

British Ice Skating

LIST OF ELEMENTS - SCALE OF VALUES

Singles

Element	Abbreviation	Abbr. without Level	Element Sort	Type	+5	+4	+3	+2	+1	Base Value	-1	-2	-3	-4	-5
Toeloop	T	T	SA001	J	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Salchow	S	S	SA002	J	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Loop	Lo	Lo	SA003	J	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Flip	F	F	SA004	J	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Euler	Eu	Eu	SA005	J	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Lutz	Lz	Lz	SA006	J	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Axel	A	A	SA007	J	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Single Toeloop	1T	1T	SA008	J	0.20	0.16	0.12	0.08	0.04	0.40	0.04	0.08	0.12	0.16	0.20
Single Toeloop	1Tq	1Tq	SA009	J	0.20	0.16	0.12	0.08	0.04	0.40	0.04	0.08	0.12	0.16	0.20
Single Salchow	1S	1S	SA010	J	0.20	0.16	0.12	0.08	0.04	0.40	0.04	0.08	0.12	0.16	0.20
Single Salchow	1Sq	1Sq	SA011	J	0.20	0.16	0.12	0.08	0.04	0.40	0.04	0.08	0.12	0.16	0.20
Single Loop	1Lo	1Lo	SA012	J	0.25	0.20	0.15	0.10	0.05	0.50	0.05	0.10	0.15	0.20	0.25
Single Loop	1Loq	1Loq	SA013	J	0.25	0.20	0.15	0.10	0.05	0.50	0.05	0.10	0.15	0.20	0.25
Single Flip	1F	1F	SA014	J	0.25	0.20	0.15	0.10	0.05	0.50	0.05	0.10	0.15	0.20	0.25
Single Flip	1Fq	1Fq	SA015	J	0.25	0.20	0.15	0.10	0.05	0.50	0.05	0.10	0.15	0.20	0.25
Single Flip	1F!	1F!	SA016	J	0.25	0.20	0.15	0.10	0.05	0.50	0.05	0.10	0.15	0.20	0.25
Single Flip	1F!q	1F!q	SA017	J	0.25	0.20	0.15	0.10	0.05	0.50	0.05	0.10	0.15	0.20	0.25
Single Flip (edge)	1Fe	1Fe	SA018	J	0.20	0.16	0.12	0.08	0.04	0.40	0.04	0.08	0.12	0.16	0.20
Single Flip (edge)	1Feq	1Feq	SA019	J	0.20	0.16	0.12	0.08	0.04	0.40	0.04	0.08	0.12	0.16	0.20
Single Euler	1Eu	1Eu	SA020	J	0.25	0.20	0.15	0.10	0.05	0.50	0.05	0.10	0.15	0.20	0.25
Single Lutz	1Lz	1Lz	SA021	J	0.30	0.24	0.18	0.12	0.06	0.60	0.06	0.12	0.18	0.24	0.30
Single Lutz	1Lzq	1Lzq	SA022	J	0.30	0.24	0.18	0.12	0.06	0.60	0.06	0.12	0.18	0.24	0.30
Single Lutz	1Lz!	1Lz!	SA023	J	0.30	0.24	0.18	0.12	0.06	0.60	0.06	0.12	0.18	0.24	0.30
Single Lutz	1Lz!q	1Lz!q	SA024	J	0.30	0.24	0.18	0.12	0.06	0.60	0.06	0.12	0.18	0.24	0.30
Single Lutz (edge)	1Lze	1Lze	SA025	J	0.24	0.19	0.14	0.10	0.05	0.48	0.05	0.10	0.14	0.19	0.24
Single Lutz (edge)	1Lzeq	1Lzeq	SA026	J	0.24	0.19	0.14	0.10	0.05	0.48	0.05	0.10	0.14	0.19	0.24
Single Axel	1A	1A	SA027	J	0.55	0.44	0.33	0.22	0.11	1.10	0.11	0.22	0.33	0.44	0.55
Single Axel	1Aq	1Aq	SA028	J	0.55	0.44	0.33	0.22	0.11	1.10	0.11	0.22	0.33	0.44	0.55
Double Toeloop	2T	2T	SA029	J	0.65	0.52	0.39	0.26	0.13	1.30	0.13	0.26	0.39	0.52	0.65
Double Toeloop	2Tq	2Tq	SA030	J	0.65	0.52	0.39	0.26	0.13	1.30	0.13	0.26	0.39	0.52	0.65
Double Salchow	2S	2S	SA031	J	0.65	0.52	0.39	0.26	0.13	1.30	0.13	0.26	0.39	0.52	0.65
Double Salchow	2Sq	2Sq	SA032	J	0.65	0.52	0.39	0.26	0.13	1.30	0.13	0.26	0.39	0.52	0.65
Double Loop	2Lo	2Lo	SA033	J	0.85	0.68	0.51	0.34	0.17	1.70	0.17	0.34	0.51	0.68	0.85
Double Loop	2Loq	2Loq	SA034	J	0.85	0.68	0.51	0.34	0.17	1.70	0.17	0.34	0.51	0.68	0.85
Double Flip	2F	2F	SA035	J	0.90	0.72	0.54	0.36	0.18	1.80	0.18	0.36	0.54	0.72	0.90
Double Flip	2Fq	2Fq	SA036	J	0.90	0.72	0.54	0.36	0.18	1.80	0.18	0.36	0.54	0.72	0.90
Double Flip	2F!	2F!	SA037	J	0.90	0.72	0.54	0.36	0.18	1.80	0.18	0.36	0.54	0.72	0.90
Double Flip	2F!q	2F!q	SA038	J	0.90	0.72	0.54	0.36	0.18	1.80	0.18	0.36	0.54	0.72	0.90
Double Flip (edge)	2Fe	2Fe	SA039	J	0.72	0.58	0.43	0.29	0.14	1.44	0.14	0.29	0.43	0.58	0.72
Double Flip (edge)	2Feq	2Feq	SA040	J	0.72	0.58	0.43	0.29	0.14	1.44	0.14	0.29	0.43	0.58	0.72
Double Lutz	2Lz	2Lz	SA041	J	1.05	0.84	0.63	0.42	0.21	2.10	0.21	0.42	0.63	0.84	1.05
Double Lutz	2Lzq	2Lzq	SA042	J	1.05	0.84	0.63	0.42	0.21	2.10	0.21	0.42	0.63	0.84	1.05

British Ice Skating

LIST OF ELEMENTS - SCALE OF VALUES

Singles

Element	Abbreviation	Abbr. without Level	Element Sort	Type	+5	+4	+3	+2	+1	Base Value	-1	-2	-3	-4	-5
Double Lutz	2Lz!	2Lz!	SA043	J	1.05	0.84	0.63	0.42	0.21	2.10	0.21	0.42	0.63	0.84	1.05
Double Lutz	2Lz!q	2Lz!q	SA044	J	1.05	0.84	0.63	0.42	0.21	2.10	0.21	0.42	0.63	0.84	1.05
Double Lutz (edge)	2Lze	2Lze	SA045	J	0.84	0.67	0.50	0.34	0.17	1.68	0.17	0.34	0.50	0.67	0.84
Double Lutz (edge)	2Lzeq	2Lzeq	SA046	J	0.84	0.67	0.50	0.34	0.17	1.68	0.17	0.34	0.50	0.67	0.84
Double Axel	2A	2A	SA047	J	1.65	1.32	0.99	0.66	0.33	3.30	0.33	0.66	0.99	1.32	1.65
Double Axel	2Aq	2Aq	SA048	J	1.65	1.32	0.99	0.66	0.33	3.30	0.33	0.66	0.99	1.32	1.65
Double Axel	2Ab	2Ab	SA049	J	1.65	1.32	0.99	0.66	0.33	3.30	0.33	0.66	0.99	1.32	1.65
Double Axel	2Aqb	2Aqb	SA050	J	1.65	1.32	0.99	0.66	0.33	3.30	0.33	0.66	0.99	1.32	1.65
Triple Toeloop	3T	3T	SA051	J	2.10	1.68	1.26	0.84	0.42	4.20	0.42	0.84	1.26	1.68	2.10
Triple Toeloop	3Tq	3Tq	SA052	J	2.10	1.68	1.26	0.84	0.42	4.20	0.42	0.84	1.26	1.68	2.10
Triple Toeloop	3Tb	3Tb	SA053	J	2.10	1.68	1.26	0.84	0.42	4.20	0.42	0.84	1.26	1.68	2.10
Triple Toeloop	3Tqb	3Tqb	SA054	J	2.10	1.68	1.26	0.84	0.42	4.20	0.42	0.84	1.26	1.68	2.10
Triple Salchow	3S	3S	SA055	J	2.15	1.72	1.29	0.86	0.43	4.30	0.43	0.86	1.29	1.72	2.15
Triple Salchow	3Sq	3Sq	SA056	J	2.15	1.72	1.29	0.86	0.43	4.30	0.43	0.86	1.29	1.72	2.15
Triple Salchow	3Sb	3Sb	SA057	J	2.15	1.72	1.29	0.86	0.43	4.30	0.43	0.86	1.29	1.72	2.15
Triple Salchow	3Sqb	3Sqb	SA058	J	2.15	1.72	1.29	0.86	0.43	4.30	0.43	0.86	1.29	1.72	2.15
Triple Loop	3Lo	3Lo	SA059	J	2.45	1.96	1.47	0.98	0.49	4.90	0.49	0.98	1.47	1.96	2.45
Triple Loop	3Loq	3Loq	SA060	J	2.45	1.96	1.47	0.98	0.49	4.90	0.49	0.98	1.47	1.96	2.45
Triple Loop	3Lob	3Lob	SA061	J	2.45	1.96	1.47	0.98	0.49	4.90	0.49	0.98	1.47	1.96	2.45
Triple Loop	3Loqb	3Loqb	SA062	J	2.45	1.96	1.47	0.98	0.49	4.90	0.49	0.98	1.47	1.96	2.45
Triple Flip	3F	3F	SA063	J	2.65	2.12	1.59	1.06	0.53	5.30	0.53	1.06	1.59	2.12	2.65
Triple Flip	3Fq	3Fq	SA064	J	2.65	2.12	1.59	1.06	0.53	5.30	0.53	1.06	1.59	2.12	2.65
Triple Flip	3Fb	3Fb	SA065	J	2.65	2.12	1.59	1.06	0.53	5.30	0.53	1.06	1.59	2.12	2.65
Triple Flip	3Fqb	3Fqb	SA066	J	2.65	2.12	1.59	1.06	0.53	5.30	0.53	1.06	1.59	2.12	2.65
Triple Flip	3F!	3F!	SA067	J	2.65	2.12	1.59	1.06	0.53	5.30	0.53	1.06	1.59	2.12	2.65
Triple Flip	3F!b	3F!b	SA068	J	2.65	2.12	1.59	1.06	0.53	5.30	0.53	1.06	1.59	2.12	2.65
Triple Flip	3F!q	3F!q	SA069	J	2.65	2.12	1.59	1.06	0.53	5.30	0.53	1.06	1.59	2.12	2.65
Triple Flip	3F!qb	3F!qb	SA070	J	2.65	2.12	1.59	1.06	0.53	5.30	0.53	1.06	1.59	2.12	2.65
Triple Flip (edge)	3Fe	3Fe	SA071	J	2.12	1.70	1.27	0.85	0.42	4.24	0.42	0.85	1.27	1.70	2.12
Triple Flip (edge)	3Feq	3Feq	SA072	J	2.12	1.70	1.27	0.85	0.42	4.24	0.42	0.85	1.27	1.70	2.12
Triple Lutz	3Lz	3Lz	SA073	J	2.95	2.36	1.77	1.18	0.59	5.90	0.59	1.18	1.77	2.36	2.95
Triple Lutz	3Lzq	3Lzq	SA074	J	2.95	2.36	1.77	1.18	0.59	5.90	0.59	1.18	1.77	2.36	2.95
Triple Lutz	3Lzb	3Lzb	SA075	J	2.95	2.36	1.77	1.18	0.59	5.90	0.59	1.18	1.77	2.36	2.95
Triple Lutz	3Lzqb	3Lzqb	SA076	J	2.95	2.36	1.77	1.18	0.59	5.90	0.59	1.18	1.77	2.36	2.95
Triple Lutz	3Lz!	3Lz!	SA077	J	2.95	2.36	1.77	1.18	0.59	5.90	0.59	1.18	1.77	2.36	2.95
Triple Lutz	3Lz!b	3Lz!b	SA078	J	2.95	2.36	1.77	1.18	0.59	5.90	0.59	1.18	1.77	2.36	2.95
Triple Lutz	3Lz!q	3Lz!q	SA079	J	2.95	2.36	1.77	1.18	0.59	5.90	0.59	1.18	1.77	2.36	2.95
Triple Lutz	3Lz!qb	3Lz!qb	SA080	J	2.95	2.36	1.77	1.18	0.59	5.90	0.59	1.18	1.77	2.36	2.95
Triple Lutz (edge)	3Lze	3Lze	SA081	J	2.36	1.89	1.42	0.94	0.47	4.72	0.47	0.94	1.42	1.89	2.36
Triple Lutz (edge)	3Lzeq	3Lzeq	SA082	J	2.36	1.89	1.42	0.94	0.47	4.72	0.47	0.94	1.42	1.89	2.36
Triple Axel	3A	3A	SA083	J	4.00	3.20	2.40	1.60	0.80	8.00	0.80	1.60	2.40	3.20	4.00
Triple Axel	3Aq	3Aq	SA084	J	4.00	3.20	2.40	1.60	0.80	8.00	0.80	1.60	2.40	3.20	4.00

