toeloop (under-rotated) | 3T< | 3T< | PA127 | J | 1.68 | 1.34 | 1.01 | 0.67 | 0.34 | 3.36 | 0.34 | 0.67 | 1.01 | 1.34 | 1.68 |
| Triple Salchow (under-rotated) | 3S< | 3S< | PA128 | J | 1.72 | 1.38 | 1.03 | 0.69 | 0.34 | 3.44 | 0.34 | 0.69 | 1.03 | 1.38 | 1.72 |
| Triple Loop (under-rotated) | 3Lo< | 3Lo< | PA129 | J | 1.96 | 1.57 | 1.18 | 0.78 | 0.39 | 3.92 | 0.39 | 0.78 | 1.18 | 1.57 | 1.96 |
| Triple Flip (under-rotated) | 3F< | 3F< | PA130 | J | 2.12 | 1.70 | 1.27 | 0.85 | 0.42 | 4.24 | 0.42 | 0.85 | 1.27 | 1.70 | 2.12 |
| Triple Flip (under-rotated) | 3F!< | 3F!< | PA131 | J | 2.12 | 1.70 | 1.27 | 0.85 | 0.42 | 4.24 | 0.42 | 0.85 | 1.27 | 1.70 | 2.12 |
| Triple Flip (edge under-rotated) | 3Fe< | 3Fe< | PA132 | J | 1.59 | 1.27 | 0.95 | 0.64 | 0.32 | 3.18 | 0.32 | 0.64 | 0.95 | 1.27 | 1.59 |
| Triple Lutz (under-rotated) | 3Lz< | 3Lz< | PA133 | J | 2.36 | 1.89 | 1.42 | 0.94 | 0.47 | 4.72 | 0.47 | 0.94 | 1.42 | 1.89 | 2.36 |
| Triple Lutz (under-rotated) | 3Lz!< | 3Lz!< | PA134 | J | 2.36 | 1.89 | 1.42 | 0.94 | 0.47 | 4.72 | 0.47 | 0.94 | 1.42 | 1.89 | 2.36 |
| Triple Lutz (edge under-rotated) | 3Lze< | 3Lze< | PA135 | J | 1.77 | 1.42 | 1.06 | 0.71 | 0.35 | 3.54 | 0.35 | 0.71 | 1.06 | 1.42 | 1.77 |
| Triple Axel (under-rotated) | 3A< | 3A< | PA136 | J | 3.20 | 2.56 | 1.92 | 1.28 | 0.64 | 6.40 | 0.64 | 1.28 | 1.92 | 2.56 | 3.20 |
| Quad Toeloop (under-rotated) | 4T< | 4T< | PA137 | J | 3.80 | 3.04 | 2.28 | 1.52 | 0.76 | 7.60 | 0.76 | 1.52 | 2.28 | 3.04 | 3.80 |
| Quad Salchow (under-rotated) | 4S< | 4S< | PA138 | J | 3.88 | 3.10 | 2.33 | 1.55 | 0.78 | 7.76 | 0.78 | 1.55 | 2.33 | 3.10 | 3.88 |
| Quad Loop (under-rotated) | 4Lo< | 4Lo< | PA139 | J | 4.20 | 3.36 | 2.52 | 1.68 | 0.84 | 8.40 | 0.84 | 1.68 | 2.52 | 3.36 | 4.20 |
| Quad Flip (under-rotated) | 4F< | 4F< | PA140 | J | 4.40 | 3.52 | 2.64 | 1.76 | 0.88 | 8.80 | 0.88 | 1.76 | 2.64 | 3.52 | 4.40 |
| Quad Flip (under-rotated) | 4F!< | 4F!< | PA141 | J | 4.40 | 3.52 | 2.64 | 1.76 | 0.88 | 8.80 | 0.88 | 1.76 | 2.64 | 3.52 | 4.40 |
| Quad Flip (edge under-rotated) | 4Fe< | 4Fe< | PA142 | J | 3.30 | 2.64 | 1.98 | 1.32 | 0.66 | 6.60 | 0.66 | 1.32 | 1.98 | 2.64 | 3.30 |
| Quad Lutz (under-rotated) | 4Lz< | 4Lz< | PA143 | J | 4.60 | 3.68 | 2.76 | 1.84 | 0.92 | 9.20 | 0.92 | 1.84 | 2.76 | 3.68 | 4.60 |
| Quad Lutz (under-rotated) | 4Lz!< | 4Lz!< | PA144 | J | 4.60 | 3.68 | 2.76 | 1.84 | 0.92 | 9.20 | 0.92 | 1.84 | 2.76 | 3.68 | 4.60 |
| Quad Lutz (edge under-rotated) | 4Lze< | 4Lze< | PA145 | J | 3.45 | 2.76 | 2.07 | 1.38 | 0.69 | 6.90 | 0.69 | 1.38 | 2.07 | 2.76 | 3.45 |
| Quad Axel (under-rotated) | 4A< | 4A< | PA146 | J | 5.00 | 4.00 | 3.00 | 2.00 | 1.00 | 10.00 | 1.00 | 2.00 | 3.00 | 4.00 | 5.00 |
| Quint Toeloop (under-rotated) | 5T< | 5T< | PA147 | J | 5.60 | 4.48 | 3.36 | 2.24 | 1.12 | 11.20 | 1.12 | 2.24 | 3.36 | 4.48 | 5.60 |
| Quint Salchow (under-rotated) | 5S< | 5S< | PA148 | J | 5.60 | 4.48 | 3.36 | 2.24 | 1.12 | 11.20 | 1.12 | 2.24 | 3.36 | 4.48 | 5.60 |
| Quint Loop (under-rotated) | 5Lo< | 5Lo< | PA149 | J | 5.60 | 4.48 | 3.36 | 2.24 | 1.12 | 11.20 | 1.12 | 2.24 | 3.36 | 4.48 | 5.60 |
| Quint Flip (under-rotated) | 5F< | 5F< | PA150 | J | 5.60 | 4.48 | 3.36 | 2.24 | 1.12 | 11.20 | 1.12 | 2.24 | 3.36 | 4.48 | 5.60 |
| Quint Flip (under-rotated) | 5F!< | 5F!< | PA151 | J | 5.60 | 4.48 | 3.36 | 2.24 | 1.12 | 11.20 | 1.12 | 2.24 | 3.36 | 4.48 | 5.60 |
| Quint Flip (edge under-rotated) | 5Fe< | 5Fe< | PA152 | J | 4.20 | 3.36 | 2.52 | 1.68 | 0.84 | 8.40 | 0.84 | 1.68 | 2.52 | 3.36 | 4.20 |
| Quint Lutz (under-rotated) | 5Lz< | 5Lz< | PA153 | J | 5.60 | 4.48 | 3.36 | 2.24 | 1.12 | 11.20 | 1.12 | 2.24 | 3.36 | 4.48 | 5.60 |
| Quint Lutz (under-rotated) | 5Lz!< | 5Lz!< | PA154 | J | 5.60 | 4.48 | 3.36 | 2.24 | 1.12 | 11.20 | 1.12 | 2.24 | 3.36 | 4.48 | 5.60 |
| Quint Lutz (edge under-rotated) | 5Lze< | 5Lze< | PA155 | J | 4.20 | 3.36 | 2.52 | 1.68 | 0.84 | 8.40 | 0.84 | 1.68 | 2.52 | 3.36 | 4.20 |
| Single Toeloop (downgraded) | 1T<< | 1T<< | PA156 | J | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Single Salchow (downgraded) | 1S<< | 1S<< | PA157 | J | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Single Loop (downgraded) | 1Lo<< | 1Lo<< | PA158 | J | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Single Flip (downgraded) | 1F<< | 1F<< | PA159 | J | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Single Flip (downgraded) | 1F!<< | 1F!<< | PA160 | J | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Single Flip (edge downgraded) | 1Fe<< | 1Fe<< | PA161 | J | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Single Euler (downgraded) | 1Eu<< | 1Eu<< | PA162 | J | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Single Lutz (downgraded) | 1Lz<< | 1Lz<< | PA163 | J | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Single Lutz (downgraded) | 1Lz!<< | 1Lz!<< | PA164 | J | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Single Lutz (edge downgraded) | 1Lze<< | 1Lze<< | PA165 | J | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Single Axel (downgraded) | 1A<< | 1A<< | PA166 | J | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Double Toeloop (downgraded) | 2T<< | 2T<< | PA167 | J | 0.20 | 0.16 | 0.12 | 0.08 | 0.04 | 0.40 | 0.04 | 0.08 | 0.12 | 0.16 | 0.20 |
| Double Salchow (downgraded) | 2S<< | 2S<< | PA168 | J | 0.20 | 0.16 | 0.12 | 0.08 | 0.04 | 0.40 | 0.04 | 0.08 | 0.12 | 0.16 | 0.20 |

British Ice Skating

LIST OF ELEMENTS - SCALE OF VALUES

Pairs

| Element | Abbreviation | Abbr. without Level | Element Sort | Type | +5 | +4 | +3 | +2 | +1 | Base Value | -1 | -2 | -3 | -4 | -5 |
|-------------------------------|--------------|---------------------|--------------|------|------|------|------|------|------|------------|------|------|------|------|------|
| Double Loop (downgraded) | 2Lo<< | 2Lo<< | PA169 | J | 0.25 | 0.20 | 0.15 | 0.10 | 0.05 | 0.50 | 0.05 | 0.10 | 0.15 | 0.20 | 0.25 |
| Double Flip (downgraded) | 2F<< | 2F<< | PA170 | J | 0.25 | 0.20 | 0.15 | 0.10 | 0.05 | 0.50 | 0.05 | 0.10 | 0.15 | 0.20 | 0.25 |
| Double Flip (downgraded) | 2F!<< | 2F!<< | PA171 | J | 0.25 | 0.20 | 0.15 | 0.10 | 0.05 | 0.50 | 0.05 | 0.10 | 0.15 | 0.20 | 0.25 |
| Double Flip (edge downgraded) | 2Fe<< | 2Fe<< | PA172 | J | 0.20 | 0.16 | 0.12 | 0.08 | 0.04 | 0.40 | 0.04 | 0.08 | 0.12 | 0.16 | 0.20 |
| Double Lutz (downgraded) | 2Lz<< | 2Lz<< | PA173 | J | 0.30 | 0.24 | 0.18 | 0.12 | 0.06 | 0.60 | 0.06 | 0.12 | 0.18 | 0.24 | 0.30 |
| Double Lutz (downgraded) | 2Lz!<< | 2Lz!<< | PA174 | J | 0.30 | 0.24 | 0.18 | 0.12 | 0.06 | 0.60 | 0.06 | 0.12 | 0.18 | 0.24 | 0.30 |
| Double Lutz (edge downgraded) | 2Lze<< | 2Lze<< | PA175 | J | 0.24 | 0.19 | 0.14 | 0.10 | 0.05 | 0.48 | 0.05 | 0.10 | 0.14 | 0.19 | 0.24 |
| Double Axel (downgraded) | 2A<< | 2A<< | PA176 | J | 0.55 | 0.44 | 0.33 | 0.22 | 0.11 | 1.10 | 0.11 | 0.22 | 0.33 | 0.44 | 0.55 |
| Triple Toeloop (downgraded) | 3T<< | 3T<< | PA177 | J | 0.65 | 0.52 | 0.39 | 0.26 | 0.13 | 1.30 | 0.13 | 0.26 | 0.39 | 0.52 | 0.65 |
| Triple Salchow (downgraded) | 3S<< | 3S<< | PA178 | J | 0.65 | 0.52 | 0.39 | 0.26 | 0.13 | 1.30 | 0.13 | 0.26 | 0.39 | 0.52 | 0.65 |
| Triple Loop (downgraded) | 3Lo<< | 3Lo<< | PA179 | J | 0.85 | 0.68 | 0.51 | 0.34 | 0.17 | 1.70 | 0.17 | 0.34 | 0.51 | 0.68 | 0.85 |
| Triple Flip (downgraded) | 3F<< | 3F<< | PA180 | J | 0.90 | 0.72 | 0.54 | 0.36 | 0.18 | 1.80 | 0.18 | 0.36 | 0.54 | 0.72 | 0.90 |
| Triple Flip (downgraded) | 3F!<< | 3F!<< | PA181 | J | 0.90 | 0.72 | 0.54 | 0.36 | 0.18 | 1.80 | 0.18 | 0.36 | 0.54 | 0.72 | 0.90 |
| Triple Flip (edge downgraded) | 3Fe<< | 3Fe<< | PA182 | J | 0.72 | 0.58 | 0.43 | 0.29 | 0.14 | 1.44 | 0.14 | 0.29 | 0.43 | 0.58 | 0.72 |
| Triple Lutz (downgraded) | 3Lz<< | 3Lz<< | PA183 | J | 1.05 | 0.84 | 0.63 | 0.42 | 0.21 | 2.10 | 0.21 | 0.42 | 0.63 | 0.84 | 1.05 |
| Triple Lutz (downgraded) | 3Lz!<< | 3Lz!<< | PA184 | J | 1.05 | 0.84 | 0.63 | 0.42 | 0.21 | 2.10 | 0.21 | 0.42 | 0.63 | 0.84 | 1.05 |
| Triple Lutz (edge downgraded) | 3Lze<< | 3Lze<< | PA185 | J | 0.84 | 0.67 | 0.50 | 0.34 | 0.17 | 1.68 | 0.17 | 0.34 | 0.50 | 0.67 | 0.84 |
| Triple Axel (downgraded) | 3A<< | 3A<< | PA186 | J | 1.65 | 1.32 | 0.99 | 0.66 | 0.33 | 3.30 | 0.33 | 0.66 | 0.99 | 1.32 | 1.65 |
| Quad Toeloop (downgraded) | 4T<< | 4T<< | PA187 | J | 2.10 | 1.68 | 1.26 | 0.84 | 0.42 | 4.20 | 0.42 | 0.84 | 1.26 | 1.68 | 2.10 |
| Quad Salchow (downgraded) | 4S<< | 4S<< | PA188 | J | 2.15 | 1.72 | 1.29 | 0.86 | 0.43 | 4.30 | 0.43 | 0.86 | 1.29 | 1.72 | 2.15 |
| Quad Loop (downgraded) | 4Lo<< | 4Lo<< | PA189 | J | 2.45 | 1.96 | 1.47 | 0.98 | 0.49 | 4.90 | 0.49 | 0.98 | 1.47 | 1.96 | 2.45 |
| Quad Flip (downgraded) | 4F<< | 4F<< | PA190 | J | 2.65 | 2.12 | 1.59 | 1.06 | 0.53 | 5.30 | 0.53 | 1.06 | 1.59 | 2.12 | 2.65 |
| Quad Flip (downgraded) | 4F!<< | 4F!<< | PA191 | J | 2.65 | 2.12 | 1.59 | 1.06 | 0.53 | 5.30 | 0.53 | 1.06 | 1.59 | 2.12 | 2.65 |
| Quad Flip (edge downgraded) | 4Fe<< | 4Fe<< | PA192 | J | 2.12 | 1.70 | 1.27 | 0.85 | 0.42 | 4.24 | 0.42 | 0.85 | 1.27 | 1.70 | 2.12 |
| Quad Lutz (downgraded) | 4Lz<< | 4Lz<< | PA193 | J | 2.95 | 2.36 | 1.77 | 1.18 | 0.59 | 5.90 | 0.59 | 1.18 | 1.77 | 2.36 | 2.95 |
| Quad Lutz (downgraded) | 4Lz!<< | 4Lz!<< | PA194 | J | 2.95 | 2.36 | 1.77 | 1.18 | 0.59 | 5.90 | 0.59 | 1.18 | 1.77 | 2.36 | 2.95 |
| Quad Lutz (edge downgraded) | 4Lze<< | 4Lze<< | PA195 | J | 2.36 | 1.89 | 1.42 | 0.94 | 0.47 | 4.72 | 0.47 | 0.94 | 1.42 | 1.89 | 2.36 |
| Quad Axel (downgraded) | 4A<< | 4A<< | PA196 | J | 4.00 | 3.20 | 2.40 | 1.60 | 0.80 | 8.00 | 0.80 | 1.60 | 2.40 | 3.20 | 4.00 |
| Quint Toeloop (downgraded) | 5T<< | 5T<< | PA197 | J | 4.75 | 3.80 | 2.85 | 1.90 | 0.95 | 9.50 | 0.95 | 1.90 | 2.85 | 3.80 | 4.75 |
| Quint Salchow (downgraded) | 5S<< | 5S<< | PA198 | J | 4.75 | 3.80 | 2.85 | 1.90 | 0.95 | 9.50 | 0.95 | 1.90 | 2.85 | 3.80 | 4.75 |
| Quint Loop (downgraded) | 5Lo<< | 5Lo<< | PA199 | J | 4.75 | 3.80 | 2.85 | 1.90 | 0.95 | 9.50 | 0.95 | 1.90 | 2.85 | 3.80 | 4.75 |
| Quint Flip (downgraded) | 5F<< | 5F<< | PA200 | J | 4.75 | 3.80 | 2.85 | 1.90 | 0.95 | 9.50 | 0.95 | 1.90 | 2.85 | 3.80 | 4.75 |
| Quint Flip (downgraded) | 5F!<< | 5F!<< | PA201 | J | 4.75 | 3.80 | 2.85 | 1.90 | 0.95 | 9.50 | 0.95 | 1.90 | 2.85 | 3.80 | 4.75 |
| Quint Flip (edge downgraded) | 5Fe<< | 5Fe<< | PA202 | J | 3.80 | 3.04 | 2.28 | 1.52 | 0.76 | 7.60 | 0.76 | 1.52 | 2.28 | 3.04 | 3.80 |
| Quint Lutz (downgraded) | 5Lz<< | 5Lz<< | PA203 | J | 4.75 | 3.80 | 2.85 | 1.90 | 0.95 | 9.50 | 0.95 | 1.90 | 2.85 | 3.80 | 4.75 |
| Quint Lutz (downgraded) | 5Lz!<< | 5Lz!<< | PA204 | J | 4.75 | 3.80 | 2.85 | 1.90 | 0.95 | 9.50 | 0.95 | 1.90 | 2.85 | 3.80 | 4.75 |
| Quint Lutz (edge downgraded) | 5Lze<< | 5Lze<< | PA205 | J | 3.80 | 3.04 | 2.28 | 1.52 | 0.76 | 7.60 | 0.76 | 1.52 | 2.28 | 3.04 | 3.80 |
| Spin | Sp | Sp | PB000 | O | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Fly. Spin | FSp | FSp | PB001 | O | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Upright Spin | USp | USp | PB009 | O | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Upright Spin B | USpB | USp | PB010 | O | 0.50 | 0.40 | 0.30 | 0.20 | 0.10 | 1.00 | 0.10 | 0.20 | 0.30 | 0.40 | 0.50 |
| Upright Spin 1 | USp1 | USp | PB011 | O | 0.60 | 0.48 | 0.36 | 0.24 | 0.12 | 1.20 | 0.12 | 0.24 | 0.36 | 0.48 | 0.60 |