British Ice Skating

LIST OF ELEMENTS - SCALE OF VALUES

Singles

Element	Abbreviation	Abbr. without Level	Element Sort	Type	+5	+4	+3	+2	+1	Base Value	-1	-2	-3	-4	-5
Triple Axel	3Ab	3Ab	SA085	J	4.00	3.20	2.40	1.60	0.80	8.00	0.80	1.60	2.40	3.20	4.00
Triple Axel	3Aqb	3Aqb	SA086	J	4.00	3.20	2.40	1.60	0.80	8.00	0.80	1.60	2.40	3.20	4.00
Quad Toeloop	4T	4T	SA087	J	4.75	3.80	2.85	1.90	0.95	9.50	0.95	1.90	2.85	3.80	4.75
Quad Toeloop	4Tq	4Tq	SA088	J	4.75	3.80	2.85	1.90	0.95	9.50	0.95	1.90	2.85	3.80	4.75
Quad Salchow	4S	4S	SA089	J	4.85	3.88	2.91	1.94	0.97	9.70	0.97	1.94	2.91	3.88	4.85
Quad Salchow	4Sq	4Sq	SA090	J	4.85	3.88	2.91	1.94	0.97	9.70	0.97	1.94	2.91	3.88	4.85
Quad Loop	4Lo	4Lo	SA091	J	5.25	4.20	3.15	2.10	1.05	10.50	1.05	2.10	3.15	4.20	5.25
Quad Loop	4Loq	4Loq	SA092	J	5.25	4.20	3.15	2.10	1.05	10.50	1.05	2.10	3.15	4.20	5.25
Quad Flip	4F	4F	SA093	J	5.50	4.40	3.30	2.20	1.10	11.00	1.10	2.20	3.30	4.40	5.50
Quad Flip	4Fq	4Fq	SA094	J	5.50	4.40	3.30	2.20	1.10	11.00	1.10	2.20	3.30	4.40	5.50
Quad Flip	4F!	4F!	SA095	J	5.50	4.40	3.30	2.20	1.10	11.00	1.10	2.20	3.30	4.40	5.50
Quad Flip	4F!q	4F!q	SA096	J	5.50	4.40	3.30	2.20	1.10	11.00	1.10	2.20	3.30	4.40	5.50
Quad Flip (edge)	4Fe	4Fe	SA097	J	4.40	3.52	2.64	1.76	0.88	8.80	0.88	1.76	2.64	3.52	4.40
Quad Flip (edge)	4Feq	4Feq	SA098	J	4.40	3.52	2.64	1.76	0.88	8.80	0.88	1.76	2.64	3.52	4.40
Quad Lutz	4Lz	4Lz	SA099	J	5.75	4.60	3.45	2.30	1.15	11.50	1.15	2.30	3.45	4.60	5.75
Quad Lutz	4Lzq	4Lzq	SA100	J	5.75	4.60	3.45	2.30	1.15	11.50	1.15	2.30	3.45	4.60	5.75
Quad Lutz	4Lz!	4Lz!	SA101	J	5.75	4.60	3.45	2.30	1.15	11.50	1.15	2.30	3.45	4.60	5.75
Quad Lutz	4Lz!q	4Lz!q	SA102	J	5.75	4.60	3.45	2.30	1.15	11.50	1.15	2.30	3.45	4.60	5.75
Quad Lutz (edge)	4Lze	4Lze	SA103	J	4.60	3.68	2.76	1.84	0.92	9.20	0.92	1.84	2.76	3.68	4.60
Quad Lutz (edge)	4Lzeq	4Lzeq	SA104	J	4.60	3.68	2.76	1.84	0.92	9.20	0.92	1.84	2.76	3.68	4.60
Quad Axel	4A	4A	SA105	J	6.25	5.00	3.75	2.50	1.25	12.50	1.25	2.50	3.75	5.00	6.25
Quad Axel	4Aq	4Aq	SA106	J	6.25	5.00	3.75	2.50	1.25	12.50	1.25	2.50	3.75	5.00	6.25
Quint Toeloop	5T	5T	SA107	J	7.00	5.60	4.20	2.80	1.40	14.00	1.40	2.80	4.20	5.60	7.00
Quint Toeloop	5Tq	5Tq	SA108	J	7.00	5.60	4.20	2.80	1.40	14.00	1.40	2.80	4.20	5.60	7.00
Quint Salchow	5S	5S	SA109	J	7.00	5.60	4.20	2.80	1.40	14.00	1.40	2.80	4.20	5.60	7.00
Quint Salchow	5Sq	5Sq	SA110	J	7.00	5.60	4.20	2.80	1.40	14.00	1.40	2.80	4.20	5.60	7.00
Quint Loop	5Lo	5Lo	SA111	J	7.00	5.60	4.20	2.80	1.40	14.00	1.40	2.80	4.20	5.60	7.00
Quint Loop	5Loq	5Loq	SA112	J	7.00	5.60	4.20	2.80	1.40	14.00	1.40	2.80	4.20	5.60	7.00
Quint Flip	5F	5F	SA113	J	7.00	5.60	4.20	2.80	1.40	14.00	1.40	2.80	4.20	5.60	7.00
Quint Flip	5Fq	5Fq	SA114	J	7.00	5.60	4.20	2.80	1.40	14.00	1.40	2.80	4.20	5.60	7.00
Quint Flip	5F!	5F!	SA115	J	7.00	5.60	4.20	2.80	1.40	14.00	1.40	2.80	4.20	5.60	7.00
Quint Flip	5F!q	5F!q	SA116	J	7.00	5.60	4.20	2.80	1.40	14.00	1.40	2.80	4.20	5.60	7.00
Quint Flip (edge)	5Fe	5Fe	SA117	J	5.60	4.48	3.36	2.24	1.12	11.20	1.12	2.24	3.36	4.48	5.60
Quint Flip (edge)	5Feq	5Feq	SA118	J	5.60	4.48	3.36	2.24	1.12	11.20	1.12	2.24	3.36	4.48	5.60
Quint Lutz	5Lz	5Lz	SA119	J	7.00	5.60	4.20	2.80	1.40	14.00	1.40	2.80	4.20	5.60	7.00
Quint Lutz	5Lzq	5Lzq	SA120	J	7.00	5.60	4.20	2.80	1.40	14.00	1.40	2.80	4.20	5.60	7.00
Quint Lutz	5Lz!	5Lz!	SA121	J	7.00	5.60	4.20	2.80	1.40	14.00	1.40	2.80	4.20	5.60	7.00
Quint Lutz	5Lz!q	5Lz!q	SA122	J	7.00	5.60	4.20	2.80	1.40	14.00	1.40	2.80	4.20	5.60	7.00
Quint Lutz (edge)	5Lze	5Lze	SA123	J	5.60	4.48	3.36	2.24	1.12	11.20	1.12	2.24	3.36	4.48	5.60
Quint Lutz (edge)	5Lzeq	5Lzeq	SA124	J	5.60	4.48	3.36	2.24	1.12	11.20	1.12	2.24	3.36	4.48	5.60
Single Toeloop (under-rotated)	1T<	1T<	SA125	J	0.16	0.13	0.10	0.06	0.03	0.32	0.03	0.06	0.10	0.13	0.16
Single Salchow (under-rotated)	1S<	1S<	SA126	J	0.16	0.13	0.10	0.06	0.03	0.32	0.03	0.06	0.10	0.13	0.16

British Ice Skating

LIST OF ELEMENTS - SCALE OF VALUES

Singles

Element	Abbreviation	Abbr. without Level	Element Sort	Type	+5	+4	+3	+2	+1	Base Value	-1	-2	-3	-4	-5
Single Loop (under-rotated)	1Lo<	1Lo<	SA127	J	0.20	0.16	0.12	0.08	0.04	0.40	0.04	0.08	0.12	0.16	0.20
Single Flip (under-rotated)	1F<	1F<	SA128	J	0.20	0.16	0.12	0.08	0.04	0.40	0.04	0.08	0.12	0.16	0.20
Single Flip (under-rotated)	1F!<	1F!<	SA129	J	0.20	0.16	0.12	0.08	0.04	0.40	0.04	0.08	0.12	0.16	0.20
Single Flip (edge under-rotated)	1Fe<	1Fe<	SA130	J	0.15	0.12	0.09	0.06	0.03	0.30	0.03	0.06	0.09	0.12	0.15
Single Lutz (under-rotated)	1Lz<	1Lz<	SA131	J	0.24	0.19	0.14	0.10	0.05	0.48	0.05	0.10	0.14	0.19	0.24
Single Lutz (under-rotated)	1Lz!<	1Lz!<	SA132	J	0.24	0.19	0.14	0.10	0.05	0.48	0.05	0.10	0.14	0.19	0.24
Single Lutz (edge under-rotated)	1Lze<	1Lze<	SA133	J	0.18	0.14	0.11	0.07	0.04	0.36	0.04	0.07	0.11	0.14	0.18
Single Axel (under-rotated)	1A<	1A<	SA134	J	0.44	0.35	0.26	0.18	0.09	0.88	0.09	0.18	0.26	0.35	0.44
Double Toeloop (under-rotated)	2T<	2T<	SA135	J	0.52	0.42	0.31	0.21	0.10	1.04	0.10	0.21	0.31	0.42	0.52
Double Salchow (under-rotated)	2S<	2S<	SA136	J	0.52	0.42	0.31	0.21	0.10	1.04	0.10	0.21	0.31	0.42	0.52
Double Loop (under-rotated)	2Lo<	2Lo<	SA137	J	0.68	0.54	0.41	0.27	0.14	1.36	0.14	0.27	0.41	0.54	0.68
Double Flip (under-rotated)	2F<	2F<	SA138	J	0.72	0.58	0.43	0.29	0.14	1.44	0.14	0.29	0.43	0.58	0.72
Double Flip (under-rotated)	2F!<	2F!<	SA139	J	0.72	0.58	0.43	0.29	0.14	1.44	0.14	0.29	0.43	0.58	0.72
Double Flip (edge under-rotated)	2Fe<	2Fe<	SA140	J	0.54	0.43	0.32	0.22	0.11	1.08	0.11	0.22	0.32	0.43	0.54
Double Lutz (under-rotated)	2Lz<	2Lz<	SA141	J	0.84	0.67	0.50	0.34	0.17	1.68	0.17	0.34	0.50	0.67	0.84
Double Lutz (under-rotated)	2Lz!<	2Lz!<	SA142	J	0.84	0.67	0.50	0.34	0.17	1.68	0.17	0.34	0.50	0.67	0.84
Double Lutz (edge under-rotated)	2Lze<	2Lze<	SA143	J	0.63	0.50	0.38	0.25	0.13	1.26	0.13	0.25	0.38	0.50	0.63
Double Axel (under-rotated)	2A<	2A<	SA144	J	1.32	1.06	0.79	0.53	0.26	2.64	0.26	0.53	0.79	1.06	1.32
Triple Toeloop (under-rotated)	3T<	3T<	SA145	J	1.68	1.34	1.01	0.67	0.34	3.36	0.34	0.67	1.01	1.34	1.68
Triple Salchow (under-rotated)	3S<	3S<	SA146	J	1.72	1.38	1.03	0.69	0.34	3.44	0.34	0.69	1.03	1.38	1.72
Triple Loop (under-rotated)	3Lo<	3Lo<	SA147	J	1.96	1.57	1.18	0.78	0.39	3.92	0.39	0.78	1.18	1.57	1.96
Triple Flip (under-rotated)	3F<	3F<	SA148	J	2.12	1.70	1.27	0.85	0.42	4.24	0.42	0.85	1.27	1.70	2.12
Triple Flip (under-rotated)	3F!<	3F!<	SA149	J	2.12	1.70	1.27	0.85	0.42	4.24	0.42	0.85	1.27	1.70	2.12
Triple Flip (edge under-rotated)	3Fe<	3Fe<	SA150	J	1.59	1.27	0.95	0.64	0.32	3.18	0.32	0.64	0.95	1.27	1.59
Triple Lutz (under-rotated)	3Lz<	3Lz<	SA151	J	2.36	1.89	1.42	0.94	0.47	4.72	0.47	0.94	1.42	1.89	2.36
Triple Lutz (under-rotated)	3Lz!<	3Lz!<	SA152	J	2.36	1.89	1.42	0.94	0.47	4.72	0.47	0.94	1.42	1.89	2.36
Triple Lutz (edge under-rotated)	3Lze<	3Lze<	SA153	J	1.77	1.42	1.06	0.71	0.35	3.54	0.35	0.71	1.06	1.42	1.77
Triple Axel (under-rotated)	3A<	3A<	SA154	J	3.20	2.56	1.92	1.28	0.64	6.40	0.64	1.28	1.92	2.56	3.20
Quad Toeloop (under-rotated)	4T<	4T<	SA155	J	3.80	3.04	2.28	1.52	0.76	7.60	0.76	1.52	2.28	3.04	3.80
Quad Salchow (under-rotated)	4S<	4S<	SA156	J	3.88	3.10	2.33	1.55	0.78	7.76	0.78	1.55	2.33	3.10	3.88
Quad Loop (under-rotated)	4Lo<	4Lo<	SA157	J	4.20	3.36	2.52	1.68	0.84	8.40	0.84	1.68	2.52	3.36	4.20
Quad Flip (under-rotated)	4F<	4F<	SA158	J	4.40	3.52	2.64	1.76	0.88	8.80	0.88	1.76	2.64	3.52	4.40
Quad Flip (under-rotated)	4F!<	4F!<	SA159	J	4.40	3.52	2.64	1.76	0.88	8.80	0.88	1.76	2.64	3.52	4.40
Quad Flip (edge under-rotated)	4Fe<	4Fe<	SA160	J	3.30	2.64	1.98	1.32	0.66	6.60	0.66	1.32	1.98	2.64	3.30
Quad Lutz (under-rotated)	4Lz<	4Lz<	SA161	J	4.60	3.68	2.76	1.84	0.92	9.20	0.92	1.84	2.76	3.68	4.60
Quad Lutz (under-rotated)	4Lz!<	4Lz!<	SA162	J	4.60	3.68	2.76	1.84	0.92	9.20	0.92	1.84	2.76	3.68	4.60
Quad Lutz (edge under-rotated)	4Lze<	4Lze<	SA163	J	3.45	2.76	2.07	1.38	0.69	6.90	0.69	1.38	2.07	2.76	3.45
Quad Axel (under-rotated)	4A<	4A<	SA164	J	5.00	4.00	3.00	2.00	1.00	10.00	1.00	2.00	3.00	4.00	5.00
Quint Toeloop (under-rotated)	5T<	5T<	SA165	J	5.60	4.48	3.36	2.24	1.12	11.20	1.12	2.24	3.36	4.48	5.60
Quint Salchow (under-rotated)	5S<	5S<	SA166	J	5.60	4.48	3.36	2.24	1.12	11.20	1.12	2.24	3.36	4.48	5.60
Quint Loop (under-rotated)	5Lo<	5Lo<	SA167	J	5.60	4.48	3.36	2.24	1.12	11.20	1.12	2.24	3.36	4.48	5.60
Quint Flip (under-rotated)	5F<	5F<	SA168	J	5.60	4.48	3.36	2.24	1.12	11.20	1.12	2.24	3.36	4.48	5.60