British Ice Skating

LIST OF ELEMENTS - SCALE OF VALUES

Pairs

| Element | Abbreviation | Abbr. without Level | Element Sort | Type | +5 | +4 | +3 | +2 | +1 | Base Value | -1 | -2 | -3 | -4 | -5 |
|---------------------|--------------|---------------------|--------------|------|------|------|------|------|------|------------|------|------|------|------|------|
| Upright Spin 2 | USp2 | USp | PB012 | O | 0.75 | 0.60 | 0.45 | 0.30 | 0.15 | 1.50 | 0.15 | 0.30 | 0.45 | 0.60 | 0.75 |
| Upright Spin 3 | USp3 | USp | PB013 | O | 0.95 | 0.76 | 0.57 | 0.38 | 0.19 | 1.90 | 0.19 | 0.38 | 0.57 | 0.76 | 0.95 |
| Upright Spin 4 | USp4 | USp | PB014 | O | 1.20 | 0.96 | 0.72 | 0.48 | 0.24 | 2.40 | 0.24 | 0.48 | 0.72 | 0.96 | 1.20 |
| Layback Spin | LSp | LSp | PB019 | O | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Layback Spin B | LSpB | LSp | PB020 | O | 0.60 | 0.48 | 0.36 | 0.24 | 0.12 | 1.20 | 0.12 | 0.24 | 0.36 | 0.48 | 0.60 |
| Layback Spin 1 | LSp1 | LSp | PB021 | O | 0.75 | 0.60 | 0.45 | 0.30 | 0.15 | 1.50 | 0.15 | 0.30 | 0.45 | 0.60 | 0.75 |
| Layback Spin 2 | LSp2 | LSp | PB022 | O | 0.95 | 0.76 | 0.57 | 0.38 | 0.19 | 1.90 | 0.19 | 0.38 | 0.57 | 0.76 | 0.95 |
| Layback Spin 3 | LSp3 | LSp | PB023 | O | 1.20 | 0.96 | 0.72 | 0.48 | 0.24 | 2.40 | 0.24 | 0.48 | 0.72 | 0.96 | 1.20 |
| Layback Spin 4 | LSp4 | LSp | PB024 | O | 1.35 | 1.08 | 0.81 | 0.54 | 0.27 | 2.70 | 0.27 | 0.54 | 0.81 | 1.08 | 1.35 |
| Camel Spin | CSp | CSp | PB029 | O | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Camel Spin B | CSpB | CSp | PB030 | O | 0.55 | 0.44 | 0.33 | 0.22 | 0.11 | 1.10 | 0.11 | 0.22 | 0.33 | 0.44 | 0.55 |
| Camel Spin 1 | CSp1 | CSp | PB031 | O | 0.70 | 0.56 | 0.42 | 0.28 | 0.14 | 1.40 | 0.14 | 0.28 | 0.42 | 0.56 | 0.70 |
| Camel Spin 2 | CSp2 | CSp | PB032 | O | 0.90 | 0.72 | 0.54 | 0.36 | 0.18 | 1.80 | 0.18 | 0.36 | 0.54 | 0.72 | 0.90 |
| Camel Spin 3 | CSp3 | CSp | PB033 | O | 1.15 | 0.92 | 0.69 | 0.46 | 0.23 | 2.30 | 0.23 | 0.46 | 0.69 | 0.92 | 1.15 |
| Camel Spin 4 | CSp4 | CSp | PB034 | O | 1.30 | 1.04 | 0.78 | 0.52 | 0.26 | 2.60 | 0.26 | 0.52 | 0.78 | 1.04 | 1.30 |
| Sit Spin | SSp | SSp | PB039 | O | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Sit Spin B | SSpB | SSp | PB040 | O | 0.55 | 0.44 | 0.33 | 0.22 | 0.11 | 1.10 | 0.11 | 0.22 | 0.33 | 0.44 | 0.55 |
| Sit Spin 1 | SSp1 | SSp | PB041 | O | 0.65 | 0.52 | 0.39 | 0.26 | 0.13 | 1.30 | 0.13 | 0.26 | 0.39 | 0.52 | 0.65 |
| Sit Spin 2 | SSp2 | SSp | PB042 | O | 0.80 | 0.64 | 0.48 | 0.32 | 0.16 | 1.60 | 0.16 | 0.32 | 0.48 | 0.64 | 0.80 |
| Sit Spin 3 | SSp3 | SSp | PB043 | O | 1.05 | 0.84 | 0.63 | 0.42 | 0.21 | 2.10 | 0.21 | 0.42 | 0.63 | 0.84 | 1.05 |
| Sit Spin 4 | SSp4 | SSp | PB044 | O | 1.25 | 1.00 | 0.75 | 0.50 | 0.25 | 2.50 | 0.25 | 0.50 | 0.75 | 1.00 | 1.25 |
| Fly. Upright Spin | FUSp | FUSp | PB049 | O | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Fly. Upright Spin B | FUSpB | FUSp | PB050 | O | 0.75 | 0.60 | 0.45 | 0.30 | 0.15 | 1.50 | 0.15 | 0.30 | 0.45 | 0.60 | 0.75 |
| Fly. Upright Spin 1 | FUSp1 | FUSp | PB051 | O | 0.85 | 0.68 | 0.51 | 0.34 | 0.17 | 1.70 | 0.17 | 0.34 | 0.51 | 0.68 | 0.85 |
| Fly. Upright Spin 2 | FUSp2 | FUSp | PB052 | O | 1.00 | 0.80 | 0.60 | 0.40 | 0.20 | 2.00 | 0.20 | 0.40 | 0.60 | 0.80 | 1.00 |
| Fly. Upright Spin 3 | FUSp3 | FUSp | PB053 | O | 1.20 | 0.96 | 0.72 | 0.48 | 0.24 | 2.40 | 0.24 | 0.48 | 0.72 | 0.96 | 1.20 |
| Fly. Upright Spin 4 | FUSp4 | FUSp | PB054 | O | 1.45 | 1.16 | 0.87 | 0.58 | 0.29 | 2.90 | 0.29 | 0.58 | 0.87 | 1.16 | 1.45 |
| Fly. Layback Spin | FLSp | FLSp | PB059 | O | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Fly. Layback Spin B | FLSpB | FLSp | PB060 | O | 0.85 | 0.68 | 0.51 | 0.34 | 0.17 | 1.70 | 0.17 | 0.34 | 0.51 | 0.68 | 0.85 |
| Fly. Layback Spin 1 | FLSp1 | FLSp | PB061 | O | 1.00 | 0.80 | 0.60 | 0.40 | 0.20 | 2.00 | 0.20 | 0.40 | 0.60 | 0.80 | 1.00 |
| Fly. Layback Spin 2 | FLSp2 | FLSp | PB062 | O | 1.20 | 0.96 | 0.72 | 0.48 | 0.24 | 2.40 | 0.24 | 0.48 | 0.72 | 0.96 | 1.20 |
| Fly. Layback Spin 3 | FLSp3 | FLSp | PB063 | O | 1.45 | 1.16 | 0.87 | 0.58 | 0.29 | 2.90 | 0.29 | 0.58 | 0.87 | 1.16 | 1.45 |
| Fly. Layback Spin 4 | FLSp4 | FLSp | PB064 | O | 1.60 | 1.28 | 0.96 | 0.64 | 0.32 | 3.20 | 0.32 | 0.64 | 0.96 | 1.28 | 1.60 |
| Fly. Camel Spin | FCSp | FCSp | PB069 | O | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Fly. Camel Spin B | FCSpB | FCSp | PB070 | O | 0.80 | 0.64 | 0.48 | 0.32 | 0.16 | 1.60 | 0.16 | 0.32 | 0.48 | 0.64 | 0.80 |
| Fly. Camel Spin 1 | FCSp1 | FCSp | PB071 | O | 0.95 | 0.76 | 0.57 | 0.38 | 0.19 | 1.90 | 0.19 | 0.38 | 0.57 | 0.76 | 0.95 |
| Fly. Camel Spin 2 | FCSp2 | FCSp | PB072 | O | 1.15 | 0.92 | 0.69 | 0.46 | 0.23 | 2.30 | 0.23 | 0.46 | 0.69 | 0.92 | 1.15 |
| Fly. Camel Spin 3 | FCSp3 | FCSp | PB073 | O | 1.40 | 1.12 | 0.84 | 0.56 | 0.28 | 2.80 | 0.28 | 0.56 | 0.84 | 1.12 | 1.40 |
| Fly. Camel Spin 4 | FCSp4 | FCSp | PB074 | O | 1.60 | 1.28 | 0.96 | 0.64 | 0.32 | 3.20 | 0.32 | 0.64 | 0.96 | 1.28 | 1.60 |
| Fly. Sit Spin | FSSp | FSSp | PB079 | O | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Fly. Sit Spin B | FSSpB | FSSp | PB080 | O | 0.85 | 0.68 | 0.51 | 0.34 | 0.17 | 1.70 | 0.17 | 0.34 | 0.51 | 0.68 | 0.85 |
| Fly. Sit Spin 1 | FSSp1 | FSSp | PB081 | O | 1.00 | 0.80 | 0.60 | 0.40 | 0.20 | 2.00 | 0.20 | 0.40 | 0.60 | 0.80 | 1.00 |

British Ice Skating

LIST OF ELEMENTS - SCALE OF VALUES

Pairs

| Element | Abbreviation | Abbr. without Level | Element Sort | Type | +5 | +4 | +3 | +2 | +1 | Base Value | -1 | -2 | -3 | -4 | -5 |
|---------------------------------|--------------|---------------------|--------------|------|------|------|------|------|------|------------|------|------|------|------|------|
| Fly. Sit Spin 2 | FSSp2 | FSSp | PB082 | O | 1.15 | 0.92 | 0.69 | 0.46 | 0.23 | 2.30 | 0.23 | 0.46 | 0.69 | 0.92 | 1.15 |
| Fly. Sit Spin 3 | FSSp3 | FSSp | PB083 | O | 1.30 | 1.04 | 0.78 | 0.52 | 0.26 | 2.60 | 0.26 | 0.52 | 0.78 | 1.04 | 1.30 |
| Fly. Sit Spin 4 | FSSp4 | FSSp | PB084 | O | 1.50 | 1.20 | 0.90 | 0.60 | 0.30 | 3.00 | 0.30 | 0.60 | 0.90 | 1.20 | 1.50 |
| Change Foot Upright Spin | CUSp | CUSp | PB089 | O | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Change Foot Upright Spin B | CUSpB | CUSp | PB090 | O | 0.75 | 0.60 | 0.45 | 0.30 | 0.15 | 1.50 | 0.15 | 0.30 | 0.45 | 0.60 | 0.75 |
| Change Foot Upright Spin 1 | CUSp1 | CUSp | PB091 | O | 0.85 | 0.68 | 0.51 | 0.34 | 0.17 | 1.70 | 0.17 | 0.34 | 0.51 | 0.68 | 0.85 |
| Change Foot Upright Spin 2 | CUSp2 | CUSp | PB092 | O | 1.00 | 0.80 | 0.60 | 0.40 | 0.20 | 2.00 | 0.20 | 0.40 | 0.60 | 0.80 | 1.00 |
| Change Foot Upright Spin 3 | CUSp3 | CUSp | PB093 | O | 1.20 | 0.96 | 0.72 | 0.48 | 0.24 | 2.40 | 0.24 | 0.48 | 0.72 | 0.96 | 1.20 |
| Change Foot Upright Spin 4 | CUSp4 | CUSp | PB094 | O | 1.45 | 1.16 | 0.87 | 0.58 | 0.29 | 2.90 | 0.29 | 0.58 | 0.87 | 1.16 | 1.45 |
| Change Foot Layback Spin | CLSp | CLSp | PB099 | O | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Change Foot Layback Spin B | CLSpB | CLSp | PB100 | O | 0.85 | 0.68 | 0.51 | 0.34 | 0.17 | 1.70 | 0.17 | 0.34 | 0.51 | 0.68 | 0.85 |
| Change Foot Layback Spin 1 | CLSp1 | CLSp | PB101 | O | 1.00 | 0.80 | 0.60 | 0.40 | 0.20 | 2.00 | 0.20 | 0.40 | 0.60 | 0.80 | 1.00 |
| Change Foot Layback Spin 2 | CLSp2 | CLSp | PB102 | O | 1.20 | 0.96 | 0.72 | 0.48 | 0.24 | 2.40 | 0.24 | 0.48 | 0.72 | 0.96 | 1.20 |
| Change Foot Layback Spin 3 | CLSp3 | CLSp | PB103 | O | 1.45 | 1.16 | 0.87 | 0.58 | 0.29 | 2.90 | 0.29 | 0.58 | 0.87 | 1.16 | 1.45 |
| Change Foot Layback Spin 4 | CLSp4 | CLSp | PB104 | O | 1.60 | 1.28 | 0.96 | 0.64 | 0.32 | 3.20 | 0.32 | 0.64 | 0.96 | 1.28 | 1.60 |
| Change Foot Camel Spin | CCSp | CCSp | PB109 | O | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Change Foot Camel Spin B | CCSpB | CCSp | PB110 | O | 0.85 | 0.68 | 0.51 | 0.34 | 0.17 | 1.70 | 0.17 | 0.34 | 0.51 | 0.68 | 0.85 |
| Change Foot Camel Spin 1 | CCSp1 | CCSp | PB111 | O | 1.00 | 0.80 | 0.60 | 0.40 | 0.20 | 2.00 | 0.20 | 0.40 | 0.60 | 0.80 | 1.00 |
| Change Foot Camel Spin 2 | CCSp2 | CCSp | PB112 | O | 1.15 | 0.92 | 0.69 | 0.46 | 0.23 | 2.30 | 0.23 | 0.46 | 0.69 | 0.92 | 1.15 |
| Change Foot Camel Spin 3 | CCSp3 | CCSp | PB113 | O | 1.40 | 1.12 | 0.84 | 0.56 | 0.28 | 2.80 | 0.28 | 0.56 | 0.84 | 1.12 | 1.40 |
| Change Foot Camel Spin 4 | CCSp4 | CCSp | PB114 | O | 1.60 | 1.28 | 0.96 | 0.64 | 0.32 | 3.20 | 0.32 | 0.64 | 0.96 | 1.28 | 1.60 |
| Change Foot Sit Spin | CSSp | CSSp | PB119 | O | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Change Foot Sit Spin B | CSSpB | CSSp | PB120 | O | 0.80 | 0.64 | 0.48 | 0.32 | 0.16 | 1.60 | 0.16 | 0.32 | 0.48 | 0.64 | 0.80 |
| Change Foot Sit Spin 1 | CSSp1 | CSSp | PB121 | O | 0.95 | 0.76 | 0.57 | 0.38 | 0.19 | 1.90 | 0.19 | 0.38 | 0.57 | 0.76 | 0.95 |
| Change Foot Sit Spin 2 | CSSp2 | CSSp | PB122 | O | 1.15 | 0.92 | 0.69 | 0.46 | 0.23 | 2.30 | 0.23 | 0.46 | 0.69 | 0.92 | 1.15 |
| Change Foot Sit Spin 3 | CSSp3 | CSSp | PB123 | O | 1.30 | 1.04 | 0.78 | 0.52 | 0.26 | 2.60 | 0.26 | 0.52 | 0.78 | 1.04 | 1.30 |
| Change Foot Sit Spin 4 | CSSp4 | CSSp | PB124 | O | 1.50 | 1.20 | 0.90 | 0.60 | 0.30 | 3.00 | 0.30 | 0.60 | 0.90 | 1.20 | 1.50 |
| Fly. Change Foot Upright Spin | FCUSp | FCUSp | PB129 | O | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Fly. Change Foot Upright Spin B | FCUSpB | FCUSp | PB130 | O | 0.75 | 0.60 | 0.45 | 0.30 | 0.15 | 1.50 | 0.15 | 0.30 | 0.45 | 0.60 | 0.75 |
| Fly. Change Foot Upright Spin 1 | FCUSp1 | FCUSp | PB131 | O | 0.85 | 0.68 | 0.51 | 0.34 | 0.17 | 1.70 | 0.17 | 0.34 | 0.51 | 0.68 | 0.85 |
| Fly. Change Foot Upright Spin 2 | FCUSp2 | FCUSp | PB132 | O | 1.00 | 0.80 | 0.60 | 0.40 | 0.20 | 2.00 | 0.20 | 0.40 | 0.60 | 0.80 | 1.00 |
| Fly. Change Foot Upright Spin 3 | FCUSp3 | FCUSp | PB133 | O | 1.20 | 0.96 | 0.72 | 0.48 | 0.24 | 2.40 | 0.24 | 0.48 | 0.72 | 0.96 | 1.20 |
| Fly. Change Foot Upright Spin 4 | FCUSp4 | FCUSp | PB134 | O | 1.45 | 1.16 | 0.87 | 0.58 | 0.29 | 2.90 | 0.29 | 0.58 | 0.87 | 1.16 | 1.45 |
| Fly. Change Foot Layback Spin | FCLSp | FCLSp | PB139 | O | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Fly. Change Foot Layback Spin B | FCLSpB | FCLSp | PB140 | O | 0.85 | 0.68 | 0.51 | 0.34 | 0.17 | 1.70 | 0.17 | 0.34 | 0.51 | 0.68 | 0.85 |
| Fly. Change Foot Layback Spin 1 | FCLSp1 | FCLSp | PB141 | O | 1.00 | 0.80 | 0.60 | 0.40 | 0.20 | 2.00 | 0.20 | 0.40 | 0.60 | 0.80 | 1.00 |
| Fly. Change Foot Layback Spin 2 | FCLSp2 | FCLSp | PB142 | O | 1.20 | 0.96 | 0.72 | 0.48 | 0.24 | 2.40 | 0.24 | 0.48 | 0.72 | 0.96 | 1.20 |
| Fly. Change Foot Layback Spin 3 | FCLSp3 | FCLSp | PB143 | O | 1.45 | 1.16 | 0.87 | 0.58 | 0.29 | 2.90 | 0.29 | 0.58 | 0.87 | 1.16 | 1.45 |
| Fly. Change Foot Layback Spin 4 | FCLSp4 | FCLSp | PB144 | O | 1.60 | 1.28 | 0.96 | 0.64 | 0.32 | 3.20 | 0.32 | 0.64 | 0.96 | 1.28 | 1.60 |
| Fly. Change Foot Camel Spin | FCCSp | FCCSp | PB149 | O | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Fly. Change Foot Camel Spin B | FCCSpB | FCCSp | PB150 | O | 0.85 | 0.68 | 0.51 | 0.34 | 0.17 | 1.70 | 0.17 | 0.34 | 0.51 | 0.68 | 0.85 |
| Fly. Change Foot Camel Spin 1 | FCCSp1 | FCCSp | PB151 | O | 1.00 | 0.80 | 0.60 | 0.40 | 0.20 | 2.00 | 0.20 | 0.40 | 0.60 | 0.80 | 1.00 |

British Ice Skating

LIST OF ELEMENTS - SCALE OF VALUES

Pairs

| Element | Abbreviation | Abbr. without Level | Element Sort | Type | +5 | +4 | +3 | +2 | +1 | Base Value | -1 | -2 | -3 | -4 | -5 |
|---------------------------------|--------------|---------------------|--------------|------|------|------|------|------|------|------------|------|------|------|------|------|
| Fly. Change Foot Camel Spin 2 | FCCSp2 | FCCSp | PB152 | O | 1.15 | 0.92 | 0.69 | 0.46 | 0.23 | 2.30 | 0.23 | 0.46 | 0.69 | 0.92 | 1.15 |
| Fly. Change Foot Camel Spin 3 | FCCSp3 | FCCSp | PB153 | O | 1.40 | 1.12 | 0.84 | 0.56 | 0.28 | 2.80 | 0.28 | 0.56 | 0.84 | 1.12 | 1.40 |
| Fly. Change Foot Camel Spin 4 | FCCSp4 | FCCSp | PB154 | O | 1.60 | 1.28 | 0.96 | 0.64 | 0.32 | 3.20 | 0.32 | 0.64 | 0.96 | 1.28 | 1.60 |
| Fly. Change Foot Sit Spin | FCSSp | FCSSp | PB159 | O | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Fly. Change Foot Sit Spin B | FCSSpB | FCSSp | PB160 | O | 0.80 | 0.64 | 0.48 | 0.32 | 0.16 | 1.60 | 0.16 | 0.32 | 0.48 | 0.64 | 0.80 |
| Fly. Change Foot Sit Spin 1 | FCSSp1 | FCSSp | PB161 | O | 0.95 | 0.76 | 0.57 | 0.38 | 0.19 | 1.90 | 0.19 | 0.38 | 0.57 | 0.76 | 0.95 |
| Fly. Change Foot Sit Spin 2 | FCSSp2 | FCSSp | PB162 | O | 1.15 | 0.92 | 0.69 | 0.46 | 0.23 | 2.30 | 0.23 | 0.46 | 0.69 | 0.92 | 1.15 |
| Fly. Change Foot Sit Spin 3 | FCSSp3 | FCSSp | PB163 | O | 1.30 | 1.04 | 0.78 | 0.52 | 0.26 | 2.60 | 0.26 | 0.52 | 0.78 | 1.04 | 1.30 |
| Fly. Change Foot Sit Spin 4 | FCSSp4 | FCSSp | PB164 | O | 1.50 | 1.20 | 0.90 | 0.60 | 0.30 | 3.00 | 0.30 | 0.60 | 0.90 | 1.20 | 1.50 |
| Combination Spin | CoSp | CoSp | PB169 | O | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Combination Spin B | CoSpB | CoSp | PB170 | O | 0.75 | 0.60 | 0.45 | 0.30 | 0.15 | 1.50 | 0.15 | 0.30 | 0.45 | 0.60 | 0.75 |
| Combination Spin 1 | CoSp1 | CoSp | PB171 | O | 0.85 | 0.68 | 0.51 | 0.34 | 0.17 | 1.70 | 0.17 | 0.34 | 0.51 | 0.68 | 0.85 |
| Combination Spin 2 | CoSp2 | CoSp | PB172 | O | 1.00 | 0.80 | 0.60 | 0.40 | 0.20 | 2.00 | 0.20 | 0.40 | 0.60 | 0.80 | 1.00 |
| Combination Spin 3 | CoSp3 | CoSp | PB173 | O | 1.25 | 1.00 | 0.75 | 0.50 | 0.25 | 2.50 | 0.25 | 0.50 | 0.75 | 1.00 | 1.25 |
| Combination Spin 4 | CoSp4 | CoSp | PB174 | O | 1.50 | 1.20 | 0.90 | 0.60 | 0.30 | 3.00 | 0.30 | 0.60 | 0.90 | 1.20 | 1.50 |
| Fly. Combination Spin | FCoSp | FCoSp | PB179 | O | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Fly. Combination Spin B | FCoSpB | FCoSp | PB180 | O | 0.75 | 0.60 | 0.45 | 0.30 | 0.15 | 1.50 | 0.15 | 0.30 | 0.45 | 0.60 | 0.75 |
| Fly. Combination Spin 1 | FCoSp1 | FCoSp | PB181 | O | 0.85 | 0.68 | 0.51 | 0.34 | 0.17 | 1.70 | 0.17 | 0.34 | 0.51 | 0.68 | 0.85 |
| Fly. Combination Spin 2 | FCoSp2 | FCoSp | PB182 | O | 1.00 | 0.80 | 0.60 | 0.40 | 0.20 | 2.00 | 0.20 | 0.40 | 0.60 | 0.80 | 1.00 |
| Fly. Combination Spin 3 | FCoSp3 | FCoSp | PB183 | O | 1.25 | 1.00 | 0.75 | 0.50 | 0.25 | 2.50 | 0.25 | 0.50 | 0.75 | 1.00 | 1.25 |
| Fly. Combination Spin 4 | FCoSp4 | FCoSp | PB184 | O | 1.50 | 1.20 | 0.90 | 0.60 | 0.30 | 3.00 | 0.30 | 0.60 | 0.90 | 1.20 | 1.50 |
| Change Foot Comb. Spin | CCoSp | CCoSp | PB189 | O | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Change Foot Comb. Spin B | CCoSpB | CCoSp | PB190 | O | 0.85 | 0.68 | 0.51 | 0.34 | 0.17 | 1.70 | 0.17 | 0.34 | 0.51 | 0.68 | 0.85 |
| Change Foot Comb. Spin 1 | CCoSp1 | CCoSp | PB191 | O | 1.00 | 0.80 | 0.60 | 0.40 | 0.20 | 2.00 | 0.20 | 0.40 | 0.60 | 0.80 | 1.00 |
| Change Foot Comb. Spin 2 | CCoSp2 | CCoSp | PB192 | O | 1.25 | 1.00 | 0.75 | 0.50 | 0.25 | 2.50 | 0.25 | 0.50 | 0.75 | 1.00 | 1.25 |
| Change Foot Comb. Spin 3 | CCoSp3 | CCoSp | PB193 | O | 1.50 | 1.20 | 0.90 | 0.60 | 0.30 | 3.00 | 0.30 | 0.60 | 0.90 | 1.20 | 1.50 |
| Change Foot Comb. Spin 4 | CCoSp4 | CCoSp | PB194 | O | 1.75 | 1.40 | 1.05 | 0.70 | 0.35 | 3.50 | 0.35 | 0.70 | 1.05 | 1.40 | 1.75 |
| Fly. Change Foot Comb. Spin | FCCoSp | FCCoSp | PB199 | O | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Fly. Change Foot Comb. Spin B | FCCoSpB | FCCoSp | PB200 | O | 0.85 | 0.68 | 0.51 | 0.34 | 0.17 | 1.70 | 0.17 | 0.34 | 0.51 | 0.68 | 0.85 |
| Fly. Change Foot Comb. Spin 1 | FCCoSp1 | FCCoSp | PB201 | O | 1.00 | 0.80 | 0.60 | 0.40 | 0.20 | 2.00 | 0.20 | 0.40 | 0.60 | 0.80 | 1.00 |
| Fly. Change Foot Comb. Spin 2 | FCCoSp2 | FCCoSp | PB202 | O | 1.25 | 1.00 | 0.75 | 0.50 | 0.25 | 2.50 | 0.25 | 0.50 | 0.75 | 1.00 | 1.25 |
| Fly. Change Foot Comb. Spin 3 | FCCoSp3 | FCCoSp | PB203 | O | 1.50 | 1.20 | 0.90 | 0.60 | 0.30 | 3.00 | 0.30 | 0.60 | 0.90 | 1.20 | 1.50 |
| Fly. Change Foot Comb. Spin 4 | FCCoSp4 | FCCoSp | PB204 | O | 1.75 | 1.40 | 1.05 | 0.70 | 0.35 | 3.50 | 0.35 | 0.70 | 1.05 | 1.40 | 1.75 |
| Change Foot Comb. Spin V | CCoSpV | CCoSp | PB255 | O | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Change Foot Comb. Spin B V | CCoSpBV | CCoSp | PB256 | O | 0.64 | 0.51 | 0.38 | 0.26 | 0.13 | 1.28 | 0.13 | 0.26 | 0.38 | 0.51 | 0.64 |
| Change Foot Comb. Spin 1 V | CCoSp1V | CCoSp | PB257 | O | 0.75 | 0.60 | 0.45 | 0.30 | 0.15 | 1.50 | 0.15 | 0.30 | 0.45 | 0.60 | 0.75 |
| Change Foot Comb. Spin 2 V | CCoSp2V | CCoSp | PB258 | O | 0.94 | 0.75 | 0.56 | 0.38 | 0.19 | 1.88 | 0.19 | 0.38 | 0.56 | 0.75 | 0.94 |
| Change Foot Comb. Spin 3 V | CCoSp3V | CCoSp | PB259 | O | 1.13 | 0.90 | 0.68 | 0.45 | 0.23 | 2.25 | 0.23 | 0.45 | 0.68 | 0.90 | 1.13 |
| Change Foot Comb. Spin 4 V | CCoSp4V | CCoSp | PB260 | O | 1.32 | 1.05 | 0.79 | 0.53 | 0.26 | 2.63 | 0.26 | 0.53 | 0.79 | 1.05 | 1.32 |
| Fly. Change Foot Comb. Spin V | FCCoSpV | FCCoSp | PB261 | O | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Fly. Change Foot Comb. Spin B V | FCCoSpBV | FCCoSp | PB262 | O | 0.64 | 0.51 | 0.38 | 0.26 | 0.13 | 1.28 | 0.13 | 0.26 | 0.38 | 0.51 | 0.64 |
| Fly. Change Foot Comb. Spin 1 V | FCCoSp1V | FCCoSp | PB263 | O | 0.75 | 0.60 | 0.45 | 0.30 | 0.15 | 1.50 | 0.15 | 0.30 | 0.45 | 0.60 | 0.75 |