British Ice Skating

LIST OF ELEMENTS - SCALE OF VALUES

Singles

Element	Abbreviation	Abbr. without Level	Element Sort	Type	+5	+4	+3	+2	+1	Base Value	-1	-2	-3	-4	-5
Quint Flip (under-rotated)	5F!<	5F!<	SA169	J	5.60	4.48	3.36	2.24	1.12	11.20	1.12	2.24	3.36	4.48	5.60
Quint Flip (edge under-rotated)	5Fe<	5Fe<	SA170	J	4.20	3.36	2.52	1.68	0.84	8.40	0.84	1.68	2.52	3.36	4.20
Quint Lutz (under-rotated)	5Lz<	5Lz<	SA171	J	5.60	4.48	3.36	2.24	1.12	11.20	1.12	2.24	3.36	4.48	5.60
Quint Lutz (under-rotated)	5Lz!<	5Lz!<	SA172	J	5.60	4.48	3.36	2.24	1.12	11.20	1.12	2.24	3.36	4.48	5.60
Quint Lutz (edge under-rotated)	5Lze<	5Lze<	SA173	J	4.20	3.36	2.52	1.68	0.84	8.40	0.84	1.68	2.52	3.36	4.20
Single Toeloop (downgraded)	1T<<	1T<<	SA174	J	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Single Salchow (downgraded)	1S<<	1S<<	SA175	J	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Single Loop (downgraded)	1Lo<<	1Lo<<	SA176	J	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Single Flip (downgraded)	1F<<	1F<<	SA177	J	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Single Flip (downgraded)	1F!<<	1F!<<	SA178	J	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Single Flip (edge downgraded)	1Fe<<	1Fe<<	SA179	J	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Single Euler (downgraded)	1Eu<<	1Eu<<	SA180	J	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Single Lutz (downgraded)	1Lz<<	1Lz<<	SA181	J	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Single Lutz (downgraded)	1Lz!<<	1Lz!<<	SA182	J	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Single Lutz (edge downgraded)	1Lze<<	1Lze<<	SA183	J	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Single Axel (downgraded)	1A<<	1A<<	SA184	J	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Double Toeloop (downgraded)	2T<<	2T<<	SA185	J	0.20	0.16	0.12	0.08	0.04	0.40	0.04	0.08	0.12	0.16	0.20
Double Salchow (downgraded)	2S<<	2S<<	SA186	J	0.20	0.16	0.12	0.08	0.04	0.40	0.04	0.08	0.12	0.16	0.20
Double Loop (downgraded)	2Lo<<	2Lo<<	SA187	J	0.25	0.20	0.15	0.10	0.05	0.50	0.05	0.10	0.15	0.20	0.25
Double Flip (downgraded)	2F<<	2F<<	SA188	J	0.25	0.20	0.15	0.10	0.05	0.50	0.05	0.10	0.15	0.20	0.25
Double Flip (downgraded)	2F!<<	2F!<<	SA189	J	0.25	0.20	0.15	0.10	0.05	0.50	0.05	0.10	0.15	0.20	0.25
Double Flip (edge downgraded)	2Fe<<	2Fe<<	SA190	J	0.20	0.16	0.12	0.08	0.04	0.40	0.04	0.08	0.12	0.16	0.20
Double Lutz (downgraded)	2Lz<<	2Lz<<	SA191	J	0.30	0.24	0.18	0.12	0.06	0.60	0.06	0.12	0.18	0.24	0.30
Double Lutz (downgraded)	2Lz!<<	2Lz!<<	SA192	J	0.30	0.24	0.18	0.12	0.06	0.60	0.06	0.12	0.18	0.24	0.30
Double Lutz (edge downgraded)	2Lze<<	2Lze<<	SA193	J	0.24	0.19	0.14	0.10	0.05	0.48	0.05	0.10	0.14	0.19	0.24
Double Axel (downgraded)	2A<<	2A<<	SA194	J	0.55	0.44	0.33	0.22	0.11	1.10	0.11	0.22	0.33	0.44	0.55
Triple Toeloop (downgraded)	3T<<	3T<<	SA195	J	0.65	0.52	0.39	0.26	0.13	1.30	0.13	0.26	0.39	0.52	0.65
Triple Salchow (downgraded)	3S<<	3S<<	SA196	J	0.65	0.52	0.39	0.26	0.13	1.30	0.13	0.26	0.39	0.52	0.65
Triple Loop (downgraded)	3Lo<<	3Lo<<	SA197	J	0.85	0.68	0.51	0.34	0.17	1.70	0.17	0.34	0.51	0.68	0.85
Triple Flip (downgraded)	3F<<	3F<<	SA198	J	0.90	0.72	0.54	0.36	0.18	1.80	0.18	0.36	0.54	0.72	0.90
Triple Flip (downgraded)	3F!<<	3F!<<	SA199	J	0.90	0.72	0.54	0.36	0.18	1.80	0.18	0.36	0.54	0.72	0.90
Triple Flip (edge downgraded)	3Fe<<	3Fe<<	SA200	J	0.72	0.58	0.43	0.29	0.14	1.44	0.14	0.29	0.43	0.58	0.72
Triple Lutz (downgraded)	3Lz<<	3Lz<<	SA201	J	1.05	0.84	0.63	0.42	0.21	2.10	0.21	0.42	0.63	0.84	1.05
Triple Lutz (downgraded)	3Lz!<<	3Lz!<<	SA202	J	1.05	0.84	0.63	0.42	0.21	2.10	0.21	0.42	0.63	0.84	1.05
Triple Lutz (edge downgraded)	3Lze<<	3Lze<<	SA203	J	0.84	0.67	0.50	0.34	0.17	1.68	0.17	0.34	0.50	0.67	0.84
Triple Axel (downgraded)	3A<<	3A<<	SA204	J	1.65	1.32	0.99	0.66	0.33	3.30	0.33	0.66	0.99	1.32	1.65
Quad Toeloop (downgraded)	4T<<	4T<<	SA205	J	2.10	1.68	1.26	0.84	0.42	4.20	0.42	0.84	1.26	1.68	2.10
Quad Salchow (downgraded)	4S<<	4S<<	SA206	J	2.15	1.72	1.29	0.86	0.43	4.30	0.43	0.86	1.29	1.72	2.15
Quad Loop (downgraded)	4Lo<<	4Lo<<	SA207	J	2.45	1.96	1.47	0.98	0.49	4.90	0.49	0.98	1.47	1.96	2.45
Quad Flip (downgraded)	4F<<	4F<<	SA208	J	2.65	2.12	1.59	1.06	0.53	5.30	0.53	1.06	1.59	2.12	2.65
Quad Flip (downgraded)	4F!<<	4F!<<	SA209	J	2.65	2.12	1.59	1.06	0.53	5.30	0.53	1.06	1.59	2.12	2.65
Quad Flip (edge downgraded)	4Fe<<	4Fe<<	SA210	J	2.12	1.70	1.27	0.85	0.42	4.24	0.42	0.85	1.27	1.70	2.12

British Ice Skating

LIST OF ELEMENTS - SCALE OF VALUES

Singles

Element	Abbreviation	Abbr. without Level	Element Sort	Type	+5	+4	+3	+2	+1	Base Value	-1	-2	-3	-4	-5
Quad Lutz (downgraded)	4Lz<<	4Lz<<	SA211	J	2.95	2.36	1.77	1.18	0.59	5.90	0.59	1.18	1.77	2.36	2.95
Quad Lutz (downgraded)	4Lz!<<	4Lz!<<	SA212	J	2.95	2.36	1.77	1.18	0.59	5.90	0.59	1.18	1.77	2.36	2.95
Quad Lutz (edge downgraded)	4Lze<<	4Lze<<	SA213	J	2.36	1.89	1.42	0.94	0.47	4.72	0.47	0.94	1.42	1.89	2.36
Quad Axel (downgraded)	4A<<	4A<<	SA214	J	4.00	3.20	2.40	1.60	0.80	8.00	0.80	1.60	2.40	3.20	4.00
Quint Toeloop (downgraded)	5T<<	5T<<	SA215	J	4.75	3.80	2.85	1.90	0.95	9.50	0.95	1.90	2.85	3.80	4.75
Quint Salchow (downgraded)	5S<<	5S<<	SA216	J	4.75	3.80	2.85	1.90	0.95	9.50	0.95	1.90	2.85	3.80	4.75
Quint Loop (downgraded)	5Lo<<	5Lo<<	SA217	J	4.75	3.80	2.85	1.90	0.95	9.50	0.95	1.90	2.85	3.80	4.75
Quint Flip (downgraded)	5F<<	5F<<	SA218	J	4.75	3.80	2.85	1.90	0.95	9.50	0.95	1.90	2.85	3.80	4.75
Quint Flip (downgraded)	5F!<<	5F!<<	SA219	J	4.75	3.80	2.85	1.90	0.95	9.50	0.95	1.90	2.85	3.80	4.75
Quint Flip (edge downgraded)	5Fe<<	5Fe<<	SA220	J	3.80	3.04	2.28	1.52	0.76	7.60	0.76	1.52	2.28	3.04	3.80
Quint Lutz (downgraded)	5Lz<<	5Lz<<	SA221	J	4.75	3.80	2.85	1.90	0.95	9.50	0.95	1.90	2.85	3.80	4.75
Quint Lutz (downgraded)	5Lz!<<	5Lz!<<	SA222	J	4.75	3.80	2.85	1.90	0.95	9.50	0.95	1.90	2.85	3.80	4.75
Quint Lutz (edge downgraded)	5Lze<<	5Lze<<	SA223	J	3.80	3.04	2.28	1.52	0.76	7.60	0.76	1.52	2.28	3.04	3.80
Spin	Sp	Sp	SB000	O	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Fly. Spin	FSp	FSp	SB001	O	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Upright Spin	USp	USp	SB009	O	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Upright Spin B	USpB	USp	SB010	O	0.50	0.40	0.30	0.20	0.10	1.00	0.10	0.20	0.30	0.40	0.50
Upright Spin 1	USp1	USp	SB011	O	0.60	0.48	0.36	0.24	0.12	1.20	0.12	0.24	0.36	0.48	0.60
Upright Spin 2	USp2	USp	SB012	O	0.75	0.60	0.45	0.30	0.15	1.50	0.15	0.30	0.45	0.60	0.75
Upright Spin 3	USp3	USp	SB013	O	0.95	0.76	0.57	0.38	0.19	1.90	0.19	0.38	0.57	0.76	0.95
Upright Spin 4	USp4	USp	SB014	O	1.20	0.96	0.72	0.48	0.24	2.40	0.24	0.48	0.72	0.96	1.20
Layback Spin	LSp	LSp	SB019	O	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Layback Spin B	LSpB	LSp	SB020	O	0.60	0.48	0.36	0.24	0.12	1.20	0.12	0.24	0.36	0.48	0.60
Layback Spin 1	LSp1	LSp	SB021	O	0.75	0.60	0.45	0.30	0.15	1.50	0.15	0.30	0.45	0.60	0.75
Layback Spin 2	LSp2	LSp	SB022	O	0.95	0.76	0.57	0.38	0.19	1.90	0.19	0.38	0.57	0.76	0.95
Layback Spin 3	LSp3	LSp	SB023	O	1.20	0.96	0.72	0.48	0.24	2.40	0.24	0.48	0.72	0.96	1.20
Layback Spin 4	LSp4	LSp	SB024	O	1.35	1.08	0.81	0.54	0.27	2.70	0.27	0.54	0.81	1.08	1.35
Camel Spin	CSp	CSp	SB029	O	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Camel Spin B	CSpB	CSp	SB030	O	0.55	0.44	0.33	0.22	0.11	1.10	0.11	0.22	0.33	0.44	0.55
Camel Spin 1	CSp1	CSp	SB031	O	0.70	0.56	0.42	0.28	0.14	1.40	0.14	0.28	0.42	0.56	0.70
Camel Spin 2	CSp2	CSp	SB032	O	0.90	0.72	0.54	0.36	0.18	1.80	0.18	0.36	0.54	0.72	0.90
Camel Spin 3	CSp3	CSp	SB033	O	1.15	0.92	0.69	0.46	0.23	2.30	0.23	0.46	0.69	0.92	1.15
Camel Spin 4	CSp4	CSp	SB034	O	1.30	1.04	0.78	0.52	0.26	2.60	0.26	0.52	0.78	1.04	1.30
Sit Spin	SSp	SSp	SB039	O	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Sit Spin B	SSpB	SSp	SB040	O	0.55	0.44	0.33	0.22	0.11	1.10	0.11	0.22	0.33	0.44	0.55
Sit Spin 1	SSp1	SSp	SB041	O	0.65	0.52	0.39	0.26	0.13	1.30	0.13	0.26	0.39	0.52	0.65
Sit Spin 2	SSp2	SSp	SB042	O	0.80	0.64	0.48	0.32	0.16	1.60	0.16	0.32	0.48	0.64	0.80
Sit Spin 3	SSp3	SSp	SB043	O	1.05	0.84	0.63	0.42	0.21	2.10	0.21	0.42	0.63	0.84	1.05
Sit Spin 4	SSp4	SSp	SB044	O	1.25	1.00	0.75	0.50	0.25	2.50	0.25	0.50	0.75	1.00	1.25
Fly. Upright Spin	FUSp	FUSp	SB049	O	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Fly. Upright Spin B	FUSpB	FUSp	SB050	O	0.75	0.60	0.45	0.30	0.15	1.50	0.15	0.30	0.45	0.60	0.75
Fly. Upright Spin 1	FUSp1	FUSp	SB051	O	0.85	0.68	0.51	0.34	0.17	1.70	0.17	0.34	0.51	0.68	0.85