British Ice Skating

LIST OF ELEMENTS - SCALE OF VALUES

Pairs

| Element | Abbreviation | Abbr. without Level | Element Sort | Type | +5 | +4 | +3 | +2 | +1 | Base Value | -1 | -2 | -3 | -4 | -5 |
|---------------------------------|--------------|---------------------|--------------|------|------|------|------|------|------|------------|------|------|------|------|------|
| Fly. Change Foot Comb. Spin 2 V | FCCoSp2V | FCCoSp | PB264 | O | 0.94 | 0.75 | 0.56 | 0.38 | 0.19 | 1.88 | 0.19 | 0.38 | 0.56 | 0.75 | 0.94 |
| Fly. Change Foot Comb. Spin 3 V | FCCoSp3V | FCCoSp | PB265 | O | 1.13 | 0.90 | 0.68 | 0.45 | 0.23 | 2.25 | 0.23 | 0.45 | 0.68 | 0.90 | 1.13 |
| Fly. Change Foot Comb. Spin 4 V | FCCoSp4V | FCCoSp | PB266 | O | 1.32 | 1.05 | 0.79 | 0.53 | 0.26 | 2.63 | 0.26 | 0.53 | 0.79 | 1.05 | 1.32 |
| Fly. Upright Spin V | FUSpV | FUSp | PB302 | O | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Fly. Upright Spin B V | FUSpBV | FUSp | PB303 | O | 0.57 | 0.45 | 0.34 | 0.23 | 0.11 | 1.13 | 0.11 | 0.23 | 0.34 | 0.45 | 0.57 |
| Fly. Upright Spin 1 V | FUSp1V | FUSp | PB304 | O | 0.64 | 0.51 | 0.38 | 0.26 | 0.13 | 1.28 | 0.13 | 0.26 | 0.38 | 0.51 | 0.64 |
| Fly. Upright Spin 2 V | FUSp2V | FUSp | PB305 | O | 0.75 | 0.60 | 0.45 | 0.30 | 0.15 | 1.50 | 0.15 | 0.30 | 0.45 | 0.60 | 0.75 |
| Fly. Upright Spin 3 V | FUSp3V | FUSp | PB306 | O | 0.90 | 0.72 | 0.54 | 0.36 | 0.18 | 1.80 | 0.18 | 0.36 | 0.54 | 0.72 | 0.90 |
| Fly. Upright Spin 4 V | FUSp4V | FUSp | PB307 | O | 1.09 | 0.87 | 0.65 | 0.44 | 0.22 | 2.18 | 0.22 | 0.44 | 0.65 | 0.87 | 1.09 |
| Fly. Layback Spin V | FLSpV | FLSp | PB314 | O | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Fly. Layback Spin B V | FLSpBV | FLSp | PB315 | O | 0.64 | 0.51 | 0.38 | 0.26 | 0.13 | 1.28 | 0.13 | 0.26 | 0.38 | 0.51 | 0.64 |
| Fly. Layback Spin 1 V | FLSp1V | FLSp | PB316 | O | 0.75 | 0.60 | 0.45 | 0.30 | 0.15 | 1.50 | 0.15 | 0.30 | 0.45 | 0.60 | 0.75 |
| Fly. Layback Spin 2 V | FLSp2V | FLSp | PB317 | O | 0.90 | 0.72 | 0.54 | 0.36 | 0.18 | 1.80 | 0.18 | 0.36 | 0.54 | 0.72 | 0.90 |
| Fly. Layback Spin 3 V | FLSp3V | FLSp | PB318 | O | 1.09 | 0.87 | 0.65 | 0.44 | 0.22 | 2.18 | 0.22 | 0.44 | 0.65 | 0.87 | 1.09 |
| Fly. Layback Spin 4 V | FLSp4V | FLSp | PB319 | O | 1.20 | 0.96 | 0.72 | 0.48 | 0.24 | 2.40 | 0.24 | 0.48 | 0.72 | 0.96 | 1.20 |
| Fly. Camel Spin V | FCSpV | FCSp | PB326 | O | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Fly. Camel Spin B V | FCSpBV | FCSp | PB327 | O | 0.60 | 0.48 | 0.36 | 0.24 | 0.12 | 1.20 | 0.12 | 0.24 | 0.36 | 0.48 | 0.60 |
| Fly. Camel Spin 1 V | FCSp1V | FCSp | PB328 | O | 0.72 | 0.57 | 0.43 | 0.29 | 0.14 | 1.43 | 0.14 | 0.29 | 0.43 | 0.57 | 0.72 |
| Fly. Camel Spin 2 V | FCSp2V | FCSp | PB329 | O | 0.87 | 0.69 | 0.52 | 0.35 | 0.17 | 1.73 | 0.17 | 0.35 | 0.52 | 0.69 | 0.87 |
| Fly. Camel Spin 3 V | FCSp3V | FCSp | PB330 | O | 1.05 | 0.84 | 0.63 | 0.42 | 0.21 | 2.10 | 0.21 | 0.42 | 0.63 | 0.84 | 1.05 |
| Fly. Camel Spin 4 V | FCSp4V | FCSp | PB331 | O | 1.20 | 0.96 | 0.72 | 0.48 | 0.24 | 2.40 | 0.24 | 0.48 | 0.72 | 0.96 | 1.20 |
| Fly. Sit Spin V | FSSpV | FSSp | PB338 | O | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Fly. Sit Spin B V | FSSpBV | FSSp | PB339 | O | 0.64 | 0.51 | 0.38 | 0.26 | 0.13 | 1.28 | 0.13 | 0.26 | 0.38 | 0.51 | 0.64 |
| Fly. Sit Spin 1 V | FSSp1V | FSSp | PB340 | O | 0.75 | 0.60 | 0.45 | 0.30 | 0.15 | 1.50 | 0.15 | 0.30 | 0.45 | 0.60 | 0.75 |
| Fly. Sit Spin 2 V | FSSp2V | FSSp | PB341 | O | 0.87 | 0.69 | 0.52 | 0.35 | 0.17 | 1.73 | 0.17 | 0.35 | 0.52 | 0.69 | 0.87 |
| Fly. Sit Spin 3 V | FSSp3V | FSSp | PB342 | O | 0.98 | 0.78 | 0.59 | 0.39 | 0.20 | 1.95 | 0.20 | 0.39 | 0.59 | 0.78 | 0.98 |
| Fly. Sit Spin 4 V | FSSp4V | FSSp | PB343 | O | 1.13 | 0.90 | 0.68 | 0.45 | 0.23 | 2.25 | 0.23 | 0.45 | 0.68 | 0.90 | 1.13 |
| Combination Spin V | CoSpV | CoSp | PB350 | O | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Combination Spin B V | CoSpBV | CoSp | PB351 | O | 0.57 | 0.45 | 0.34 | 0.23 | 0.11 | 1.13 | 0.11 | 0.23 | 0.34 | 0.45 | 0.57 |
| Combination Spin 1 V | CoSp1V | CoSp | PB352 | O | 0.64 | 0.51 | 0.38 | 0.26 | 0.13 | 1.28 | 0.13 | 0.26 | 0.38 | 0.51 | 0.64 |
| Combination Spin 2 V | CoSp2V | CoSp | PB353 | O | 0.75 | 0.60 | 0.45 | 0.30 | 0.15 | 1.50 | 0.15 | 0.30 | 0.45 | 0.60 | 0.75 |
| Combination Spin 3 V | CoSp3V | CoSp | PB354 | O | 0.94 | 0.75 | 0.56 | 0.38 | 0.19 | 1.88 | 0.19 | 0.38 | 0.56 | 0.75 | 0.94 |
| Combination Spin 4 V | CoSp4V | CoSp | PB355 | O | 1.13 | 0.90 | 0.68 | 0.45 | 0.23 | 2.25 | 0.23 | 0.45 | 0.68 | 0.90 | 1.13 |
| Fly. Combination Spin V | FCoSpV | FCoSp | PB360 | O | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Fly. Combination Spin B V | FCoSpBV | FCoSp | PB361 | O | 0.57 | 0.45 | 0.34 | 0.23 | 0.11 | 1.13 | 0.11 | 0.23 | 0.34 | 0.45 | 0.57 |
| Fly. Combination Spin 1 V | FCoSp1V | FCoSp | PB362 | O | 0.64 | 0.51 | 0.38 | 0.26 | 0.13 | 1.28 | 0.13 | 0.26 | 0.38 | 0.51 | 0.64 |
| Fly. Combination Spin 2 V | FCoSp2V | FCoSp | PB363 | O | 0.75 | 0.60 | 0.45 | 0.30 | 0.15 | 1.50 | 0.15 | 0.30 | 0.45 | 0.60 | 0.75 |
| Fly. Combination Spin 3 V | FCoSp3V | FCoSp | PB364 | O | 0.94 | 0.75 | 0.56 | 0.38 | 0.19 | 1.88 | 0.19 | 0.38 | 0.56 | 0.75 | 0.94 |
| Fly. Combination Spin 4 V | FCoSp4V | FCoSp | PB365 | O | 1.13 | 0.90 | 0.68 | 0.45 | 0.23 | 2.25 | 0.23 | 0.45 | 0.68 | 0.90 | 1.13 |
| Change Foot Upright Spin V | CUSpV | CUSp | PB366 | O | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Change Foot Upright Spin B V | CUSpBV | CUSp | PB367 | O | 0.57 | 0.45 | 0.34 | 0.23 | 0.11 | 1.13 | 0.11 | 0.23 | 0.34 | 0.45 | 0.57 |
| Change Foot Upright Spin 1 V | CUSp1V | CUSp | PB368 | O | 0.64 | 0.51 | 0.38 | 0.26 | 0.13 | 1.28 | 0.13 | 0.26 | 0.38 | 0.51 | 0.64 |

British Ice Skating

LIST OF ELEMENTS - SCALE OF VALUES

Pairs

| Element | Abbreviation | Abbr. without Level | Element Sort | Type | +5 | +4 | +3 | +2 | +1 | Base Value | -1 | -2 | -3 | -4 | -5 |
|-----------------------------------|--------------|---------------------|--------------|------|------|------|------|------|------|------------|------|------|------|------|------|
| Change Foot Upright Spin 2 V | CUSp2V | CUSp | PB369 | O | 0.75 | 0.60 | 0.45 | 0.30 | 0.15 | 1.50 | 0.15 | 0.30 | 0.45 | 0.60 | 0.75 |
| Change Foot Upright Spin 3 V | CUSp3V | CUSp | PB370 | O | 0.90 | 0.72 | 0.54 | 0.36 | 0.18 | 1.80 | 0.18 | 0.36 | 0.54 | 0.72 | 0.90 |
| Change Foot Upright Spin 4 V | CUSp4V | CUSp | PB371 | O | 1.09 | 0.87 | 0.65 | 0.44 | 0.22 | 2.18 | 0.22 | 0.44 | 0.65 | 0.87 | 1.09 |
| Change Foot Layback Spin V | CLSpV | CLSp | PB372 | O | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Change Foot Layback Spin B V | CLSpBV | CLSp | PB373 | O | 0.64 | 0.51 | 0.38 | 0.26 | 0.13 | 1.28 | 0.13 | 0.26 | 0.38 | 0.51 | 0.64 |
| Change Foot Layback Spin 1 V | CLSp1V | CLSp | PB374 | O | 0.75 | 0.60 | 0.45 | 0.30 | 0.15 | 1.50 | 0.15 | 0.30 | 0.45 | 0.60 | 0.75 |
| Change Foot Layback Spin 2 V | CLSp2V | CLSp | PB375 | O | 0.90 | 0.72 | 0.54 | 0.36 | 0.18 | 1.80 | 0.18 | 0.36 | 0.54 | 0.72 | 0.90 |
| Change Foot Layback Spin 3 V | CLSp3V | CLSp | PB376 | O | 1.09 | 0.87 | 0.65 | 0.44 | 0.22 | 2.18 | 0.22 | 0.44 | 0.65 | 0.87 | 1.09 |
| Change Foot Layback Spin 4 V | CLSp4V | CLSp | PB377 | O | 1.20 | 0.96 | 0.72 | 0.48 | 0.24 | 2.40 | 0.24 | 0.48 | 0.72 | 0.96 | 1.20 |
| Change Foot Camel Spin V | CCSpV | CCSp | PB378 | O | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Change Foot Camel Spin B V | CCSpBV | CCSp | PB379 | O | 0.64 | 0.51 | 0.38 | 0.26 | 0.13 | 1.28 | 0.13 | 0.26 | 0.38 | 0.51 | 0.64 |
| Change Foot Camel Spin 1 V | CCSp1V | CCSp | PB380 | O | 0.75 | 0.60 | 0.45 | 0.30 | 0.15 | 1.50 | 0.15 | 0.30 | 0.45 | 0.60 | 0.75 |
| Change Foot Camel Spin 2 V | CCSp2V | CCSp | PB381 | O | 0.87 | 0.69 | 0.52 | 0.35 | 0.17 | 1.73 | 0.17 | 0.35 | 0.52 | 0.69 | 0.87 |
| Change Foot Camel Spin 3 V | CCSp3V | CCSp | PB382 | O | 1.05 | 0.84 | 0.63 | 0.42 | 0.21 | 2.10 | 0.21 | 0.42 | 0.63 | 0.84 | 1.05 |
| Change Foot Camel Spin 4 V | CCSp4V | CCSp | PB383 | O | 1.20 | 0.96 | 0.72 | 0.48 | 0.24 | 2.40 | 0.24 | 0.48 | 0.72 | 0.96 | 1.20 |
| Change Foot Sit Spin V | CSSpV | CSSp | PB384 | O | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Change Foot Sit Spin B V | CSSpBV | CSSp | PB385 | O | 0.60 | 0.48 | 0.36 | 0.24 | 0.12 | 1.20 | 0.12 | 0.24 | 0.36 | 0.48 | 0.60 |
| Change Foot Sit Spin 1 V | CSSp1V | CSSp | PB386 | O | 0.72 | 0.57 | 0.43 | 0.29 | 0.14 | 1.43 | 0.14 | 0.29 | 0.43 | 0.57 | 0.72 |
| Change Foot Sit Spin 2 V | CSSp2V | CSSp | PB387 | O | 0.87 | 0.69 | 0.52 | 0.35 | 0.17 | 1.73 | 0.17 | 0.35 | 0.52 | 0.69 | 0.87 |
| Change Foot Sit Spin 3 V | CSSp3V | CSSp | PB388 | O | 0.98 | 0.78 | 0.59 | 0.39 | 0.20 | 1.95 | 0.20 | 0.39 | 0.59 | 0.78 | 0.98 |
| Change Foot Sit Spin 4 V | CSSp4V | CSSp | PB389 | O | 1.13 | 0.90 | 0.68 | 0.45 | 0.23 | 2.25 | 0.23 | 0.45 | 0.68 | 0.90 | 1.13 |
| Fly. Change Foot Upright Spin V | FCUSpV | FCUSp | PB390 | O | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Fly. Change Foot Upright Spin B V | FCUSpBV | FCUSp | PB391 | O | 0.57 | 0.45 | 0.34 | 0.23 | 0.11 | 1.13 | 0.11 | 0.23 | 0.34 | 0.45 | 0.57 |
| Fly. Change Foot Upright Spin 1 V | FCUSp1V | FCUSp | PB392 | O | 0.64 | 0.51 | 0.38 | 0.26 | 0.13 | 1.28 | 0.13 | 0.26 | 0.38 | 0.51 | 0.64 |
| Fly. Change Foot Upright Spin 2 V | FCUSp2V | FCUSp | PB393 | O | 0.75 | 0.60 | 0.45 | 0.30 | 0.15 | 1.50 | 0.15 | 0.30 | 0.45 | 0.60 | 0.75 |
| Fly. Change Foot Upright Spin 3 V | FCUSp3V | FCUSp | PB394 | O | 0.90 | 0.72 | 0.54 | 0.36 | 0.18 | 1.80 | 0.18 | 0.36 | 0.54 | 0.72 | 0.90 |
| Fly. Change Foot Upright Spin 4 V | FCUSp4V | FCUSp | PB395 | O | 1.09 | 0.87 | 0.65 | 0.44 | 0.22 | 2.18 | 0.22 | 0.44 | 0.65 | 0.87 | 1.09 |
| Fly. Change Foot Layback Spin V | FCLSpV | FCLSp | PB396 | O | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Fly. Change Foot Layback Spin B V | FCLSpBV | FCLSp | PB397 | O | 0.64 | 0.51 | 0.38 | 0.26 | 0.13 | 1.28 | 0.13 | 0.26 | 0.38 | 0.51 | 0.64 |
| Fly. Change Foot Layback Spin 1 V | FCLSp1V | FCLSp | PB398 | O | 0.75 | 0.60 | 0.45 | 0.30 | 0.15 | 1.50 | 0.15 | 0.30 | 0.45 | 0.60 | 0.75 |
| Fly. Change Foot Layback Spin 2 V | FCLSp2V | FCLSp | PB399 | O | 0.90 | 0.72 | 0.54 | 0.36 | 0.18 | 1.80 | 0.18 | 0.36 | 0.54 | 0.72 | 0.90 |
| Fly. Change Foot Layback Spin 3 V | FCLSp3V | FCLSp | PB400 | O | 1.09 | 0.87 | 0.65 | 0.44 | 0.22 | 2.18 | 0.22 | 0.44 | 0.65 | 0.87 | 1.09 |
| Fly. Change Foot Layback Spin 4 V | FCLSp4V | FCLSp | PB401 | O | 1.20 | 0.96 | 0.72 | 0.48 | 0.24 | 2.40 | 0.24 | 0.48 | 0.72 | 0.96 | 1.20 |
| Fly. Change Foot Camel Spin V | FCCSpV | FCCSp | PB402 | O | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Fly. Change Foot Camel Spin B V | FCCSpBV | FCCSp | PB403 | O | 0.64 | 0.51 | 0.38 | 0.26 | 0.13 | 1.28 | 0.13 | 0.26 | 0.38 | 0.51 | 0.64 |
| Fly. Change Foot Camel Spin 1 V | FCCSp1V | FCCSp | PB404 | O | 0.75 | 0.60 | 0.45 | 0.30 | 0.15 | 1.50 | 0.15 | 0.30 | 0.45 | 0.60 | 0.75 |
| Fly. Change Foot Camel Spin 2 V | FCCSp2V | FCCSp | PB405 | O | 0.87 | 0.69 | 0.52 | 0.35 | 0.17 | 1.73 | 0.17 | 0.35 | 0.52 | 0.69 | 0.87 |
| Fly. Change Foot Camel Spin 3 V | FCCSp3V | FCCSp | PB406 | O | 1.05 | 0.84 | 0.63 | 0.42 | 0.21 | 2.10 | 0.21 | 0.42 | 0.63 | 0.84 | 1.05 |
| Fly. Change Foot Camel Spin 4 V | FCCSp4V | FCCSp | PB407 | O | 1.20 | 0.96 | 0.72 | 0.48 | 0.24 | 2.40 | 0.24 | 0.48 | 0.72 | 0.96 | 1.20 |
| Fly. Change Foot Sit Spin V | FCSSpV | FCSSp | PB408 | O | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Fly. Change Foot Sit Spin B V | FCSSpBV | FCSSp | PB409 | O | 0.60 | 0.48 | 0.36 | 0.24 | 0.12 | 1.20 | 0.12 | 0.24 | 0.36 | 0.48 | 0.60 |
| Fly. Change Foot Sit Spin 1 V | FCSSp1V | FCSSp | PB410 | O | 0.72 | 0.57 | 0.43 | 0.29 | 0.14 | 1.43 | 0.14 | 0.29 | 0.43 | 0.57 | 0.72 |

British Ice Skating

LIST OF ELEMENTS - SCALE OF VALUES

Pairs

| Element | Abbreviation | Abbr. without Level | Element Sort | Type | +5 | +4 | +3 | +2 | +1 | Base Value | -1 | -2 | -3 | -4 | -5 |
|-------------------------------|--------------|---------------------|--------------|------|------|------|------|------|------|------------|------|------|------|------|------|
| Fly. Change Foot Sit Spin 2 V | FCSSp2V | FCSSp | PB411 | O | 0.87 | 0.69 | 0.52 | 0.35 | 0.17 | 1.73 | 0.17 | 0.35 | 0.52 | 0.69 | 0.87 |
| Fly. Change Foot Sit Spin 3 V | FCSSp3V | FCSSp | PB412 | O | 0.98 | 0.78 | 0.59 | 0.39 | 0.20 | 1.95 | 0.20 | 0.39 | 0.59 | 0.78 | 0.98 |
| Fly. Change Foot Sit Spin 4 V | FCSSp4V | FCSSp | PB413 | O | 1.13 | 0.90 | 0.68 | 0.45 | 0.23 | 2.25 | 0.23 | 0.45 | 0.68 | 0.90 | 1.13 |
| Steps | St | St | PC00 | S | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Step Sequence | StSq | StSq | PC09 | S | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Step Sequence B | StSqB | StSq | PC10 | S | 0.75 | 0.60 | 0.45 | 0.30 | 0.15 | 1.50 | 0.15 | 0.30 | 0.45 | 0.60 | 0.75 |
| Step Sequence 1 | StSq1 | StSq | PC11 | S | 0.90 | 0.72 | 0.54 | 0.36 | 0.18 | 1.80 | 0.18 | 0.36 | 0.54 | 0.72 | 0.90 |
| Step Sequence 2 | StSq2 | StSq | PC12 | S | 1.30 | 1.04 | 0.78 | 0.52 | 0.26 | 2.60 | 0.26 | 0.52 | 0.78 | 1.04 | 1.30 |
| Step Sequence 3 | StSq3 | StSq | PC13 | S | 1.65 | 1.32 | 0.99 | 0.66 | 0.33 | 3.30 | 0.33 | 0.66 | 0.99 | 1.32 | 1.65 |
| Step Sequence 4 | StSq4 | StSq | PC14 | S | 1.95 | 1.56 | 1.17 | 0.78 | 0.39 | 3.90 | 0.39 | 0.78 | 1.17 | 1.56 | 1.95 |
| Choreo Sequence | ChSq | ChSq | PC48 | S | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Choreo Sequence 1 | ChSq1 | ChSq | PC49 | S | 2.50 | 2.00 | 1.50 | 1.00 | 0.50 | 3.00 | 0.50 | 1.00 | 1.50 | 2.00 | 2.50 |
| Lift | Li | Li | PD000 | M | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Group 1 Lift | 1Li | 1Li | PD009 | M | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Group 1 Lift B | 1LiB | 1Li | PD010 | M | 0.70 | 0.56 | 0.42 | 0.28 | 0.14 | 1.40 | 0.14 | 0.28 | 0.42 | 0.56 | 0.70 |
| Group 1 Lift 1 | 1Li1 | 1Li | PD011 | M | 0.75 | 0.60 | 0.45 | 0.30 | 0.15 | 1.50 | 0.15 | 0.30 | 0.45 | 0.60 | 0.75 |
| Group 1 Lift 2 | 1Li2 | 1Li | PD012 | M | 0.85 | 0.68 | 0.51 | 0.34 | 0.17 | 1.70 | 0.17 | 0.34 | 0.51 | 0.68 | 0.85 |
| Group 1 Lift 3 | 1Li3 | 1Li | PD013 | M | 0.95 | 0.76 | 0.57 | 0.38 | 0.19 | 1.90 | 0.19 | 0.38 | 0.57 | 0.76 | 0.95 |
| Group 1 Lift 4 | 1Li4 | 1Li | PD014 | M | 1.05 | 0.84 | 0.63 | 0.42 | 0.21 | 2.10 | 0.21 | 0.42 | 0.63 | 0.84 | 1.05 |
| Group 2 Lift | 2Li | 2Li | PD019 | M | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Group 2 Lift B | 2LiB | 2Li | PD020 | M | 0.75 | 0.60 | 0.45 | 0.30 | 0.15 | 1.50 | 0.15 | 0.30 | 0.45 | 0.60 | 0.75 |
| Group 2 Lift 1 | 2Li1 | 2Li | PD021 | M | 0.95 | 0.76 | 0.57 | 0.38 | 0.19 | 1.90 | 0.19 | 0.38 | 0.57 | 0.76 | 0.95 |
| Group 2 Lift 2 | 2Li2 | 2Li | PD022 | M | 1.15 | 0.92 | 0.69 | 0.46 | 0.23 | 2.30 | 0.23 | 0.46 | 0.69 | 0.92 | 1.15 |
| Group 2 Lift 3 | 2Li3 | 2Li | PD023 | M | 1.35 | 1.08 | 0.81 | 0.54 | 0.27 | 2.70 | 0.27 | 0.54 | 0.81 | 1.08 | 1.35 |
| Group 2 Lift 4 | 2Li4 | 2Li | PD024 | M | 1.55 | 1.24 | 0.93 | 0.62 | 0.31 | 3.10 | 0.31 | 0.62 | 0.93 | 1.24 | 1.55 |
| Group 3 Lift | 3Li | 3Li | PD029 | M | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Group 3 Lift B | 3LiB | 3Li | PD030 | M | 1.75 | 1.40 | 1.05 | 0.70 | 0.35 | 3.50 | 0.35 | 0.70 | 1.05 | 1.40 | 1.75 |
| Group 3 Lift 1 | 3Li1 | 3Li | PD031 | M | 1.95 | 1.56 | 1.17 | 0.78 | 0.39 | 3.90 | 0.39 | 0.78 | 1.17 | 1.56 | 1.95 |
| Group 3 Lift 2 | 3Li2 | 3Li | PD032 | M | 2.15 | 1.72 | 1.29 | 0.86 | 0.43 | 4.30 | 0.43 | 0.86 | 1.29 | 1.72 | 2.15 |
| Group 3 Lift 3 | 3Li3 | 3Li | PD033 | M | 2.35 | 1.88 | 1.41 | 0.94 | 0.47 | 4.70 | 0.47 | 0.94 | 1.41 | 1.88 | 2.35 |
| Group 3 Lift 4 | 3Li4 | 3Li | PD034 | M | 2.55 | 2.04 | 1.53 | 1.02 | 0.51 | 5.10 | 0.51 | 1.02 | 1.53 | 2.04 | 2.55 |
| Group 4 Lift | 4Li | 4Li | PD039 | M | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Group 4 Lift B | 4LiB | 4Li | PD040 | M | 1.75 | 1.40 | 1.05 | 0.70 | 0.35 | 3.50 | 0.35 | 0.70 | 1.05 | 1.40 | 1.75 |
| Group 4 Lift 1 | 4Li1 | 4Li | PD041 | M | 1.95 | 1.56 | 1.17 | 0.78 | 0.39 | 3.90 | 0.39 | 0.78 | 1.17 | 1.56 | 1.95 |
| Group 4 Lift 2 | 4Li2 | 4Li | PD042 | M | 2.15 | 1.72 | 1.29 | 0.86 | 0.43 | 4.30 | 0.43 | 0.86 | 1.29 | 1.72 | 2.15 |
| Group 4 Lift 3 | 4Li3 | 4Li | PD043 | M | 2.35 | 1.88 | 1.41 | 0.94 | 0.47 | 4.70 | 0.47 | 0.94 | 1.41 | 1.88 | 2.35 |
| Group 4 Lift 4 | 4Li4 | 4Li | PD044 | M | 2.55 | 2.04 | 1.53 | 1.02 | 0.51 | 5.10 | 0.51 | 1.02 | 1.53 | 2.04 | 2.55 |
| Group 5 Lift | 5Li | 5Li | PD050 | M | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Group 5 Toe Lasso Lift | 5TLi | 5TLi | PD079 | M | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Group 5 Toe Lasso Lift B | 5TLiB | 5TLi | PD080 | M | 2.30 | 1.84 | 1.38 | 0.92 | 0.46 | 4.60 | 0.46 | 0.92 | 1.38 | 1.84 | 2.30 |
| Group 5 Toe Lasso Lift 1 | 5TLi1 | 5TLi | PD081 | M | 2.50 | 2.00 | 1.50 | 1.00 | 0.50 | 5.00 | 0.50 | 1.00 | 1.50 | 2.00 | 2.50 |
| Group 5 Toe Lasso Lift 2 | 5TLi2 | 5TLi | PD082 | M | 2.70 | 2.16 | 1.62 | 1.08 | 0.54 | 5.40 | 0.54 | 1.08 | 1.62 | 2.16 | 2.70 |