British Ice Skating

LIST OF ELEMENTS - SCALE OF VALUES

Singles

Element	Abbreviation	Abbr. without Level	Element Sort	Type	+5	+4	+3	+2	+1	Base Value	-1	-2	-3	-4	-5
Fly. Upright Spin 2	FUSp2	FUSp	SB052	O	1.00	0.80	0.60	0.40	0.20	2.00	0.20	0.40	0.60	0.80	1.00
Fly. Upright Spin 3	FUSp3	FUSp	SB053	O	1.20	0.96	0.72	0.48	0.24	2.40	0.24	0.48	0.72	0.96	1.20
Fly. Upright Spin 4	FUSp4	FUSp	SB054	O	1.45	1.16	0.87	0.58	0.29	2.90	0.29	0.58	0.87	1.16	1.45
Fly. Layback Spin	FLSp	FLSp	SB059	O	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Fly. Layback Spin B	FLSpB	FLSp	SB060	O	0.85	0.68	0.51	0.34	0.17	1.70	0.17	0.34	0.51	0.68	0.85
Fly. Layback Spin 1	FLSp1	FLSp	SB061	O	1.00	0.80	0.60	0.40	0.20	2.00	0.20	0.40	0.60	0.80	1.00
Fly. Layback Spin 2	FLSp2	FLSp	SB062	O	1.20	0.96	0.72	0.48	0.24	2.40	0.24	0.48	0.72	0.96	1.20
Fly. Layback Spin 3	FLSp3	FLSp	SB063	O	1.45	1.16	0.87	0.58	0.29	2.90	0.29	0.58	0.87	1.16	1.45
Fly. Layback Spin 4	FLSp4	FLSp	SB064	O	1.60	1.28	0.96	0.64	0.32	3.20	0.32	0.64	0.96	1.28	1.60
Fly. Camel Spin	FCSp	FCSp	SB069	O	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Fly. Camel Spin B	FCSpB	FCSp	SB070	O	0.80	0.64	0.48	0.32	0.16	1.60	0.16	0.32	0.48	0.64	0.80
Fly. Camel Spin 1	FCSp1	FCSp	SB071	O	0.95	0.76	0.57	0.38	0.19	1.90	0.19	0.38	0.57	0.76	0.95
Fly. Camel Spin 2	FCSp2	FCSp	SB072	O	1.15	0.92	0.69	0.46	0.23	2.30	0.23	0.46	0.69	0.92	1.15
Fly. Camel Spin 3	FCSp3	FCSp	SB073	O	1.40	1.12	0.84	0.56	0.28	2.80	0.28	0.56	0.84	1.12	1.40
Fly. Camel Spin 4	FCSp4	FCSp	SB074	O	1.60	1.28	0.96	0.64	0.32	3.20	0.32	0.64	0.96	1.28	1.60
Fly. Sit Spin	FSSp	FSSp	SB079	O	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Fly. Sit Spin B	FSSpB	FSSp	SB080	O	0.85	0.68	0.51	0.34	0.17	1.70	0.17	0.34	0.51	0.68	0.85
Fly. Sit Spin 1	FSSp1	FSSp	SB081	O	1.00	0.80	0.60	0.40	0.20	2.00	0.20	0.40	0.60	0.80	1.00
Fly. Sit Spin 2	FSSp2	FSSp	SB082	O	1.15	0.92	0.69	0.46	0.23	2.30	0.23	0.46	0.69	0.92	1.15
Fly. Sit Spin 3	FSSp3	FSSp	SB083	O	1.30	1.04	0.78	0.52	0.26	2.60	0.26	0.52	0.78	1.04	1.30
Fly. Sit Spin 4	FSSp4	FSSp	SB084	O	1.50	1.20	0.90	0.60	0.30	3.00	0.30	0.60	0.90	1.20	1.50
Change Foot Upright Spin	CUSp	CUSp	SB089	O	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Change Foot Upright Spin B	CUSpB	CUSp	SB090	O	0.75	0.60	0.45	0.30	0.15	1.50	0.15	0.30	0.45	0.60	0.75
Change Foot Upright Spin 1	CUSp1	CUSp	SB091	O	0.85	0.68	0.51	0.34	0.17	1.70	0.17	0.34	0.51	0.68	0.85
Change Foot Upright Spin 2	CUSp2	CUSp	SB092	O	1.00	0.80	0.60	0.40	0.20	2.00	0.20	0.40	0.60	0.80	1.00
Change Foot Upright Spin 3	CUSp3	CUSp	SB093	O	1.20	0.96	0.72	0.48	0.24	2.40	0.24	0.48	0.72	0.96	1.20
Change Foot Upright Spin 4	CUSp4	CUSp	SB094	O	1.45	1.16	0.87	0.58	0.29	2.90	0.29	0.58	0.87	1.16	1.45
Change Foot Layback Spin	CLSp	CLSp	SB099	O	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Change Foot Layback Spin B	CLSpB	CLSp	SB100	O	0.85	0.68	0.51	0.34	0.17	1.70	0.17	0.34	0.51	0.68	0.85
Change Foot Layback Spin 1	CLSp1	CLSp	SB101	O	1.00	0.80	0.60	0.40	0.20	2.00	0.20	0.40	0.60	0.80	1.00
Change Foot Layback Spin 2	CLSp2	CLSp	SB102	O	1.20	0.96	0.72	0.48	0.24	2.40	0.24	0.48	0.72	0.96	1.20
Change Foot Layback Spin 3	CLSp3	CLSp	SB103	O	1.45	1.16	0.87	0.58	0.29	2.90	0.29	0.58	0.87	1.16	1.45
Change Foot Layback Spin 4	CLSp4	CLSp	SB104	O	1.60	1.28	0.96	0.64	0.32	3.20	0.32	0.64	0.96	1.28	1.60
Change Foot Camel Spin	CCSp	CCSp	SB109	O	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Change Foot Camel Spin B	CCSpB	CCSp	SB110	O	0.85	0.68	0.51	0.34	0.17	1.70	0.17	0.34	0.51	0.68	0.85
Change Foot Camel Spin 1	CCSp1	CCSp	SB111	O	1.00	0.80	0.60	0.40	0.20	2.00	0.20	0.40	0.60	0.80	1.00
Change Foot Camel Spin 2	CCSp2	CCSp	SB112	O	1.15	0.92	0.69	0.46	0.23	2.30	0.23	0.46	0.69	0.92	1.15
Change Foot Camel Spin 3	CCSp3	CCSp	SB113	O	1.40	1.12	0.84	0.56	0.28	2.80	0.28	0.56	0.84	1.12	1.40
Change Foot Camel Spin 4	CCSp4	CCSp	SB114	O	1.60	1.28	0.96	0.64	0.32	3.20	0.32	0.64	0.96	1.28	1.60
Change Foot Sit Spin	CSSp	CSSp	SB119	O	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Change Foot Sit Spin B	CSSpB	CSSp	SB120	O	0.80	0.64	0.48	0.32	0.16	1.60	0.16	0.32	0.48	0.64	0.80
Change Foot Sit Spin 1	CSSp1	CSSp	SB121	O	0.95	0.76	0.57	0.38	0.19	1.90	0.19	0.38	0.57	0.76	0.95

British Ice Skating

LIST OF ELEMENTS - SCALE OF VALUES

Singles

Element	Abbreviation	Abbr. without Level	Element Sort	Type	+5	+4	+3	+2	+1	Base Value	-1	-2	-3	-4	-5
Change Foot Sit Spin 2	CSSp2	CSSp	SB122	O	1.15	0.92	0.69	0.46	0.23	2.30	0.23	0.46	0.69	0.92	1.15
Change Foot Sit Spin 3	CSSp3	CSSp	SB123	O	1.30	1.04	0.78	0.52	0.26	2.60	0.26	0.52	0.78	1.04	1.30
Change Foot Sit Spin 4	CSSp4	CSSp	SB124	O	1.50	1.20	0.90	0.60	0.30	3.00	0.30	0.60	0.90	1.20	1.50
Fly. Change Foot Upright Spin	FCUSp	FCUSp	SB129	O	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Fly. Change Foot Upright Spin B	FCUSpB	FCUSp	SB130	O	0.75	0.60	0.45	0.30	0.15	1.50	0.15	0.30	0.45	0.60	0.75
Fly. Change Foot Upright Spin 1	FCUSp1	FCUSp	SB131	O	0.85	0.68	0.51	0.34	0.17	1.70	0.17	0.34	0.51	0.68	0.85
Fly. Change Foot Upright Spin 2	FCUSp2	FCUSp	SB132	O	1.00	0.80	0.60	0.40	0.20	2.00	0.20	0.40	0.60	0.80	1.00
Fly. Change Foot Upright Spin 3	FCUSp3	FCUSp	SB133	O	1.20	0.96	0.72	0.48	0.24	2.40	0.24	0.48	0.72	0.96	1.20
Fly. Change Foot Upright Spin 4	FCUSp4	FCUSp	SB134	O	1.45	1.16	0.87	0.58	0.29	2.90	0.29	0.58	0.87	1.16	1.45
Fly. Change Foot Layback Spin	FCLSp	FCLSp	SB139	O	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Fly. Change Foot Layback Spin B	FCLSpB	FCLSp	SB140	O	0.85	0.68	0.51	0.34	0.17	1.70	0.17	0.34	0.51	0.68	0.85
Fly. Change Foot Layback Spin 1	FCLSp1	FCLSp	SB141	O	1.00	0.80	0.60	0.40	0.20	2.00	0.20	0.40	0.60	0.80	1.00
Fly. Change Foot Layback Spin 2	FCLSp2	FCLSp	SB142	O	1.20	0.96	0.72	0.48	0.24	2.40	0.24	0.48	0.72	0.96	1.20
Fly. Change Foot Layback Spin 3	FCLSp3	FCLSp	SB143	O	1.45	1.16	0.87	0.58	0.29	2.90	0.29	0.58	0.87	1.16	1.45
Fly. Change Foot Layback Spin 4	FCLSp4	FCLSp	SB144	O	1.60	1.28	0.96	0.64	0.32	3.20	0.32	0.64	0.96	1.28	1.60
Fly. Change Foot Camel Spin	FCCSp	FCCSp	SB149	O	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Fly. Change Foot Camel Spin B	FCCSpB	FCCSp	SB150	O	0.85	0.68	0.51	0.34	0.17	1.70	0.17	0.34	0.51	0.68	0.85
Fly. Change Foot Camel Spin 1	FCCSp1	FCCSp	SB151	O	1.00	0.80	0.60	0.40	0.20	2.00	0.20	0.40	0.60	0.80	1.00
Fly. Change Foot Camel Spin 2	FCCSp2	FCCSp	SB152	O	1.15	0.92	0.69	0.46	0.23	2.30	0.23	0.46	0.69	0.92	1.15
Fly. Change Foot Camel Spin 3	FCCSp3	FCCSp	SB153	O	1.40	1.12	0.84	0.56	0.28	2.80	0.28	0.56	0.84	1.12	1.40
Fly. Change Foot Camel Spin 4	FCCSp4	FCCSp	SB154	O	1.60	1.28	0.96	0.64	0.32	3.20	0.32	0.64	0.96	1.28	1.60
Fly. Change Foot Sit Spin	FCSSp	FCSSp	SB159	O	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Fly. Change Foot Sit Spin B	FCSSpB	FCSSp	SB160	O	0.80	0.64	0.48	0.32	0.16	1.60	0.16	0.32	0.48	0.64	0.80
Fly. Change Foot Sit Spin 1	FCSSp1	FCSSp	SB161	O	0.95	0.76	0.57	0.38	0.19	1.90	0.19	0.38	0.57	0.76	0.95
Fly. Change Foot Sit Spin 2	FCSSp2	FCSSp	SB162	O	1.15	0.92	0.69	0.46	0.23	2.30	0.23	0.46	0.69	0.92	1.15
Fly. Change Foot Sit Spin 3	FCSSp3	FCSSp	SB163	O	1.30	1.04	0.78	0.52	0.26	2.60	0.26	0.52	0.78	1.04	1.30
Fly. Change Foot Sit Spin 4	FCSSp4	FCSSp	SB164	O	1.50	1.20	0.90	0.60	0.30	3.00	0.30	0.60	0.90	1.20	1.50
Combination Spin	CoSp	CoSp	SB169	O	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Combination Spin B	CoSpB	CoSp	SB170	O	0.75	0.60	0.45	0.30	0.15	1.50	0.15	0.30	0.45	0.60	0.75
Combination Spin 1	CoSp1	CoSp	SB171	O	0.85	0.68	0.51	0.34	0.17	1.70	0.17	0.34	0.51	0.68	0.85
Combination Spin 2	CoSp2	CoSp	SB172	O	1.00	0.80	0.60	0.40	0.20	2.00	0.20	0.40	0.60	0.80	1.00
Combination Spin 3	CoSp3	CoSp	SB173	O	1.25	1.00	0.75	0.50	0.25	2.50	0.25	0.50	0.75	1.00	1.25
Combination Spin 4	CoSp4	CoSp	SB174	O	1.50	1.20	0.90	0.60	0.30	3.00	0.30	0.60	0.90	1.20	1.50
Fly. Combination Spin	FCoSp	FCoSp	SB179	O	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Fly. Combination Spin B	FCoSpB	FCoSp	SB180	O	0.75	0.60	0.45	0.30	0.15	1.50	0.15	0.30	0.45	0.60	0.75
Fly. Combination Spin 1	FCoSp1	FCoSp	SB181	O	0.85	0.68	0.51	0.34	0.17	1.70	0.17	0.34	0.51	0.68	0.85
Fly. Combination Spin 2	FCoSp2	FCoSp	SB182	O	1.00	0.80	0.60	0.40	0.20	2.00	0.20	0.40	0.60	0.80	1.00
Fly. Combination Spin 3	FCoSp3	FCoSp	SB183	O	1.25	1.00	0.75	0.50	0.25	2.50	0.25	0.50	0.75	1.00	1.25
Fly. Combination Spin 4	FCoSp4	FCoSp	SB184	O	1.50	1.20	0.90	0.60	0.30	3.00	0.30	0.60	0.90	1.20	1.50
Change Foot Comb. Spin	CCoSp	CCoSp	SB189	O	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Change Foot Comb. Spin B	CCoSpB	CCoSp	SB190	O	0.85	0.68	0.51	0.34	0.17	1.70	0.17	0.34	0.51	0.68	0.85
Change Foot Comb. Spin 1	CCoSp1	CCoSp	SB191	O	1.00	0.80	0.60	0.40	0.20	2.00	0.20	0.40	0.60	0.80	1.00

British Ice Skating

LIST OF ELEMENTS - SCALE OF VALUES

Singles

Element	Abbreviation	Abbr. without Level	Element Sort	Type	+5	+4	+3	+2	+1	Base Value	-1	-2	-3	-4	-5
Change Foot Comb. Spin 2	CCoSp2	CCoSp	SB192	O	1.25	1.00	0.75	0.50	0.25	2.50	0.25	0.50	0.75	1.00	1.25
Change Foot Comb. Spin 3	CCoSp3	CCoSp	SB193	O	1.50	1.20	0.90	0.60	0.30	3.00	0.30	0.60	0.90	1.20	1.50
Change Foot Comb. Spin 4	CCoSp4	CCoSp	SB194	O	1.75	1.40	1.05	0.70	0.35	3.50	0.35	0.70	1.05	1.40	1.75
Fly. Change Foot Comb. Spin	FCCoSp	FCCoSp	SB199	O	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Fly. Change Foot Comb. Spin B	FCCoSpB	FCCoSp	SB200	O	0.85	0.68	0.51	0.34	0.17	1.70	0.17	0.34	0.51	0.68	0.85
Fly. Change Foot Comb. Spin 1	FCCoSp1	FCCoSp	SB201	O	1.00	0.80	0.60	0.40	0.20	2.00	0.20	0.40	0.60	0.80	1.00
Fly. Change Foot Comb. Spin 2	FCCoSp2	FCCoSp	SB202	O	1.25	1.00	0.75	0.50	0.25	2.50	0.25	0.50	0.75	1.00	1.25
Fly. Change Foot Comb. Spin 3	FCCoSp3	FCCoSp	SB203	O	1.50	1.20	0.90	0.60	0.30	3.00	0.30	0.60	0.90	1.20	1.50
Fly. Change Foot Comb. Spin 4	FCCoSp4	FCCoSp	SB204	O	1.75	1.40	1.05	0.70	0.35	3.50	0.35	0.70	1.05	1.40	1.75
Fly. Upright Spin V	FUSpV	FUSp	SB253	O	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Fly. Upright Spin B V	FUSpBV	FUSp	SB254	O	0.57	0.45	0.34	0.23	0.11	1.13	0.11	0.23	0.34	0.45	0.57
Fly. Upright Spin 1 V	FUSp1V	FUSp	SB255	O	0.64	0.51	0.38	0.26	0.13	1.28	0.13	0.26	0.38	0.51	0.64
Fly. Upright Spin 2 V	FUSp2V	FUSp	SB256	O	0.75	0.60	0.45	0.30	0.15	1.50	0.15	0.30	0.45	0.60	0.75
Fly. Upright Spin 3 V	FUSp3V	FUSp	SB257	O	0.90	0.72	0.54	0.36	0.18	1.80	0.18	0.36	0.54	0.72	0.90
Fly. Upright Spin 4 V	FUSp4V	FUSp	SB258	O	1.09	0.87	0.65	0.44	0.22	2.18	0.22	0.44	0.65	0.87	1.09
Fly. Layback Spin V	FLSpV	FLSp	SB265	O	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Fly. Layback Spin B V	FLSpBV	FLSp	SB266	O	0.64	0.51	0.38	0.26	0.13	1.28	0.13	0.26	0.38	0.51	0.64
Fly. Layback Spin 1 V	FLSp1V	FLSp	SB267	O	0.75	0.60	0.45	0.30	0.15	1.50	0.15	0.30	0.45	0.60	0.75
Fly. Layback Spin 2 V	FLSp2V	FLSp	SB268	O	0.90	0.72	0.54	0.36	0.18	1.80	0.18	0.36	0.54	0.72	0.90
Fly. Layback Spin 3 V	FLSp3V	FLSp	SB269	O	1.09	0.87	0.65	0.44	0.22	2.18	0.22	0.44	0.65	0.87	1.09
Fly. Layback Spin 4 V	FLSp4V	FLSp	SB270	O	1.20	0.96	0.72	0.48	0.24	2.40	0.24	0.48	0.72	0.96	1.20
Fly. Camel Spin V	FCSpV	FCSp	SB277	O	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Fly. Camel Spin B V	FCSpBV	FCSp	SB278	O	0.60	0.48	0.36	0.24	0.12	1.20	0.12	0.24	0.36	0.48	0.60
Fly. Camel Spin 1 V	FCSp1V	FCSp	SB279	O	0.72	0.57	0.43	0.29	0.14	1.43	0.14	0.29	0.43	0.57	0.72
Fly. Camel Spin 2 V	FCSp2V	FCSp	SB280	O	0.87	0.69	0.52	0.35	0.17	1.73	0.17	0.35	0.52	0.69	0.87
Fly. Camel Spin 3 V	FCSp3V	FCSp	SB281	O	1.05	0.84	0.63	0.42	0.21	2.10	0.21	0.42	0.63	0.84	1.05
Fly. Camel Spin 4 V	FCSp4V	FCSp	SB282	O	1.20	0.96	0.72	0.48	0.24	2.40	0.24	0.48	0.72	0.96	1.20
Fly. Sit Spin V	FSSpV	FSSp	SB289	O	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Fly. Sit Spin B V	FSSpBV	FSSp	SB290	O	0.64	0.51	0.38	0.26	0.13	1.28	0.13	0.26	0.38	0.51	0.64
Fly. Sit Spin 1 V	FSSp1V	FSSp	SB291	O	0.75	0.60	0.45	0.30	0.15	1.50	0.15	0.30	0.45	0.60	0.75
Fly. Sit Spin 2 V	FSSp2V	FSSp	SB292	O	0.87	0.69	0.52	0.35	0.17	1.73	0.17	0.35	0.52	0.69	0.87
Fly. Sit Spin 3 V	FSSp3V	FSSp	SB293	O	0.98	0.78	0.59	0.39	0.20	1.95	0.20	0.39	0.59	0.78	0.98
Fly. Sit Spin 4 V	FSSp4V	FSSp	SB294	O	1.13	0.90	0.68	0.45	0.23	2.25	0.23	0.45	0.68	0.90	1.13
Change Foot Comb. Spin V	CCoSpV	CCoSp	SB349	O	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Change Foot Comb. Spin B V	CCoSpBV	CCoSp	SB350	O	0.64	0.51	0.38	0.26	0.13	1.28	0.13	0.26	0.38	0.51	0.64
Change Foot Comb. Spin 1 V	CCoSp1V	CCoSp	SB351	O	0.75	0.60	0.45	0.30	0.15	1.50	0.15	0.30	0.45	0.60	0.75
Change Foot Comb. Spin 2 V	CCoSp2V	CCoSp	SB352	O	0.94	0.75	0.56	0.38	0.19	1.88	0.19	0.38	0.56	0.75	0.94
Change Foot Comb. Spin 3 V	CCoSp3V	CCoSp	SB353	O	1.13	0.90	0.68	0.45	0.23	2.25	0.23	0.45	0.68	0.90	1.13
Change Foot Comb. Spin 4 V	CCoSp4V	CCoSp	SB354	O	1.32	1.05	0.79	0.53	0.26	2.63	0.26	0.53	0.79	1.05	1.32
Fly. Change Foot Comb. Spin V	FCCoSpV	FCCoSp	SB355	O	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Fly. Change Foot Comb. Spin B V	FCCoSpBV	FCCoSp	SB356	O	0.64	0.51	0.38	0.26	0.13	1.28	0.13	0.26	0.38	0.51	0.64
Fly. Change Foot Comb. Spin 1 V	FCCoSp1V	FCCoSp	SB357	O	0.75	0.60	0.45	0.30	0.15	1.50	0.15	0.30	0.45	0.60	0.75

British Ice Skating

LIST OF ELEMENTS - SCALE OF VALUES

Singles

Element	Abbreviation	Abbr. without Level	Element Sort	Type	+5	+4	+3	+2	+1	Base Value	-1	-2	-3	-4	-5
Fly. Change Foot Comb. Spin 2 V	FCCoSp2V	FCCoSp	SB358	O	0.94	0.75	0.56	0.38	0.19	1.88	0.19	0.38	0.56	0.75	0.94
Fly. Change Foot Comb. Spin 3 V	FCCoSp3V	FCCoSp	SB359	O	1.13	0.90	0.68	0.45	0.23	2.25	0.23	0.45	0.68	0.90	1.13
Fly. Change Foot Comb. Spin 4 V	FCCoSp4V	FCCoSp	SB360	O	1.32	1.05	0.79	0.53	0.26	2.63	0.26	0.53	0.79	1.05	1.32
Fly. Combination Spin V	FCoSpV	FCoSp	SB373	O	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Fly. Combination Spin B V	FCoSpBV	FCoSp	SB374	O	0.57	0.45	0.34	0.23	0.11	1.13	0.11	0.23	0.34	0.45	0.57
Fly. Combination Spin 1 V	FCoSp1V	FCoSp	SB375	O	0.64	0.51	0.38	0.26	0.13	1.28	0.13	0.26	0.38	0.51	0.64
Fly. Combination Spin 2 V	FCoSp2V	FCoSp	SB376	O	0.75	0.60	0.45	0.30	0.15	1.50	0.15	0.30	0.45	0.60	0.75
Fly. Combination Spin 3 V	FCoSp3V	FCoSp	SB377	O	0.94	0.75	0.56	0.38	0.19	1.88	0.19	0.38	0.56	0.75	0.94
Fly. Combination Spin 4 V	FCoSp4V	FCoSp	SB378	O	1.13	0.90	0.68	0.45	0.23	2.25	0.23	0.45	0.68	0.90	1.13
Combination Spin V	CoSpV	CoSp	SB397	O	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Combination Spin B V	CoSpBV	CoSp	SB398	O	0.57	0.45	0.34	0.23	0.11	1.13	0.11	0.23	0.34	0.45	0.57
Combination Spin 1 V	CoSp1V	CoSp	SB399	O	0.64	0.51	0.38	0.26	0.13	1.28	0.13	0.26	0.38	0.51	0.64
Combination Spin 2 V	CoSp2V	CoSp	SB400	O	0.75	0.60	0.45	0.30	0.15	1.50	0.15	0.30	0.45	0.60	0.75
Combination Spin 3 V	CoSp3V	CoSp	SB401	O	0.94	0.75	0.56	0.38	0.19	1.88	0.19	0.38	0.56	0.75	0.94
Combination Spin 4 V	CoSp4V	CoSp	SB402	O	1.13	0.90	0.68	0.45	0.23	2.25	0.23	0.45	0.68	0.90	1.13
Change Foot Upright Spin V	CUSpV	CUSp	SB403	O	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Change Foot Upright Spin B V	CUSpBV	CUSp	SB404	O	0.57	0.45	0.34	0.23	0.11	1.13	0.11	0.23	0.34	0.45	0.57
Change Foot Upright Spin 1 V	CUSp1V	CUSp	SB405	O	0.64	0.51	0.38	0.26	0.13	1.28	0.13	0.26	0.38	0.51	0.64
Change Foot Upright Spin 2 V	CUSp2V	CUSp	SB406	O	0.75	0.60	0.45	0.30	0.15	1.50	0.15	0.30	0.45	0.60	0.75
Change Foot Upright Spin 3 V	CUSp3V	CUSp	SB407	O	0.90	0.72	0.54	0.36	0.18	1.80	0.18	0.36	0.54	0.72	0.90
Change Foot Upright Spin 4 V	CUSp4V	CUSp	SB408	O	1.09	0.87	0.65	0.44	0.22	2.18	0.22	0.44	0.65	0.87	1.09
Change Foot Layback Spin V	CLSpV	CLSp	SB409	O	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Change Foot Layback Spin B V	CLSpBV	CLSp	SB410	O	0.64	0.51	0.38	0.26	0.13	1.28	0.13	0.26	0.38	0.51	0.64
Change Foot Layback Spin 1 V	CLSp1V	CLSp	SB411	O	0.75	0.60	0.45	0.30	0.15	1.50	0.15	0.30	0.45	0.60	0.75
Change Foot Layback Spin 2 V	CLSp2V	CLSp	SB412	O	0.90	0.72	0.54	0.36	0.18	1.80	0.18	0.36	0.54	0.72	0.90
Change Foot Layback Spin 3 V	CLSp3V	CLSp	SB413	O	1.09	0.87	0.65	0.44	0.22	2.18	0.22	0.44	0.65	0.87	1.09
Change Foot Layback Spin 4 V	CLSp4V	CLSp	SB414	O	1.20	0.96	0.72	0.48	0.24	2.40	0.24	0.48	0.72	0.96	1.20
Change Foot Camel Spin V	CCSpV	CCSp	SB415	O	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Change Foot Camel Spin B V	CCSpBV	CCSp	SB416	O	0.64	0.51	0.38	0.26	0.13	1.28	0.13	0.26	0.38	0.51	0.64
Change Foot Camel Spin 1 V	CCSp1V	CCSp	SB417	O	0.75	0.60	0.45	0.30	0.15	1.50	0.15	0.30	0.45	0.60	0.75
Change Foot Camel Spin 2 V	CCSp2V	CCSp	SB418	O	0.87	0.69	0.52	0.35	0.17	1.73	0.17	0.35	0.52	0.69	0.87
Change Foot Camel Spin 3 V	CCSp3V	CCSp	SB419	O	1.05	0.84	0.63	0.42	0.21	2.10	0.21	0.42	0.63	0.84	1.05
Change Foot Camel Spin 4 V	CCSp4V	CCSp	SB420	O	1.20	0.96	0.72	0.48	0.24	2.40	0.24	0.48	0.72	0.96	1.20
Change Foot Sit Spin V	CSSpV	CSSp	SB421	O	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Change Foot Sit Spin B V	CSSpBV	CSSp	SB422	O	0.60	0.48	0.36	0.24	0.12	1.20	0.12	0.24	0.36	0.48	0.60
Change Foot Sit Spin 1 V	CSSp1V	CSSp	SB423	O	0.72	0.57	0.43	0.29	0.14	1.43	0.14	0.29	0.43	0.57	0.72
Change Foot Sit Spin 2 V	CSSp2V	CSSp	SB424	O	0.87	0.69	0.52	0.35	0.17	1.73	0.17	0.35	0.52	0.69	0.87
Change Foot Sit Spin 3 V	CSSp3V	CSSp	SB425	O	0.98	0.78	0.59	0.39	0.20	1.95	0.20	0.39	0.59	0.78	0.98
Change Foot Sit Spin 4 V	CSSp4V	CSSp	SB426	O	1.13	0.90	0.68	0.45	0.23	2.25	0.23	0.45	0.68	0.90	1.13
Fly. Change Foot Upright Spin V	FCUSpV	FCUSp	SB427	O	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Fly. Change Foot Upright Spin B V	FCUSpBV	FCUSp	SB428	O	0.57	0.45	0.34	0.23	0.11	1.13	0.11	0.23	0.34	0.45	0.57
Fly. Change Foot Upright Spin 1 V	FCUSp1V	FCUSp	SB429	O	0.64	0.51	0.38	0.26	0.13	1.28	0.13	0.26	0.38	0.51	0.64