British Ice Skating

LIST OF ELEMENTS - SCALE OF VALUES

Pairs

| Element | Abbreviation | Abbr. without Level | Element Sort | Type | +5 | +4 | +3 | +2 | +1 | Base Value | -1 | -2 | -3 | -4 | -5 |
|-------------------------------|--------------|---------------------|--------------|------|------|------|------|------|------|------------|------|------|------|------|------|
| Group 5 Toe Lasso Lift 3 | 5TLi3 | 5TLi | PD083 | M | 2.90 | 2.32 | 1.74 | 1.16 | 0.58 | 5.80 | 0.58 | 1.16 | 1.74 | 2.32 | 2.90 |
| Group 5 Toe Lasso Lift 4 | 5TLi4 | 5TLi | PD084 | M | 3.10 | 2.48 | 1.86 | 1.24 | 0.62 | 6.20 | 0.62 | 1.24 | 1.86 | 2.48 | 3.10 |
| Group 5 Step in Lasso Lift | 5SLi | 5SLi | PD089 | M | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Group 5 Step in Lasso Lift B | 5SLiB | 5SLi | PD090 | M | 2.30 | 1.84 | 1.38 | 0.92 | 0.46 | 4.60 | 0.46 | 0.92 | 1.38 | 1.84 | 2.30 |
| Group 5 Step in Lasso Lift 1 | 5SLi1 | 5SLi | PD091 | M | 2.50 | 2.00 | 1.50 | 1.00 | 0.50 | 5.00 | 0.50 | 1.00 | 1.50 | 2.00 | 2.50 |
| Group 5 Step in Lasso Lift 2 | 5SLi2 | 5SLi | PD092 | M | 2.70 | 2.16 | 1.62 | 1.08 | 0.54 | 5.40 | 0.54 | 1.08 | 1.62 | 2.16 | 2.70 |
| Group 5 Step in Lasso Lift 3 | 5SLi3 | 5SLi | PD093 | M | 2.90 | 2.32 | 1.74 | 1.16 | 0.58 | 5.80 | 0.58 | 1.16 | 1.74 | 2.32 | 2.90 |
| Group 5 Step in Lasso Lift 4 | 5SLi4 | 5SLi | PD094 | M | 3.10 | 2.48 | 1.86 | 1.24 | 0.62 | 6.20 | 0.62 | 1.24 | 1.86 | 2.48 | 3.10 |
| Group 5 Axel Lasso Lift | 5ALi | 5ALi | PD109 | M | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Group 5 Axel Lasso Lift B | 5ALiB | 5ALi | PD110 | M | 2.70 | 2.16 | 1.62 | 1.08 | 0.54 | 5.40 | 0.54 | 1.08 | 1.62 | 2.16 | 2.70 |
| Group 5 Axel Lasso Lift 1 | 5ALi1 | 5ALi | PD111 | M | 2.90 | 2.32 | 1.74 | 1.16 | 0.58 | 5.80 | 0.58 | 1.16 | 1.74 | 2.32 | 2.90 |
| Group 5 Axel Lasso Lift 2 | 5ALi2 | 5ALi | PD112 | M | 3.10 | 2.48 | 1.86 | 1.24 | 0.62 | 6.20 | 0.62 | 1.24 | 1.86 | 2.48 | 3.10 |
| Group 5 Axel Lasso Lift 3 | 5ALi3 | 5ALi | PD113 | M | 3.30 | 2.64 | 1.98 | 1.32 | 0.66 | 6.60 | 0.66 | 1.32 | 1.98 | 2.64 | 3.30 |
| Group 5 Axel Lasso Lift 4 | 5ALi4 | 5ALi | PD114 | M | 3.50 | 2.80 | 2.10 | 1.40 | 0.70 | 7.00 | 0.70 | 1.40 | 2.10 | 2.80 | 3.50 |
| Group 5 Backward Lasso Lift | 5BLi | 5BLi | PD119 | M | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Group 5 Backward Lasso Lift B | 5BLiB | 5BLi | PD120 | M | 2.50 | 2.00 | 1.50 | 1.00 | 0.50 | 5.00 | 0.50 | 1.00 | 1.50 | 2.00 | 2.50 |
| Group 5 Backward Lasso Lift 1 | 5BLi1 | 5BLi | PD121 | M | 2.70 | 2.16 | 1.62 | 1.08 | 0.54 | 5.40 | 0.54 | 1.08 | 1.62 | 2.16 | 2.70 |
| Group 5 Backward Lasso Lift 2 | 5BLi2 | 5BLi | PD122 | M | 2.90 | 2.32 | 1.74 | 1.16 | 0.58 | 5.80 | 0.58 | 1.16 | 1.74 | 2.32 | 2.90 |
| Group 5 Backward Lasso Lift 3 | 5BLi3 | 5BLi | PD123 | M | 3.10 | 2.48 | 1.86 | 1.24 | 0.62 | 6.20 | 0.62 | 1.24 | 1.86 | 2.48 | 3.10 |
| Group 5 Backward Lasso Lift 4 | 5BLi4 | 5BLi | PD124 | M | 3.25 | 2.60 | 1.95 | 1.30 | 0.65 | 6.50 | 0.65 | 1.30 | 1.95 | 2.60 | 3.25 |
| Group 5 Reverse Lasso Lift | 5RLi | 5RLi | PD129 | M | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Group 5 Reverse Lasso Lift B | 5RLiB | 5RLi | PD130 | M | 2.70 | 2.16 | 1.62 | 1.08 | 0.54 | 5.40 | 0.54 | 1.08 | 1.62 | 2.16 | 2.70 |
| Group 5 Reverse Lasso Lift 1 | 5RLi1 | 5RLi | PD131 | M | 2.90 | 2.32 | 1.74 | 1.16 | 0.58 | 5.80 | 0.58 | 1.16 | 1.74 | 2.32 | 2.90 |
| Group 5 Reverse Lasso Lift 2 | 5RLi2 | 5RLi | PD132 | M | 3.10 | 2.48 | 1.86 | 1.24 | 0.62 | 6.20 | 0.62 | 1.24 | 1.86 | 2.48 | 3.10 |
| Group 5 Reverse Lasso Lift 3 | 5RLi3 | 5RLi | PD133 | M | 3.30 | 2.64 | 1.98 | 1.32 | 0.66 | 6.60 | 0.66 | 1.32 | 1.98 | 2.64 | 3.30 |
| Group 5 Reverse Lasso Lift 4 | 5RLi4 | 5RLi | PD134 | M | 3.50 | 2.80 | 2.10 | 1.40 | 0.70 | 7.00 | 0.70 | 1.40 | 2.10 | 2.80 | 3.50 |
| Twist Lift | Tw | Tw | PE000 | N | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Single Twist Lift | 1Tw | 1Tw | PE049 | N | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Single Twist Lift B | 1TwB | 1Tw | PE050 | N | 0.45 | 0.36 | 0.27 | 0.18 | 0.09 | 0.90 | 0.09 | 0.18 | 0.27 | 0.36 | 0.45 |
| Single Twist Lift 1 | 1Tw1 | 1Tw | PE051 | N | 0.55 | 0.44 | 0.33 | 0.22 | 0.11 | 1.10 | 0.11 | 0.22 | 0.33 | 0.44 | 0.55 |
| Single Twist Lift 2 | 1Tw2 | 1Tw | PE052 | N | 0.65 | 0.52 | 0.39 | 0.26 | 0.13 | 1.30 | 0.13 | 0.26 | 0.39 | 0.52 | 0.65 |
| Single Twist Lift 3 | 1Tw3 | 1Tw | PE053 | N | 0.75 | 0.60 | 0.45 | 0.30 | 0.15 | 1.50 | 0.15 | 0.30 | 0.45 | 0.60 | 0.75 |
| Single Twist Lift 4 | 1Tw4 | 1Tw | PE054 | N | 0.85 | 0.68 | 0.51 | 0.34 | 0.17 | 1.70 | 0.17 | 0.34 | 0.51 | 0.68 | 0.85 |
| Double Twist Lift | 2Tw | 2Tw | PE059 | N | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Double Twist Lift B | 2TwB | 2Tw | PE060 | N | 1.30 | 1.04 | 0.78 | 0.52 | 0.26 | 2.60 | 0.26 | 0.52 | 0.78 | 1.04 | 1.30 |
| Double Twist Lift 1 | 2Tw1 | 2Tw | PE061 | N | 1.40 | 1.12 | 0.84 | 0.56 | 0.28 | 2.80 | 0.28 | 0.56 | 0.84 | 1.12 | 1.40 |
| Double Twist Lift 2 | 2Tw2 | 2Tw | PE062 | N | 1.50 | 1.20 | 0.90 | 0.60 | 0.30 | 3.00 | 0.30 | 0.60 | 0.90 | 1.20 | 1.50 |
| Double Twist Lift 3 | 2Tw3 | 2Tw | PE063 | N | 1.60 | 1.28 | 0.96 | 0.64 | 0.32 | 3.20 | 0.32 | 0.64 | 0.96 | 1.28 | 1.60 |
| Double Twist Lift 4 | 2Tw4 | 2Tw | PE064 | N | 1.70 | 1.36 | 1.02 | 0.68 | 0.34 | 3.40 | 0.34 | 0.68 | 1.02 | 1.36 | 1.70 |
| Triple Twist Lift | 3Tw | 3Tw | PE069 | N | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Triple Twist Lift B | 3TwB | 3Tw | PE070 | N | 2.40 | 1.92 | 1.44 | 0.96 | 0.48 | 4.80 | 0.48 | 0.96 | 1.44 | 1.92 | 2.40 |
| Triple Twist Lift 1 | 3Tw1 | 3Tw | PE071 | N | 2.55 | 2.04 | 1.53 | 1.02 | 0.51 | 5.10 | 0.51 | 1.02 | 1.53 | 2.04 | 2.55 |

British Ice Skating

LIST OF ELEMENTS - SCALE OF VALUES

Pairs

| Element | Abbreviation | Abbr. without Level | Element Sort | Type | +5 | +4 | +3 | +2 | +1 | Base Value | -1 | -2 | -3 | -4 | -5 |
|----------------------------------|--------------|---------------------|--------------|------|------|------|------|------|------|------------|------|------|------|------|------|
| Triple Twist Lift 2 | 3Tw2 | 3Tw | PE072 | N | 2.70 | 2.16 | 1.62 | 1.08 | 0.54 | 5.40 | 0.54 | 1.08 | 1.62 | 2.16 | 2.70 |
| Triple Twist Lift 3 | 3Tw3 | 3Tw | PE073 | N | 2.85 | 2.28 | 1.71 | 1.14 | 0.57 | 5.70 | 0.57 | 1.14 | 1.71 | 2.28 | 2.85 |
| Triple Twist Lift 4 | 3Tw4 | 3Tw | PE074 | N | 3.00 | 2.40 | 1.80 | 1.20 | 0.60 | 6.00 | 0.60 | 1.20 | 1.80 | 2.40 | 3.00 |
| Quad Twist Lift | 4Tw | 4Tw | PE079 | N | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Quad Twist Lift B | 4TwB | 4Tw | PE080 | N | 3.20 | 2.56 | 1.92 | 1.28 | 0.64 | 6.40 | 0.64 | 1.28 | 1.92 | 2.56 | 3.20 |
| Quad Twist Lift 1 | 4Tw1 | 4Tw | PE081 | N | 3.40 | 2.72 | 2.04 | 1.36 | 0.68 | 6.80 | 0.68 | 1.36 | 2.04 | 2.72 | 3.40 |
| Quad Twist Lift 2 | 4Tw2 | 4Tw | PE082 | N | 3.60 | 2.88 | 2.16 | 1.44 | 0.72 | 7.20 | 0.72 | 1.44 | 2.16 | 2.88 | 3.60 |
| Quad Twist Lift 3 | 4Tw3 | 4Tw | PE083 | N | 3.80 | 3.04 | 2.28 | 1.52 | 0.76 | 7.60 | 0.76 | 1.52 | 2.28 | 3.04 | 3.80 |
| Quad Twist Lift 4 | 4Tw4 | 4Tw | PE084 | N | 4.00 | 3.20 | 2.40 | 1.60 | 0.80 | 8.00 | 0.80 | 1.60 | 2.40 | 3.20 | 4.00 |
| Twist Lift (downgraded) | Tw<< | Tw<< | PE230 | N | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Single Twist Lift (downgraded) | 1Tw<< | 1Tw<< | PE239 | N | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Single Twist Lift B (downgraded) | 1TwB<< | 1Tw<< | PE240 | N | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Single Twist Lift 1 (downgraded) | 1Tw1<< | 1Tw<< | PE241 | N | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Single Twist Lift 2 (downgraded) | 1Tw2<< | 1Tw<< | PE242 | N | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Single Twist Lift 3 (downgraded) | 1Tw3<< | 1Tw<< | PE243 | N | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Single Twist Lift 4 (downgraded) | 1Tw4<< | 1Tw<< | PE244 | N | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Double Twist Lift (downgraded) | 2Tw<< | 2Tw<< | PE249 | N | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Double Twist Lift B (downgraded) | 2TwB<< | 2Tw<< | PE250 | N | 0.45 | 0.36 | 0.27 | 0.18 | 0.09 | 0.90 | 0.09 | 0.18 | 0.27 | 0.36 | 0.45 |
| Double Twist Lift 1 (downgraded) | 2Tw1<< | 2Tw<< | PE251 | N | 0.55 | 0.44 | 0.33 | 0.22 | 0.11 | 1.10 | 0.11 | 0.22 | 0.33 | 0.44 | 0.55 |
| Double Twist Lift 2 (downgraded) | 2Tw2<< | 2Tw<< | PE252 | N | 0.65 | 0.52 | 0.39 | 0.26 | 0.13 | 1.30 | 0.13 | 0.26 | 0.39 | 0.52 | 0.65 |
| Double Twist Lift 3 (downgraded) | 2Tw3<< | 2Tw<< | PE253 | N | 0.75 | 0.60 | 0.45 | 0.30 | 0.15 | 1.50 | 0.15 | 0.30 | 0.45 | 0.60 | 0.75 |
| Double Twist Lift 4 (downgraded) | 2Tw4<< | 2Tw<< | PE254 | N | 0.85 | 0.68 | 0.51 | 0.34 | 0.17 | 1.70 | 0.17 | 0.34 | 0.51 | 0.68 | 0.85 |
| Triple Twist Lift (downgraded) | 3Tw<< | 3Tw<< | PE259 | N | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Triple Twist Lift B (downgraded) | 3TwB<< | 3Tw<< | PE260 | N | 1.30 | 1.04 | 0.78 | 0.52 | 0.26 | 2.60 | 0.26 | 0.52 | 0.78 | 1.04 | 1.30 |
| Triple Twist Lift 1 (downgraded) | 3Tw1<< | 3Tw<< | PE261 | N | 1.40 | 1.12 | 0.84 | 0.56 | 0.28 | 2.80 | 0.28 | 0.56 | 0.84 | 1.12 | 1.40 |
| Triple Twist Lift 2 (downgraded) | 3Tw2<< | 3Tw<< | PE262 | N | 1.50 | 1.20 | 0.90 | 0.60 | 0.30 | 3.00 | 0.30 | 0.60 | 0.90 | 1.20 | 1.50 |
| Triple Twist Lift 3 (downgraded) | 3Tw3<< | 3Tw<< | PE263 | N | 1.60 | 1.28 | 0.96 | 0.64 | 0.32 | 3.20 | 0.32 | 0.64 | 0.96 | 1.28 | 1.60 |
| Triple Twist Lift 4 (downgraded) | 3Tw4<< | 3Tw<< | PE264 | N | 1.70 | 1.36 | 1.02 | 0.68 | 0.34 | 3.40 | 0.34 | 0.68 | 1.02 | 1.36 | 1.70 |
| Quad Twist Lift (downgraded) | 4Tw<< | 4Tw<< | PE269 | N | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Quad Twist Lift B (downgraded) | 4TwB<< | 4Tw<< | PE270 | N | 2.40 | 1.92 | 1.44 | 0.96 | 0.48 | 4.80 | 0.48 | 0.96 | 1.44 | 1.92 | 2.40 |
| Quad Twist Lift 1 (downgraded) | 4Tw1<< | 4Tw<< | PE271 | N | 2.55 | 2.04 | 1.53 | 1.02 | 0.51 | 5.10 | 0.51 | 1.02 | 1.53 | 2.04 | 2.55 |
| Quad Twist Lift 2 (downgraded) | 4Tw2<< | 4Tw<< | PE272 | N | 2.70 | 2.16 | 1.62 | 1.08 | 0.54 | 5.40 | 0.54 | 1.08 | 1.62 | 2.16 | 2.70 |
| Quad Twist Lift 3 (downgraded) | 4Tw3<< | 4Tw<< | PE273 | N | 2.85 | 2.28 | 1.71 | 1.14 | 0.57 | 5.70 | 0.57 | 1.14 | 1.71 | 2.28 | 2.85 |
| Quad Twist Lift 4 (downgraded) | 4Tw4<< | 4Tw<< | PE274 | N | 3.00 | 2.40 | 1.80 | 1.20 | 0.60 | 6.00 | 0.60 | 1.20 | 1.80 | 2.40 | 3.00 |
| Throw Toeloop | TTh | TTh | PF01 | V | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Throw Salchow | STh | STh | PF02 | V | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Throw Loop | LoTh | LoTh | PF03 | V | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Throw Flip | FTh | FTh | PF04 | V | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Throw Lutz | LzTh | LzTh | PF05 | V | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Throw Axel | ATh | ATh | PF06 | V | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Throw Single Toeloop | 1TTh | 1TTh | PF07 | V | 0.55 | 0.44 | 0.33 | 0.22 | 0.11 | 1.10 | 0.11 | 0.22 | 0.33 | 0.44 | 0.55 |
| Throw Single Toeloop | 1TThq | 1TThq | PF08 | V | 0.55 | 0.44 | 0.33 | 0.22 | 0.11 | 1.10 | 0.11 | 0.22 | 0.33 | 0.44 | 0.55 |

British Ice Skating

LIST OF ELEMENTS - SCALE OF VALUES

Pairs

| Element | Abbreviation | Abbr. without Level | Element Sort | Type | +5 | +4 | +3 | +2 | +1 | Base Value | -1 | -2 | -3 | -4 | -5 |
|----------------------|--------------|---------------------|--------------|------|------|------|------|------|------|------------|------|------|------|------|------|
| Throw Single Salchow | 1STh | 1STh | PF09 | V | 0.55 | 0.44 | 0.33 | 0.22 | 0.11 | 1.10 | 0.11 | 0.22 | 0.33 | 0.44 | 0.55 |
| Throw Single Salchow | 1SThq | 1SThq | PF10 | V | 0.55 | 0.44 | 0.33 | 0.22 | 0.11 | 1.10 | 0.11 | 0.22 | 0.33 | 0.44 | 0.55 |
| Throw Single Loop | 1LoTh | 1LoTh | PF11 | V | 0.70 | 0.56 | 0.42 | 0.28 | 0.14 | 1.40 | 0.14 | 0.28 | 0.42 | 0.56 | 0.70 |
| Throw Single Loop | 1LoThq | 1LoThq | PF12 | V | 0.70 | 0.56 | 0.42 | 0.28 | 0.14 | 1.40 | 0.14 | 0.28 | 0.42 | 0.56 | 0.70 |
| Throw Single Flip | 1FTh | 1FTh | PF13 | V | 0.70 | 0.56 | 0.42 | 0.28 | 0.14 | 1.40 | 0.14 | 0.28 | 0.42 | 0.56 | 0.70 |
| Throw Single Flip | 1FThq | 1FThq | PF14 | V | 0.70 | 0.56 | 0.42 | 0.28 | 0.14 | 1.40 | 0.14 | 0.28 | 0.42 | 0.56 | 0.70 |
| Throw Single Lutz | 1LzTh | 1LzTh | PF15 | V | 0.70 | 0.56 | 0.42 | 0.28 | 0.14 | 1.40 | 0.14 | 0.28 | 0.42 | 0.56 | 0.70 |
| Throw Single Lutz | 1LzThq | 1LzThq | PF16 | V | 0.70 | 0.56 | 0.42 | 0.28 | 0.14 | 1.40 | 0.14 | 0.28 | 0.42 | 0.56 | 0.70 |
| Throw Single Axel | 1ATh | 1ATh | PF17 | V | 1.10 | 0.88 | 0.66 | 0.44 | 0.22 | 2.20 | 0.22 | 0.44 | 0.66 | 0.88 | 1.10 |
| Throw Single Axel | 1AThq | 1AThq | PF18 | V | 1.10 | 0.88 | 0.66 | 0.44 | 0.22 | 2.20 | 0.22 | 0.44 | 0.66 | 0.88 | 1.10 |
| Throw Double Toeloop | 2TTh | 2TTh | PF19 | V | 1.25 | 1.00 | 0.75 | 0.50 | 0.25 | 2.50 | 0.25 | 0.50 | 0.75 | 1.00 | 1.25 |
| Throw Double Toeloop | 2TThq | 2TThq | PF20 | V | 1.25 | 1.00 | 0.75 | 0.50 | 0.25 | 2.50 | 0.25 | 0.50 | 0.75 | 1.00 | 1.25 |
| Throw Double Salchow | 2STh | 2STh | PF21 | V | 1.25 | 1.00 | 0.75 | 0.50 | 0.25 | 2.50 | 0.25 | 0.50 | 0.75 | 1.00 | 1.25 |
| Throw Double Salchow | 2SThq | 2SThq | PF22 | V | 1.25 | 1.00 | 0.75 | 0.50 | 0.25 | 2.50 | 0.25 | 0.50 | 0.75 | 1.00 | 1.25 |
| Throw Double Loop | 2LoTh | 2LoTh | PF23 | V | 1.40 | 1.12 | 0.84 | 0.56 | 0.28 | 2.80 | 0.28 | 0.56 | 0.84 | 1.12 | 1.40 |
| Throw Double Loop | 2LoThq | 2LoThq | PF24 | V | 1.40 | 1.12 | 0.84 | 0.56 | 0.28 | 2.80 | 0.28 | 0.56 | 0.84 | 1.12 | 1.40 |
| Throw Double Flip | 2FTh | 2FTh | PF25 | V | 1.50 | 1.20 | 0.90 | 0.60 | 0.30 | 3.00 | 0.30 | 0.60 | 0.90 | 1.20 | 1.50 |
| Throw Double Flip | 2FThq | 2FThq | PF26 | V | 1.50 | 1.20 | 0.90 | 0.60 | 0.30 | 3.00 | 0.30 | 0.60 | 0.90 | 1.20 | 1.50 |
| Throw Double Lutz | 2LzTh | 2LzTh | PF27 | V | 1.50 | 1.20 | 0.90 | 0.60 | 0.30 | 3.00 | 0.30 | 0.60 | 0.90 | 1.20 | 1.50 |
| Throw Double Lutz | 2LzThq | 2LzThq | PF28 | V | 1.50 | 1.20 | 0.90 | 0.60 | 0.30 | 3.00 | 0.30 | 0.60 | 0.90 | 1.20 | 1.50 |
| Throw Double Axel | 2ATh | 2ATh | PF29 | V | 2.00 | 1.60 | 1.20 | 0.80 | 0.40 | 4.00 | 0.40 | 0.80 | 1.20 | 1.60 | 2.00 |
| Throw Double Axel | 2AThq | 2AThq | PF30 | V | 2.00 | 1.60 | 1.20 | 0.80 | 0.40 | 4.00 | 0.40 | 0.80 | 1.20 | 1.60 | 2.00 |
| Throw Triple Toeloop | 3TTh | 3TTh | PF31 | V | 2.20 | 1.76 | 1.32 | 0.88 | 0.44 | 4.40 | 0.44 | 0.88 | 1.32 | 1.76 | 2.20 |
| Throw Triple Toeloop | 3TThq | 3TThq | PF32 | V | 2.20 | 1.76 | 1.32 | 0.88 | 0.44 | 4.40 | 0.44 | 0.88 | 1.32 | 1.76 | 2.20 |
| Throw Triple Salchow | 3STh | 3STh | PF33 | V | 2.20 | 1.76 | 1.32 | 0.88 | 0.44 | 4.40 | 0.44 | 0.88 | 1.32 | 1.76 | 2.20 |
| Throw Triple Salchow | 3SThq | 3SThq | PF34 | V | 2.20 | 1.76 | 1.32 | 0.88 | 0.44 | 4.40 | 0.44 | 0.88 | 1.32 | 1.76 | 2.20 |
| Throw Triple Loop | 3LoTh | 3LoTh | PF35 | V | 2.50 | 2.00 | 1.50 | 1.00 | 0.50 | 5.00 | 0.50 | 1.00 | 1.50 | 2.00 | 2.50 |
| Throw Triple Loop | 3LoThq | 3LoThq | PF36 | V | 2.50 | 2.00 | 1.50 | 1.00 | 0.50 | 5.00 | 0.50 | 1.00 | 1.50 | 2.00 | 2.50 |
| Throw Triple Flip | 3FTh | 3FTh | PF37 | V | 2.65 | 2.12 | 1.59 | 1.06 | 0.53 | 5.30 | 0.53 | 1.06 | 1.59 | 2.12 | 2.65 |
| Throw Triple Flip | 3FThq | 3FThq | PF38 | V | 2.65 | 2.12 | 1.59 | 1.06 | 0.53 | 5.30 | 0.53 | 1.06 | 1.59 | 2.12 | 2.65 |
| Throw Triple Lutz | 3LzTh | 3LzTh | PF39 | V | 2.65 | 2.12 | 1.59 | 1.06 | 0.53 | 5.30 | 0.53 | 1.06 | 1.59 | 2.12 | 2.65 |
| Throw Triple Lutz | 3LzThq | 3LzThq | PF40 | V | 2.65 | 2.12 | 1.59 | 1.06 | 0.53 | 5.30 | 0.53 | 1.06 | 1.59 | 2.12 | 2.65 |
| Throw Triple Axel | 3ATh | 3ATh | PF41 | V | 3.00 | 2.40 | 1.80 | 1.20 | 0.60 | 6.00 | 0.60 | 1.20 | 1.80 | 2.40 | 3.00 |
| Throw Triple Axel | 3AThq | 3AThq | PF42 | V | 3.00 | 2.40 | 1.80 | 1.20 | 0.60 | 6.00 | 0.60 | 1.20 | 1.80 | 2.40 | 3.00 |
| Throw Quad Toeloop | 4TTh | 4TTh | PF43 | V | 3.25 | 2.60 | 1.95 | 1.30 | 0.65 | 6.50 | 0.65 | 1.30 | 1.95 | 2.60 | 3.25 |
| Throw Quad Toeloop | 4TThq | 4TThq | PF44 | V | 3.25 | 2.60 | 1.95 | 1.30 | 0.65 | 6.50 | 0.65 | 1.30 | 1.95 | 2.60 | 3.25 |
| Throw Quad Salchow | 4STh | 4STh | PF45 | V | 3.25 | 2.60 | 1.95 | 1.30 | 0.65 | 6.50 | 0.65 | 1.30 | 1.95 | 2.60 | 3.25 |
| Throw Quad Salchow | 4SThq | 4SThq | PF46 | V | 3.25 | 2.60 | 1.95 | 1.30 | 0.65 | 6.50 | 0.65 | 1.30 | 1.95 | 2.60 | 3.25 |
| Throw Quad Loop | 4LoTh | 4LoTh | PF47 | V | 3.50 | 2.80 | 2.10 | 1.40 | 0.70 | 7.00 | 0.70 | 1.40 | 2.10 | 2.80 | 3.50 |
| Throw Quad Loop | 4LoThq | 4LoThq | PF48 | V | 3.50 | 2.80 | 2.10 | 1.40 | 0.70 | 7.00 | 0.70 | 1.40 | 2.10 | 2.80 | 3.50 |
| Throw Quad Flip | 4FTh | 4FTh | PF49 | V | 3.75 | 3.00 | 2.25 | 1.50 | 0.75 | 7.50 | 0.75 | 1.50 | 2.25 | 3.00 | 3.75 |
| Throw Quad Flip | 4FThq | 4FThq | PF50 | V | 3.75 | 3.00 | 2.25 | 1.50 | 0.75 | 7.50 | 0.75 | 1.50 | 2.25 | 3.00 | 3.75 |

British Ice Skating

LIST OF ELEMENTS - SCALE OF VALUES

Pairs

| Element | Abbreviation | Abbr. without Level | Element Sort | Type | +5 | +4 | +3 | +2 | +1 | Base Value | -1 | -2 | -3 | -4 | -5 |
|--------------------------------------|--------------|---------------------|--------------|------|------|------|------|------|------|------------|------|------|------|------|------|
| Throw Quad Lutz | 4LzTh | 4LzTh | PF51 | V | 3.75 | 3.00 | 2.25 | 1.50 | 0.75 | 7.50 | 0.75 | 1.50 | 2.25 | 3.00 | 3.75 |
| Throw Quad Lutz | 4LzThq | 4LzThq | PF52 | V | 3.75 | 3.00 | 2.25 | 1.50 | 0.75 | 7.50 | 0.75 | 1.50 | 2.25 | 3.00 | 3.75 |
| Throw Single Toeloop (under-rotated) | 1TTh< | 1TTh< | PF53 | V | 0.42 | 0.33 | 0.25 | 0.17 | 0.08 | 0.83 | 0.08 | 0.17 | 0.25 | 0.33 | 0.42 |
| Throw Single Salchow (under-rotated) | 1STh< | 1STh< | PF54 | V | 0.42 | 0.33 | 0.25 | 0.17 | 0.08 | 0.83 | 0.08 | 0.17 | 0.25 | 0.33 | 0.42 |
| Throw Single Loop (under-rotated) | 1LoTh< | 1LoTh< | PF55 | V | 0.53 | 0.42 | 0.32 | 0.21 | 0.11 | 1.05 | 0.11 | 0.21 | 0.32 | 0.42 | 0.53 |
| Throw Single Flip (under-rotated) | 1FTh< | 1FTh< | PF56 | V | 0.53 | 0.42 | 0.32 | 0.21 | 0.11 | 1.05 | 0.11 | 0.21 | 0.32 | 0.42 | 0.53 |
| Throw Single Lutz (under-rotated) | 1LzTh< | 1LzTh< | PF57 | V | 0.53 | 0.42 | 0.32 | 0.21 | 0.11 | 1.05 | 0.11 | 0.21 | 0.32 | 0.42 | 0.53 |
| Throw Single Axel (under-rotated) | 1ATh< | 1ATh< | PF58 | V | 0.83 | 0.66 | 0.50 | 0.33 | 0.17 | 1.65 | 0.17 | 0.33 | 0.50 | 0.66 | 0.83 |
| Throw Double Toeloop (under-rotated) | 2TTh< | 2TTh< | PF59 | V | 0.94 | 0.75 | 0.56 | 0.38 | 0.19 | 1.88 | 0.19 | 0.38 | 0.56 | 0.75 | 0.94 |
| Throw Double Salchow (under-rotated) | 2STh< | 2STh< | PF60 | V | 0.94 | 0.75 | 0.56 | 0.38 | 0.19 | 1.88 | 0.19 | 0.38 | 0.56 | 0.75 | 0.94 |
| Throw Double Loop (under-rotated) | 2LoTh< | 2LoTh< | PF61 | V | 1.05 | 0.84 | 0.63 | 0.42 | 0.21 | 2.10 | 0.21 | 0.42 | 0.63 | 0.84 | 1.05 |
| Throw Double Flip (under-rotated) | 2FTh< | 2FTh< | PF62 | V | 1.13 | 0.90 | 0.68 | 0.45 | 0.23 | 2.25 | 0.23 | 0.45 | 0.68 | 0.90 | 1.13 |
| Throw Double Lutz (under-rotated) | 2LzTh< | 2LzTh< | PF63 | V | 1.13 | 0.90 | 0.68 | 0.45 | 0.23 | 2.25 | 0.23 | 0.45 | 0.68 | 0.90 | 1.13 |
| Throw Double Axel (under-rotated) | 2ATh< | 2ATh< | PF64 | V | 1.50 | 1.20 | 0.90 | 0.60 | 0.30 | 3.00 | 0.30 | 0.60 | 0.90 | 1.20 | 1.50 |
| Throw Triple Toeloop (under-rotated) | 3TTh< | 3TTh< | PF65 | V | 1.65 | 1.32 | 0.99 | 0.66 | 0.33 | 3.30 | 0.33 | 0.66 | 0.99 | 1.32 | 1.65 |
| Throw Triple Salchow (under-rotated) | 3STh< | 3STh< | PF66 | V | 1.65 | 1.32 | 0.99 | 0.66 | 0.33 | 3.30 | 0.33 | 0.66 | 0.99 | 1.32 | 1.65 |
| Throw Triple Loop (under-rotated) | 3LoTh< | 3LoTh< | PF67 | V | 1.88 | 1.50 | 1.13 | 0.75 | 0.38 | 3.75 | 0.38 | 0.75 | 1.13 | 1.50 | 1.88 |
| Throw Triple Flip (under-rotated) | 3FTh< | 3FTh< | PF68 | V | 1.99 | 1.59 | 1.19 | 0.80 | 0.40 | 3.98 | 0.40 | 0.80 | 1.19 | 1.59 | 1.99 |
| Throw Triple Lutz (under-rotated) | 3LzTh< | 3LzTh< | PF69 | V | 1.99 | 1.59 | 1.19 | 0.80 | 0.40 | 3.98 | 0.40 | 0.80 | 1.19 | 1.59 | 1.99 |
| Throw Triple Axel (under-rotated) | 3ATh< | 3ATh< | PF70 | V | 2.25 | 1.80 | 1.35 | 0.90 | 0.45 | 4.50 | 0.45 | 0.90 | 1.35 | 1.80 | 2.25 |
| Throw Quad Toeloop (under-rotated) | 4TTh< | 4TTh< | PF71 | V | 2.44 | 1.95 | 1.46 | 0.98 | 0.49 | 4.88 | 0.49 | 0.98 | 1.46 | 1.95 | 2.44 |
| Throw Quad Salchow (under-rotated) | 4STh< | 4STh< | PF72 | V | 2.44 | 1.95 | 1.46 | 0.98 | 0.49 | 4.88 | 0.49 | 0.98 | 1.46 | 1.95 | 2.44 |
| Throw Quad Loop (under-rotated) | 4LoTh< | 4LoTh< | PF73 | V | 2.63 | 2.10 | 1.58 | 1.05 | 0.53 | 5.25 | 0.53 | 1.05 | 1.58 | 2.10 | 2.63 |
| Throw Quad Flip (under-rotated) | 4FTh< | 4FTh< | PF74 | V | 2.82 | 2.25 | 1.69 | 1.13 | 0.56 | 5.63 | 0.56 | 1.13 | 1.69 | 2.25 | 2.82 |
| Throw Quad Lutz (under-rotated) | 4LzTh< | 4LzTh< | PF75 | V | 2.82 | 2.25 | 1.69 | 1.13 | 0.56 | 5.63 | 0.56 | 1.13 | 1.69 | 2.25 | 2.82 |
| Throw Single Toeloop (downgraded) | 1TTh<< | 1TTh<< | PF76 | V | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Throw Single Salchow (downgraded) | 1STh<< | 1STh<< | PF77 | V | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Throw Single Loop (downgraded) | 1LoTh<< | 1LoTh<< | PF78 | V | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Throw Single Flip (downgraded) | 1FTh<< | 1FTh<< | PF79 | V | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Throw Single Lutz (downgraded) | 1LzTh<< | 1LzTh<< | PF80 | V | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Throw Single Axel (downgraded) | 1ATh<< | 1ATh<< | PF81 | V | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Throw Double Toeloop (downgraded) | 2TTh<< | 2TTh<< | PF82 | V | 0.55 | 0.44 | 0.33 | 0.22 | 0.11 | 1.10 | 0.11 | 0.22 | 0.33 | 0.44 | 0.55 |
| Throw Double Salchow (downgraded) | 2STh<< | 2STh<< | PF83 | V | 0.55 | 0.44 | 0.33 | 0.22 | 0.11 | 1.10 | 0.11 | 0.22 | 0.33 | 0.44 | 0.55 |
| Throw Double Loop (downgraded) | 2LoTh<< | 2LoTh<< | PF84 | V | 0.70 | 0.56 | 0.42 | 0.28 | 0.14 | 1.40 | 0.14 | 0.28 | 0.42 | 0.56 | 0.70 |
| Throw Double Flip (downgraded) | 2FTh<< | 2FTh<< | PF85 | V | 0.70 | 0.56 | 0.42 | 0.28 | 0.14 | 1.40 | 0.14 | 0.28 | 0.42 | 0.56 | 0.70 |
| Throw Double Lutz (downgraded) | 2LzTh<< | 2LzTh<< | PF86 | V | 0.70 | 0.56 | 0.42 | 0.28 | 0.14 | 1.40 | 0.14 | 0.28 | 0.42 | 0.56 | 0.70 |
| Throw Double Axel (downgraded) | 2ATh<< | 2ATh<< | PF87 | V | 1.10 | 0.88 | 0.66 | 0.44 | 0.22 | 2.20 | 0.22 | 0.44 | 0.66 | 0.88 | 1.10 |
| Throw Triple Toeloop (downgraded) | 3TTh<< | 3TTh<< | PF88 | V | 1.25 | 1.00 | 0.75 | 0.50 | 0.25 | 2.50 | 0.25 | 0.50 | 0.75 | 1.00 | 1.25 |
| Throw Triple Salchow (downgraded) | 3STh<< | 3STh<< | PF89 | V | 1.25 | 1.00 | 0.75 | 0.50 | 0.25 | 2.50 | 0.25 | 0.50 | 0.75 | 1.00 | 1.25 |
| Throw Triple Loop (downgraded) | 3LoTh<< | 3LoTh<< | PF90 | V | 1.40 | 1.12 | 0.84 | 0.56 | 0.28 | 2.80 | 0.28 | 0.56 | 0.84 | 1.12 | 1.40 |
| Throw Triple Flip (downgraded) | 3FTh<< | 3FTh<< | PF91 | V | 1.50 | 1.20 | 0.90 | 0.60 | 0.30 | 3.00 | 0.30 | 0.60 | 0.90 | 1.20 | 1.50 |
| Throw Triple Lutz (downgraded) | 3LzTh<< | 3LzTh<< | PF92 | V | 1.50 | 1.20 | 0.90 | 0.60 | 0.30 | 3.00 | 0.30 | 0.60 | 0.90 | 1.20 | 1.50 |