British Ice Skating

LIST OF ELEMENTS - SCALE OF VALUES

Singles

Element	Abbreviation	Abbr. without Level	Element Sort	Type	+5	+4	+3	+2	+1	Base Value	-1	-2	-3	-4	-5
Fly. Change Foot Upright Spin 2 V	FCUSp2V	FCUSp	SB430	O	0.75	0.60	0.45	0.30	0.15	1.50	0.15	0.30	0.45	0.60	0.75
Fly. Change Foot Upright Spin 3 V	FCUSp3V	FCUSp	SB431	O	0.90	0.72	0.54	0.36	0.18	1.80	0.18	0.36	0.54	0.72	0.90
Fly. Change Foot Upright Spin 4 V	FCUSp4V	FCUSp	SB432	O	1.09	0.87	0.65	0.44	0.22	2.18	0.22	0.44	0.65	0.87	1.09
Fly. Change Foot Layback Spin V	FCLSpV	FCLSp	SB433	O	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Fly. Change Foot Layback Spin B V	FCLSpBV	FCLSp	SB434	O	0.64	0.51	0.38	0.26	0.13	1.28	0.13	0.26	0.38	0.51	0.64
Fly. Change Foot Layback Spin 1 V	FCLSp1V	FCLSp	SB435	O	0.75	0.60	0.45	0.30	0.15	1.50	0.15	0.30	0.45	0.60	0.75
Fly. Change Foot Layback Spin 2 V	FCLSp2V	FCLSp	SB436	O	0.90	0.72	0.54	0.36	0.18	1.80	0.18	0.36	0.54	0.72	0.90
Fly. Change Foot Layback Spin 3 V	FCLSp3V	FCLSp	SB437	O	1.09	0.87	0.65	0.44	0.22	2.18	0.22	0.44	0.65	0.87	1.09
Fly. Change Foot Layback Spin 4 V	FCLSp4V	FCLSp	SB438	O	1.20	0.96	0.72	0.48	0.24	2.40	0.24	0.48	0.72	0.96	1.20
Fly. Change Foot Camel Spin V	FCCSpV	FCCSp	SB439	O	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Fly. Change Foot Camel Spin B V	FCCSpBV	FCCSp	SB440	O	0.64	0.51	0.38	0.26	0.13	1.28	0.13	0.26	0.38	0.51	0.64
Fly. Change Foot Camel Spin 1 V	FCCSp1V	FCCSp	SB441	O	0.75	0.60	0.45	0.30	0.15	1.50	0.15	0.30	0.45	0.60	0.75
Fly. Change Foot Camel Spin 2 V	FCCSp2V	FCCSp	SB442	O	0.87	0.69	0.52	0.35	0.17	1.73	0.17	0.35	0.52	0.69	0.87
Fly. Change Foot Camel Spin 3 V	FCCSp3V	FCCSp	SB443	O	1.05	0.84	0.63	0.42	0.21	2.10	0.21	0.42	0.63	0.84	1.05
Fly. Change Foot Camel Spin 4 V	FCCSp4V	FCCSp	SB444	O	1.20	0.96	0.72	0.48	0.24	2.40	0.24	0.48	0.72	0.96	1.20
Fly. Change Foot Sit Spin V	FCSSpV	FCSSp	SB445	O	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Fly. Change Foot Sit Spin B V	FCSSpBV	FCSSp	SB446	O	0.60	0.48	0.36	0.24	0.12	1.20	0.12	0.24	0.36	0.48	0.60
Fly. Change Foot Sit Spin 1 V	FCSSp1V	FCSSp	SB447	O	0.72	0.57	0.43	0.29	0.14	1.43	0.14	0.29	0.43	0.57	0.72
Fly. Change Foot Sit Spin 2 V	FCSSp2V	FCSSp	SB448	O	0.87	0.69	0.52	0.35	0.17	1.73	0.17	0.35	0.52	0.69	0.87
Fly. Change Foot Sit Spin 3 V	FCSSp3V	FCSSp	SB449	O	0.98	0.78	0.59	0.39	0.20	1.95	0.20	0.39	0.59	0.78	0.98
Fly. Change Foot Sit Spin 4 V	FCSSp4V	FCSSp	SB450	O	1.13	0.90	0.68	0.45	0.23	2.25	0.23	0.45	0.68	0.90	1.13
Steps	St	St	SC00	S	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Step Sequence	StSq	StSq	SC09	S	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Step Sequence B	StSqB	StSq	SC10	S	0.75	0.60	0.45	0.30	0.15	1.50	0.15	0.30	0.45	0.60	0.75
Step Sequence 1	StSq1	StSq	SC11	S	0.90	0.72	0.54	0.36	0.18	1.80	0.18	0.36	0.54	0.72	0.90
Step Sequence 2	StSq2	StSq	SC12	S	1.30	1.04	0.78	0.52	0.26	2.60	0.26	0.52	0.78	1.04	1.30
Step Sequence 3	StSq3	StSq	SC13	S	1.65	1.32	0.99	0.66	0.33	3.30	0.33	0.66	0.99	1.32	1.65
Step Sequence 4	StSq4	StSq	SC14	S	1.95	1.56	1.17	0.78	0.39	3.90	0.39	0.78	1.17	1.56	1.95
Choreo Sequence	ChSq	ChSq	SC48	S	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Choreo Sequence 1	ChSq1	ChSq	SC49	S	2.50	2.00	1.50	1.00	0.50	3.00	0.50	1.00	1.50	2.00	2.50
COMBO	COMBO	COMBO	SZZ0	J	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
SEQ	SEQ	SEQ	SZZ1	J	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
REP	REP	REP	SZZ2	J	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
to be clarified	TBC	TBC	SZZZ		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Single Axel (Half Bonus)	1Ah	1Ah	ZZZBISPA027		0.55	0.44	0.33	0.22	0.11	1.60	0.11	0.22	0.33	0.44	0.55
Double Toeloop (Half Bonus)	2Th	2Th	ZZZBISPA029		0.65	0.52	0.39	0.26	0.13	1.80	0.13	0.26	0.39	0.52	0.65
Double Salchow (Half Bonus)	2Sh	2Sh	ZZZBISPA031		0.65	0.52	0.39	0.26	0.13	1.80	0.13	0.26	0.39	0.52	0.65
Double Loop (Half Bonus)	2Loh	2Loh	ZZZBISPA033		0.85	0.68	0.51	0.34	0.17	2.20	0.17	0.34	0.51	0.68	0.85
Double Flip (Half Bonus)	2Fh	2Fh	ZZZBISPA035		0.90	0.72	0.54	0.36	0.18	2.30	0.18	0.36	0.54	0.72	0.90
Double Lutz (Half Bonus)	2Lzh	2Lzh	ZZZBISPA041		1.05	0.84	0.63	0.42	0.21	2.60	0.21	0.42	0.63	0.84	1.05
Double Axel (Half Bonus)	2Ah	2Ah	ZZZBISPA047		1.65	1.32	0.99	0.66	0.33	3.80	0.33	0.66	0.99	1.32	1.65
Combination Spin B (Half Bonus)	CoSpBh	CoSpBh	ZZZBISPB100		0.75	0.60	0.45	0.30	0.15	2.00	0.15	0.30	0.45	0.60	0.75

British Ice Skating

LIST OF ELEMENTS - SCALE OF VALUES

Singles

Element	Abbreviation	Abbr. without Level	Element Sort	Type	+5	+4	+3	+2	+1	Base Value	-1	-2	-3	-4	-5
Combination Spin 1 (Half Bonus)	CoSp1h	CoSp1h	ZZZBISPB101		0.85	0.68	0.51	0.34	0.17	2.20	0.17	0.34	0.51	0.68	0.85
Combination Spin 2 (Half Bonus)	CoSp2h	CoSp2h	ZZZBISPB102		1.00	0.80	0.60	0.40	0.20	2.50	0.20	0.40	0.60	0.80	1.00
Fly. Combination Spin B (Half Bonus)	FCoSpBh	FCoSpBh	ZZZBISPB100		0.75	0.60	0.45	0.30	0.15	2.00	0.15	0.30	0.45	0.60	0.75
Fly. Combination Spin 1 (Half Bonus)	FCoSp1h	FCoSp1h	ZZZBISPB101		0.85	0.68	0.51	0.34	0.17	2.20	0.17	0.34	0.51	0.68	0.85
Fly. Combination Spin 2 (Half Bonus)	FCoSp2h	FCoSp2h	ZZZBISPB102		1.00	0.80	0.60	0.40	0.20	2.50	0.20	0.40	0.60	0.80	1.00
Change Foot Comb. Spin B (Half Bonus)	CCoSpBh	CCoSpBh	ZZZBISPB100		0.85	0.68	0.51	0.34	0.17	2.20	0.17	0.34	0.51	0.68	0.85
Change Foot Comb. Spin 1 (Half Bonus)	CCoSp1h	CCoSp1h	ZZZBISPB101		1.00	0.80	0.60	0.40	0.20	2.50	0.20	0.40	0.60	0.80	1.00
Change Foot Comb. Spin 2 (Half Bonus)	CCoSp2h	CCoSp2h	ZZZBISPB102		1.25	1.00	0.75	0.50	0.25	3.00	0.25	0.50	0.75	1.00	1.25
Fly. Change Foot Comb. Spin B (Half Bonus)	FCCoSpBh	FCCoSpBh	ZZZBISPB200		0.85	0.68	0.51	0.34	0.17	2.20	0.17	0.34	0.51	0.68	0.85
Fly. Change Foot Comb. Spin 1 (Half Bonus)	FCCoSp1h	FCCoSp1h	ZZZBISPB201		1.00	0.80	0.60	0.40	0.20	2.50	0.20	0.40	0.60	0.80	1.00
Fly. Change Foot Comb. Spin 2 (Half Bonus)	FCCoSp2h	FCCoSp2h	ZZZBISPB202		1.25	1.00	0.75	0.50	0.25	3.00	0.25	0.50	0.75	1.00	1.25
Choreo Sequence Lower	ChSqL	ChSqL	ZZZBISPC48		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Choreo Sequence Lower 1	ChSqL1	ChSqL	ZZZBISPC49		1.25	1.00	0.75	0.50	0.25	1.50	0.25	0.50	0.75	1.00	1.25