British Ice Skating

LIST OF ELEMENTS - SCALE OF VALUES

Pairs

| Element | Abbreviation | Abbr. without Level | Element Sort | Type | +5 | +4 | +3 | +2 | +1 | Base Value | -1 | -2 | -3 | -4 | -5 |
|---------------------------------|--------------|---------------------|--------------|------|------|------|------|------|------|------------|------|------|------|------|------|
| Throw Triple Axel (downgraded) | 3ATh<< | 3ATh<< | PF93 | V | 2.00 | 1.60 | 1.20 | 0.80 | 0.40 | 4.00 | 0.40 | 0.80 | 1.20 | 1.60 | 2.00 |
| Throw Quad Toeloop (downgraded) | 4TTh<< | 4TTh<< | PF94 | V | 2.20 | 1.76 | 1.32 | 0.88 | 0.44 | 4.40 | 0.44 | 0.88 | 1.32 | 1.76 | 2.20 |
| Throw Quad Salchow (downgraded) | 4STh<< | 4STh<< | PF95 | V | 2.20 | 1.76 | 1.32 | 0.88 | 0.44 | 4.40 | 0.44 | 0.88 | 1.32 | 1.76 | 2.20 |
| Throw Quad Loop (downgraded) | 4LoTh<< | 4LoTh<< | PF96 | V | 2.50 | 2.00 | 1.50 | 1.00 | 0.50 | 5.00 | 0.50 | 1.00 | 1.50 | 2.00 | 2.50 |
| Throw Quad Flip (downgraded) | 4FTh<< | 4FTh<< | PF97 | V | 2.65 | 2.12 | 1.59 | 1.06 | 0.53 | 5.30 | 0.53 | 1.06 | 1.59 | 2.12 | 2.65 |
| Throw Quad Lutz (downgraded) | 4LzTh<< | 4LzTh<< | PF98 | V | 2.65 | 2.12 | 1.59 | 1.06 | 0.53 | 5.30 | 0.53 | 1.06 | 1.59 | 2.12 | 2.65 |
| Forward Inside Death Spiral | FiDs | FiDs | PG09 | A | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Forward Inside Death Spiral B | FiDsB | FiDs | PG10 | A | 1.30 | 1.04 | 0.78 | 0.52 | 0.26 | 2.60 | 0.26 | 0.52 | 0.78 | 1.04 | 1.30 |
| Forward Inside Death Spiral 1 | FiDs1 | FiDs | PG11 | A | 1.45 | 1.16 | 0.87 | 0.58 | 0.29 | 2.90 | 0.29 | 0.58 | 0.87 | 1.16 | 1.45 |
| Forward Inside Death Spiral 2 | FiDs2 | FiDs | PG12 | A | 1.60 | 1.28 | 0.96 | 0.64 | 0.32 | 3.20 | 0.32 | 0.64 | 0.96 | 1.28 | 1.60 |
| Forward Inside Death Spiral 3 | FiDs3 | FiDs | PG13 | A | 1.75 | 1.40 | 1.05 | 0.70 | 0.35 | 3.50 | 0.35 | 0.70 | 1.05 | 1.40 | 1.75 |
| Forward Inside Death Spiral 4 | FiDs4 | FiDs | PG14 | A | 1.90 | 1.52 | 1.14 | 0.76 | 0.38 | 3.80 | 0.38 | 0.76 | 1.14 | 1.52 | 1.90 |
| Backward Inside Death Spiral | BiDs | BiDs | PG19 | A | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Backward Inside Death Spiral B | BiDsB | BiDs | PG20 | A | 1.40 | 1.12 | 0.84 | 0.56 | 0.28 | 2.80 | 0.28 | 0.56 | 0.84 | 1.12 | 1.40 |
| Backward Inside Death Spiral 1 | BiDs1 | BiDs | PG21 | A | 1.55 | 1.24 | 0.93 | 0.62 | 0.31 | 3.10 | 0.31 | 0.62 | 0.93 | 1.24 | 1.55 |
| Backward Inside Death Spiral 2 | BiDs2 | BiDs | PG22 | A | 1.70 | 1.36 | 1.02 | 0.68 | 0.34 | 3.40 | 0.34 | 0.68 | 1.02 | 1.36 | 1.70 |
| Backward Inside Death Spiral 3 | BiDs3 | BiDs | PG23 | A | 1.85 | 1.48 | 1.11 | 0.74 | 0.37 | 3.70 | 0.37 | 0.74 | 1.11 | 1.48 | 1.85 |
| Backward Inside Death Spiral 4 | BiDs4 | BiDs | PG24 | A | 2.00 | 1.60 | 1.20 | 0.80 | 0.40 | 4.00 | 0.40 | 0.80 | 1.20 | 1.60 | 2.00 |
| Forward Outside Death Spiral | FoDs | FoDs | PG29 | A | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Forward Outside Death Spiral B | FoDsB | FoDs | PG30 | A | 1.75 | 1.40 | 1.05 | 0.70 | 0.35 | 3.50 | 0.35 | 0.70 | 1.05 | 1.40 | 1.75 |
| Forward Outside Death Spiral 1 | FoDs1 | FoDs | PG31 | A | 1.95 | 1.56 | 1.17 | 0.78 | 0.39 | 3.90 | 0.39 | 0.78 | 1.17 | 1.56 | 1.95 |
| Forward Outside Death Spiral 2 | FoDs2 | FoDs | PG32 | A | 2.15 | 1.72 | 1.29 | 0.86 | 0.43 | 4.30 | 0.43 | 0.86 | 1.29 | 1.72 | 2.15 |
| Forward Outside Death Spiral 3 | FoDs3 | FoDs | PG33 | A | 2.35 | 1.88 | 1.41 | 0.94 | 0.47 | 4.70 | 0.47 | 0.94 | 1.41 | 1.88 | 2.35 |
| Forward Outside Death Spiral 4 | FoDs4 | FoDs | PG34 | A | 2.55 | 2.04 | 1.53 | 1.02 | 0.51 | 5.10 | 0.51 | 1.02 | 1.53 | 2.04 | 2.55 |
| Backward Outside Death Spiral | BoDs | BoDs | PG39 | A | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Backward Outside Death Spiral B | BoDsB | BoDs | PG40 | A | 1.60 | 1.28 | 0.96 | 0.64 | 0.32 | 3.20 | 0.32 | 0.64 | 0.96 | 1.28 | 1.60 |
| Backward Outside Death Spiral 1 | BoDs1 | BoDs | PG41 | A | 1.80 | 1.44 | 1.08 | 0.72 | 0.36 | 3.60 | 0.36 | 0.72 | 1.08 | 1.44 | 1.80 |
| Backward Outside Death Spiral 2 | BoDs2 | BoDs | PG42 | A | 2.00 | 1.60 | 1.20 | 0.80 | 0.40 | 4.00 | 0.40 | 0.80 | 1.20 | 1.60 | 2.00 |
| Backward Outside Death Spiral 3 | BoDs3 | BoDs | PG43 | A | 2.20 | 1.76 | 1.32 | 0.88 | 0.44 | 4.40 | 0.44 | 0.88 | 1.32 | 1.76 | 2.20 |
| Backward Outside Death Spiral 4 | BoDs4 | BoDs | PG44 | A | 2.40 | 1.92 | 1.44 | 0.96 | 0.48 | 4.80 | 0.48 | 0.96 | 1.44 | 1.92 | 2.40 |
| Pivot Figure | PiF | PiF | PG50 | Y | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Pivot Figure 1 | PiF1 | PiF | PG51 | Y | 1.10 | 0.88 | 0.66 | 0.44 | 0.22 | 2.20 | 0.22 | 0.44 | 0.66 | 0.88 | 1.10 |
| Pair Spin | PSp | PSp | PH09 | Q | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Pair Spin B | PSpB | PSp | PH10 | Q | 0.85 | 0.68 | 0.51 | 0.34 | 0.17 | 1.70 | 0.17 | 0.34 | 0.51 | 0.68 | 0.85 |
| Pair Spin 1 | PSp1 | PSp | PH11 | Q | 1.00 | 0.80 | 0.60 | 0.40 | 0.20 | 2.00 | 0.20 | 0.40 | 0.60 | 0.80 | 1.00 |
| Pair Spin 2 | PSp2 | PSp | PH12 | Q | 1.25 | 1.00 | 0.75 | 0.50 | 0.25 | 2.50 | 0.25 | 0.50 | 0.75 | 1.00 | 1.25 |
| Pair Spin 3 | PSp3 | PSp | PH13 | Q | 1.50 | 1.20 | 0.90 | 0.60 | 0.30 | 3.00 | 0.30 | 0.60 | 0.90 | 1.20 | 1.50 |
| Pair Spin 4 | PSp4 | PSp | PH14 | Q | 1.75 | 1.40 | 1.05 | 0.70 | 0.35 | 3.50 | 0.35 | 0.70 | 1.05 | 1.40 | 1.75 |
| Pair Combination Spin | PCoSp | PCoSp | PH19 | Q | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Pair Combination Spin B | PCoSpB | PCoSp | PH20 | Q | 1.25 | 1.00 | 0.75 | 0.50 | 0.25 | 2.50 | 0.25 | 0.50 | 0.75 | 1.00 | 1.25 |
| Pair Combination Spin 1 | PCoSp1 | PCoSp | PH21 | Q | 1.50 | 1.20 | 0.90 | 0.60 | 0.30 | 3.00 | 0.30 | 0.60 | 0.90 | 1.20 | 1.50 |
| Pair Combination Spin 2 | PCoSp2 | PCoSp | PH22 | Q | 1.75 | 1.40 | 1.05 | 0.70 | 0.35 | 3.50 | 0.35 | 0.70 | 1.05 | 1.40 | 1.75 |

British Ice Skating

LIST OF ELEMENTS - SCALE OF VALUES

Pairs

| Element | Abbreviation | Abbr. without Level | Element Sort | Type | +5 | +4 | +3 | +2 | +1 | Base Value | -1 | -2 | -3 | -4 | -5 |
|---------------------------|--------------|---------------------|--------------|------|------|------|------|------|------|------------|------|------|------|------|------|
| Pair Combination Spin 3 | PCoSp3 | PCoSp | PH23 | Q | 2.00 | 1.60 | 1.20 | 0.80 | 0.40 | 4.00 | 0.40 | 0.80 | 1.20 | 1.60 | 2.00 |
| Pair Combination Spin 4 | PCoSp4 | PCoSp | PH24 | Q | 2.25 | 1.80 | 1.35 | 0.90 | 0.45 | 4.50 | 0.45 | 0.90 | 1.35 | 1.80 | 2.25 |
| Pair Combination Spin V | PCoSpV | PCoSp | PH37 | Q | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Pair Combination Spin B V | PCoSpBV | PCoSp | PH38 | Q | 0.94 | 0.75 | 0.56 | 0.38 | 0.19 | 1.88 | 0.19 | 0.38 | 0.56 | 0.75 | 0.94 |
| Pair Combination Spin 1 V | PCoSp1V | PCoSp | PH39 | Q | 1.13 | 0.90 | 0.68 | 0.45 | 0.23 | 2.25 | 0.23 | 0.45 | 0.68 | 0.90 | 1.13 |
| Pair Combination Spin 2 V | PCoSp2V | PCoSp | PH40 | Q | 1.32 | 1.05 | 0.79 | 0.53 | 0.26 | 2.63 | 0.26 | 0.53 | 0.79 | 1.05 | 1.32 |
| Pair Combination Spin 3 V | PCoSp3V | PCoSp | PH41 | Q | 1.50 | 1.20 | 0.90 | 0.60 | 0.30 | 3.00 | 0.30 | 0.60 | 0.90 | 1.20 | 1.50 |
| Pair Combination Spin 4 V | PCoSp4V | PCoSp | PH42 | Q | 1.69 | 1.35 | 1.01 | 0.68 | 0.34 | 3.38 | 0.34 | 0.68 | 1.01 | 1.35 | 1.69 |
| COMBO | COMBO | COMBO | PZZ0 | J | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| SEQ | SEQ | SEQ | PZZ1 | J | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| REP | REP | REP | PZZ2 | J | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| to be clarified | TBC | TBC | PZZZ | | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |